

# THE ANTIGUAN

2020

**The Guide to Antigua & Barbuda**

30th Anniversary Issue



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# Welcome



**A** very warm welcome to you from the Government and People of Antigua and Barbuda. We sincerely thank you for making the 'Gem of the Caribbean' your next vacation experience!

We invite you to discover two picturesque islands that have so much more in store for you than our 365 stunning, white and pink sand beaches with sparkling, turquoise waters. Do explore both of our islands, as they each offer two distinctly different vacation experiences.

Whatever you're looking for, whether an inn or a villa, an all-inclusive or an ultra-exclusive, a romantic resort or a charming escape, we can help create that 'home away from home' experience with our wide range of accommodations.

In Antigua, take advantage of the many land and sea tours available as a way to become personally acquainted with the beauty of our island. You can swim with the stingrays, snorkel, kayak, kitesurf, or zip through the air amidst our lush rainforest. Let your imagination run free, as the sky is truly the limit here!

Another unforgettable pleasure is dining in Antigua and Barbuda. Sample our delicious and varied cuisine ranging from spiny lobster and succulent snapper to a few slices of our naturally sweet, Antigua Black pineapple.

Take a trip over to Barbuda, our beautiful sister isle, where our 17 miles of unbroken beach and beautiful, pink sand invite you to relax and appreciate this perfect secluded escape. The quiet warmth of the people will be sure to make you feel right at home.

Whatever your desire for your vacation, you are guaranteed to be satisfied here. Our sumptuous cuisine, rich heritage and culture are all waiting to be explored by you. Slow down and savour them for an unforgettable vacation experience!

We hope you have an incredible visit to Antigua and Barbuda, and that you leave with only warm memories of your stay with us.

Sincerely,



**HON. H. CHARLES FERNANDEZ**  
*Minister of Tourism & Investment*

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**For further information visit**  
**[www.visitantiguaandbarbuda.com](http://www.visitantiguaandbarbuda.com)**

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# ANTIGUA & BARBUDA

## Travel Advisory - Health & Safety Protocols

**ST. JOHN'S, ANTIGUA AND BARBUDA (09 August, 2020)** - The Government of Antigua and Barbuda has updated its travel advisory effective 09 August 2020 to ensure the continued safety of travellers and residents. The V.C. Bird International Airport is opened for international and regional air traffic. The Antigua Port Authority is opened to Cargo Vessels, Pleasure Craft and Ferry Services which are required to follow all protocols issued by Port Health.

The State continues to carry out a combination of screening, testing, monitoring and other measures to mitigate the risk of importing any new cases of COVID-19 into the country. Additionally, measures will be implemented for the quick detection of any imported cases. This strategy is intended to protect and safeguard the health of both residents of and visitors to Antigua and Barbuda.

The protocols implemented are as follows:

- 1** All arriving passengers by air must have a negative COVID-19 RT-PCR (real time polymerase chain reaction) taken within seven (7) days of their flight. (This includes transiting passengers).
- 2** Children below the age of 12 years entering Antigua do not require a COVID-19 RT-PCR test.
- 3** Passengers arriving by sea (private yachts/ferry services) are subject to quarantine according to guidelines issued by Port Health.
- 4** All arriving passengers must wear a face mask on disembarkation and in all public areas. Additionally, the wearing of face mask in public spaces is mandatory throughout Antigua and Barbuda and social/physical distancing protocols must be adhered to.
- 5** All arriving passengers must complete a Health Declaration Form and will be subjected to screening and temperature checks by Port Health Authorities upon arrival in Antigua and Barbuda.
- 6** All arriving passengers will be monitored for COVID-19 for periods of up to 14 days in accordance with the directions of the Quarantine Authority and the Quarantine (COVID-19) Guidelines. Visitors may be required to undergo testing for COVID-19 on arrival or at the hotel or place of lodging as determined by the Health Authorities.
- 7** Arriving passengers with symptoms of COVID 19 may be isolated as determined by the Health Authorities.
- 8** Transiting passengers/Crew members who require an overnight stay will be required to proceed to a hotel or government designated facility to await departure.
- 9** All Marine Pleasure Craft and Ferry Services will enter ONLY at the Nevis Street Pier.

For detailed Health & Safety Protocols for hotels and restaurants, as well as frequently asked questions, please visit [www.visitantiguabarbuda.com](http://www.visitantiguabarbuda.com)



YOUR  
SPACE  
IN THE  
SUN

**T**he twin-island paradise of Antigua and Barbuda welcomes you to our shores! Our islands overflow with Caribbean charm, rich history, culture, picturesque settings, and 365 fabulous pink and white sand beaches.

Antigua is home to a fascinating UNESCO World Heritage Site, Nelson's Dockyard, which is the only working Georgian naval dockyard in the world. The historic dockyard bustles with activity daily as the museum, bakeries, restaurants and gift shops swing into operation. Barbuda, our 'little sister', is home to spectacular beaches and the largest colony of the magnificent frigate birds in the Western Hemisphere.

Our islands are definitely worth exploring. We invite you to journey through colourful St. John's city to the seaside village of Old Road, taking in the fruit-laden Fig Tree drive and even the nautical scene at English Harbour. Your journey can continue over to the dramatic twin sugar mills of Betty's Hope, and the crashing waves at our natural attraction, Devil's Bridge.

If adventure is what you are looking for, take a hike up our highest peak, Mount Obama, swim with the stingrays, or take on the challenging canopy zip-line tour in our lush, tropical rainforest. Book some extreme action with an eco-tour speed boat adventure or an island safari. For a slower pace, witness a game of warri with the islanders, join a herbal garden tour, or take a city walking tour led by a local guide.

Visitors to Antigua will discover the vibrant culture of our island and the friendliness of our people. You are welcome to participate in our amazing celebrations and events, all of them providing the perfect insight into our music, art, culture, cuisine and sports.

In Antigua and Barbuda, there is always some activity that you can be a part of; The Antigua Classic Yacht Regatta, Antigua Sailing Week – the Caribbean's premiere sailing regatta, and, of course, Antigua's Carnival – The Caribbean's Greatest Summer Festival. Regardless of when you visit, the weekly seafood Fridays in Nelson's Dockyard and the popular Sunset Party at Shirley Heights are also guaranteed events not to be missed.

Join in the festivities, and you will soon realise that you came as a visitor but will leave as a friend!

Sincerely,



**COLIN C. JAMES**  
CEO, Antigua and Barbuda Tourism Authority



# ANNUAL CALENDAR OF EVENTS

**This year Antigua and Barbuda's packed calendar of events has been disrupted due to Covid-19. Please click here for all the latest Government updates...**

## JANUARY

- Helping Hand Foundation New Year's Sports Classic
- Antigua Yacht Club Round Island Race
- Talisker Whisky Atlantic Challenge starts to arrive

## FEBRUARY

- Round Redonda Race
- Jolly Harbor Valentine's Regatta
- Antigua 360 Race
- Royal Oceanic Race Club (RORC) Caribbean 600 Race Start
- Antigua & Barbuda Golf Open Championships

## MARCH

- The Annual AUA Rohman Antigua Triathlon
- Superyacht Challenge Antigua
- SOOTHE: Neo-soul, jazz rhythms and spoken words
- Antigua Yacht Club Annual Laser Open

## APRIL

- Antigua Class Yacht Regatta
- Horticultural Society Flower and Garden Show
- Antigua & Barbuda International Kite Festival
- The Annual Antigua Sailing Week

## MAY

- Dockyard Day
- Antigua to Bermuda Race start
- Run in Paradise
- Barbuda's Caribana Celebrations
- Antigua and Barbuda Sport Fishing Tournament

## JUNE

- Showcase Antigua Barbuda
- Antigua and Barbuda Yoga Week

## JULY

- Antigua Carnival: The Caribbean's Greatest Summer Festival
- Antigua & Barbuda Pineapple Mango Festival (PiAngo Fest)

## AUGUST

- Carnival Monday / J'ouvert (Public Holiday)
- Carnival Tuesday / Last Lap Jump Up (Public Holiday)
- Urlings Seafood Festival
- National Bodybuilding Championships

## SEPTEMBER

- Francis Nunes Jr. Memorial Fishing Tournament & Seafood Festival

## OCTOBER

- Independence Celebration events begin

## NOVEMBER

- 39th Anniversary of Independence (Public Holiday)
- Moods of Pan Festival
- Jolly Harbour Yacht Club Annual Regatta

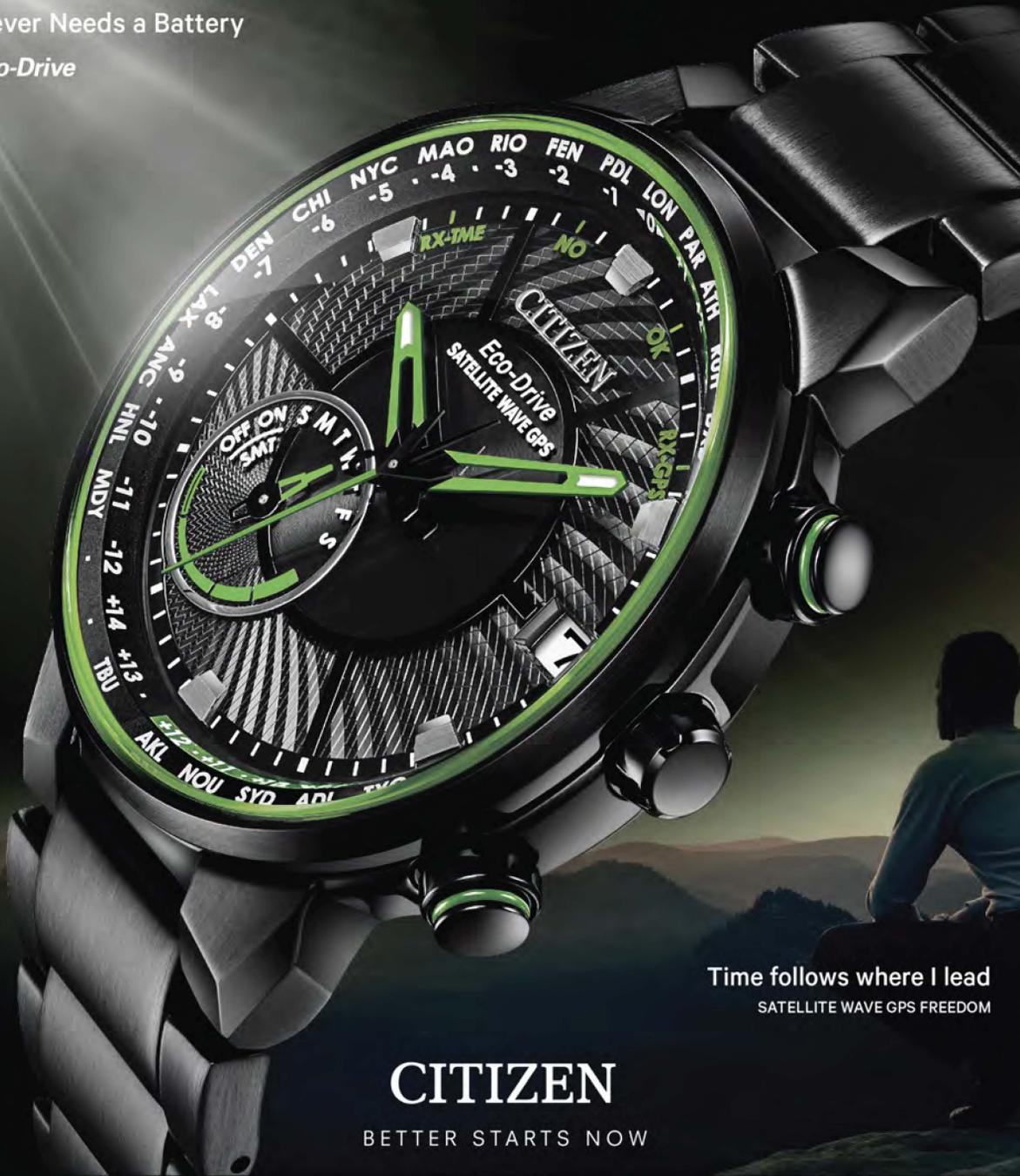
## DECEMBER

- Antigua Charter Yacht Show
- V.C. Bird Day
- Nelson's Dockyard Christmas Day Champagne Party
- Boxing Day Horseracing Meet, Barbuda
- Nelson's Dockyard Old Year's Night Party
- Nelson's Pursuit Race

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# The Beach IS JUST THE BEGINNING

**The twin-island nation of Antigua and Barbuda lies right in the heart of the Caribbean. Visitors come back again and again to take advantage of the idyllic climate, easygoing way of life and famous 365 white sand beaches.**

**Y**et as you'll soon discover, the islands have a lot more to offer than just sun-kissed sands and crystal clear waters. Award-winning hotels, world-class sailing, duty-free shopping and fascinating history all await you here.

English is Antigua's official language, although the locals often speak a dialect that can sometimes be a challenge to understand! An atmosphere of warmth and good humour prevails, as well as a 'no problem' attitude towards life. Everyone quickly adapts to the unhurried pace of 'the islands'.

The V.C. Bird International Airport promises smooth arrivals and departures, and also confirms Antigua's status as the gateway to the Eastern Caribbean. Frequent non-stop flights from Europe and North America make it easy to get here. Antigua is also convenient as a hub for visiting neighbouring islands with our regional airline LIAT. Day trips to our neighbours can be arranged.

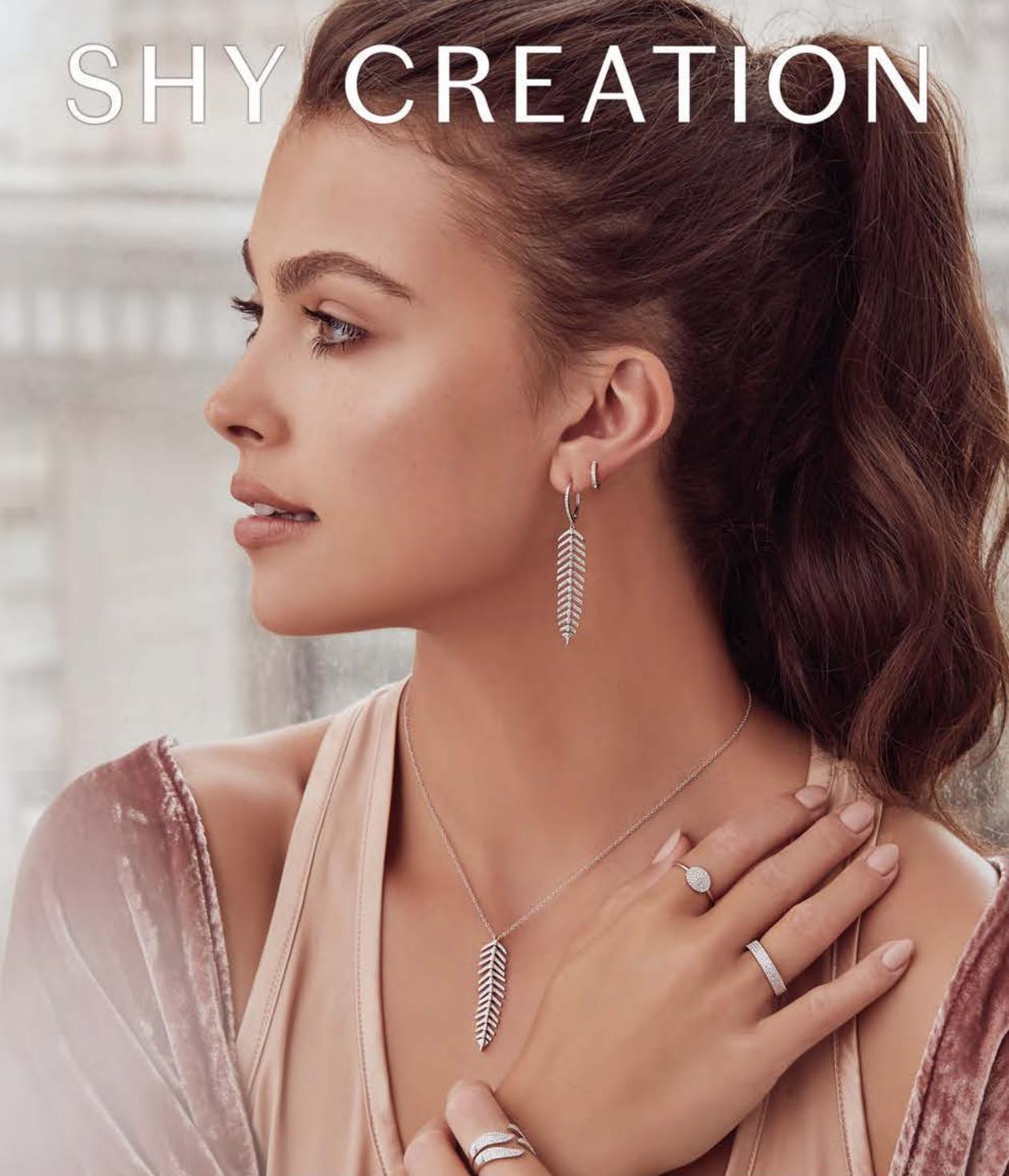
Hotels range from cosy small inns where the owners know everyone by name, to world-class luxury resorts where the famous stay incognito. Catering for those seeking more independent visits, there are beautiful villas and apartments available. A wide range of beach bars and restaurants offer anything from our award-winning rums to our fresh lobster.

The capital St. John's is a vibrant city well worth a visit. Its two waterfront shopping areas offer easy access to cruise ship visitors. Heritage Quay is a modern boulevard of duty-free shops, and neighbouring Redcliffe Quay is a charming contrast with its restored 18th century buildings forming a cosy complex of boutiques and restaurants. The museum in Long Street and grounds of the twin-towered cathedral both offer areas of tranquillity amidst the hustle and bustle of town. The cathedral is currently undergoing extensive renovation.

Antigua's reputation as a sailing centre is unsurpassed throughout the Caribbean. Over the years Jolly Harbour has developed into a major yachting marina complete with a shopping centre, villa village, sports centre and golf club. But it is English Harbour that long ago put Antigua on the international nautical map and retains its traditional atmosphere to this day. You can stroll among the restored 18th century buildings of Nelson's Dockyard surrounded by fleets of beautiful yachts, or you can visit the ruined fortress of Shirley Heights and enjoy the panoramic views from the terrace with a rum punch in hand.

All these attractions combine to make Antigua a unique Caribbean destination with many excellent reasons to come back soon ...

# SHY CREATION



Heritage Quay St. John's Antigua

Tel: 268.562.5662



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UPDATES ON  
COVID-19  
TRAVEL**

# ARRIVING IN ANTIGUA

**‘The Gateway of Choice to the Eastern Caribbean and Beyond’, Antigua is located 1,425 miles from Miami and about 4,000 miles from the UK. Whichever part of the world you are travelling from, you’ll receive the warmest of Antiguan welcomes ...**

## V.C. BIRD INTERNATIONAL AIRPORT

Most people arrive by air at V.C. Bird International Airport, named after Antigua’s first Prime Minister, Sir Vere Cornwall Bird Senior. Located 4-miles from the capital of St. John’s, this busy international airport bustles around the clock with activities. As the hub for LIAT, the Caribbean Airline, flights depart as early as 5am and arrive well into the night. The runway stretches 3,040 metres and can accommodate the largest commercial aircraft. Private jets fly in regularly as the Airport is serviced by a prominent FBO. The terminal offers improved facilities for arriving and departing passengers. There are premium class lounges for passengers and VIP’s. The Executive Lounge is the ideal place for pre-flight relaxation. There are a variety of shopping opportunities and restaurants and spacious car parking. Increased space and facilities for customs and immigration inspection areas speed processing for passengers. The Airport Authority is well on its way to achieving its vision of Antigua’s Airport being “The Gateway of Choice to the Eastern Caribbean and Beyond”.

## AIRLINES

Many international airlines service Antigua and Barbuda. From North America, Antigua is served by American Airlines, Delta, JetBlue Airlines, United Airlines, Air Canada, Sunwing and WestJet. The direct air links from Europe include British Airways, Virgin Atlantic, Condor, Blue Panorama, and Thomas Cook. Caribbean Airlines serves the larger regional territories, in addition to Seaborne Airlines, and interCaribbean Airways. SVG Air and Fly Montserrat operate daily domestic and regional flights. WinAir, Tradewinds Air and Caribbean Helicopters also offer regional flights. V.C. Bird International is the home of LIAT- ‘the Caribbean Airline’, which operates several daily flights throughout the wider region.

## TAXIS

Taxis are readily available outside the airport terminal.

Most fares are fixed rather than metered and should be decided upon prior to the trip. A fare (for one to four persons) from the airport to St. John’s is about US\$12 (EC\$32), while a trip to Nelson’s Dockyard or Shirley Heights is about US\$32 (EC\$86).

## DRIVING

Car rental agencies can be found on exiting Customs. You must present your current valid driver’s license in order to be issued with a local license. The local license can be purchased on the spot for US\$20 (EC\$50) and is valid for 90 days. Driving is British-style with cars staying on the left. Take particular care at night - you will probably encounter cows, goats and speed-bumps on the road, as well as other drivers forgetting to dim their headlights! It is generally advisable to reserve a car in advance, especially during the peak winter months and at Sailing Week in April and Carnival in July/August.

## CASH

The airport houses a bureau of exchange, as well as automated teller machines. Close by the entrance of the airport is the impressive Eastern Caribbean Amalgamated Bank. Visitors to Antigua find that US dollars are accepted everywhere and the exchange rate of US\$1 = EC\$2.70 is general knowledge to all. Credit cards are widely accepted.

## YACHTS

Many visitors arrive by yacht, the recognised Ports of Entry being Jolly Harbour, St. John’s, Nelson’s Dockyard in English Harbour, Falmouth, as well as Antigua’s sister island of Barbuda. Customs and immigration procedures have been streamlined in recent years to accommodate the unique nature of the yachting industry in Antigua and Barbuda, so that you can relax from the moment anchor is dropped in this twin-island paradise.



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# 20 REASONS TO VISIT ANTIGUA & BARBUDA

**1** It's a breeze to get here. There are non-stop flights from London, New York and Toronto, as well as easy connections from all over Europe.



**11** Relax and revive at one of our hotels soothing spas, all set in calming tropical surroundings.

Our climate is warm and sunny all year round. Trade winds cool you down and even our 'liquid sunshine' is refreshing!

**2**

Marriages made in Antigua are usually marriages made in heaven! Formalities are simple, venues perfect.

**12**



**3** We have 365 beautiful white sand beaches for you to explore – one for every day of the year.

**13** If you're more in the mood for duty-free shopping, head for Redcliffe Quay and Heritage Quay in our capital St. John's.

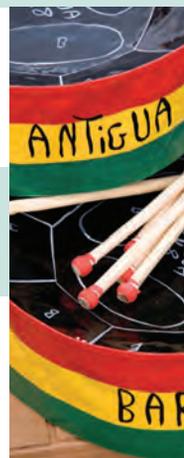
**4** Hotels range from friendly local inns with history to world-famous luxury resorts with lashings of glamour.

Don't miss a day trip to Barbuda with its 17-mile pink sand beach and the largest Frigate Bird sanctuary in the world.

**14**

**5** Dining opportunities range from roadside shacks selling fresh-from-the-market Antiguan dishes to gourmet restaurants serving fresh-from-the-reef fish.

**15** Have an adrenalin rush exploring by helicopter – enjoy a bird's eye view of our lush, green island as you soar overhead.



**6** Look for local vendors selling delicious fruit in season, bananas, mangoes, papaya and pineapple.



Time your visit right and you can live it up at Carnival and Antigua Sailing Week.

**16**

Take to the sea aboard a kayak, speedboat or glass-bottom boat, or sail above it with a wonderful yacht or one of the catamaran trips on offer.

**7**

**17** From nightclubs and casinos to trendy bars and local rum shops, Antigua's fun continues well into the small hours.

**8** Snorkel or scuba-dive with our marine life amongst the coral reefs and turquoise waters of the Caribbean Sea. Swim, pet and feed stingrays in a unique ocean lagoon.

**18** Visit our natural attractions; Fig Tree Drive filled with flora and fauna, North Sound with our unique offshore islands and Devils Bridge and Pillars of Hercules - two of our coastal wonders.



History buffs should head to Nelson's Dockyard, the world's only working Georgian dockyard and Betty's Hope, a picturesque ruin of Sugar Mills.

**9**

Keep in mind the possibility of a second home on our beautiful island to escape wintery climates. There is a wealth of real estate options.

**19**

**10** Zip through our tropical rainforest on a canopy tour – an exhilarating way to enjoy the panorama of Fig Tree Drive.



Most important of all, we Antiguan and Barbudan are some of the friendliest people in the world and will give you the very warmest of welcomes...

**20**



*Maui Jim* 



STYLE SHOWN: CLIFF HOUSE

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ANTIGUA

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# WORLD-CLASS

Thanks to our harbours, marinas and breezy trade winds,



Photo: Paul Wyeth – pwpictures.com

## ANTIGUA SAILING WEEK WHERE SAILING COMES FIRST!

### LAST WEEK OF APRIL

This prestigious, end-of-season regatta continues to attract sailing boats, with crews all eager to experience the world-class racing and dazzling seascapes.

Antigua Sailing Week prides itself by offering something for everyone. You can join in the nautical fun whether you're a member of a highly-trained crew on a state-of-the-art race boat, or a casual family sailor. If you fancy trying your hand at racing without major capital investment, it is easy to fly in from the US or Europe and join a pre-arranged bareboat charter from Dream Yacht Charter, or even a headboat race charter from reputable partners.

Sailors shouldn't miss the 'Peters & May Round Antigua Race' the day before the competition begins in earnest. It is a great opportunity to get a feel for the conditions, and the prize-giving ceremony afterwards doubles as a suitably convivial start to the racing ahead.

Spectators are encouraged to get involved too, watching the action from a bird's eye vantage

point like Shirley Heights or the many hiking trails to viewpoints along the coastline. Daily 'Chase the Race' tours also head out from Falmouth Harbour and are a great way of viewing the on-the-water battles up close.

In addition to the world-class racing, Antigua Sailing Week is also famous for its beach parties, festivities and shoreside entertainment. A particularly memorable event is when crews, sailing enthusiasts and holidaymakers are invited to 'Reggae in the Park', a spectacular concert that has previously attracted The Marleys, Third World, Maxi Priest, Junior Kelly, Tarrus Riley and Steel Pulse. The event organisers are confident of another memorable night for 2021!

Race, chase and celebrate with us at Antigua Sailing Week.

For further information visit [www.sailingweek.com](http://www.sailingweek.com)  
Facebook & Twitter: @Sailingweek  
Instagram: @sailingweekantigua and @reggaeinthepark\_asw

# SAILING EVENTS

Antigua has become a major centre for world-class sailing events.



Photo: © Ed Whiting, Photographer from the blue

## ANTIGUA CLASSIC YACHT REGATTA

### FIRST WEEK OF APRIL

Each year an impressive collection of classic yachts and passionate sailors gather from all over the world to enjoy the competitive racing in ideal Caribbean trade wind conditions.

This unique world-class event attracts a variety of competitors from the almighty J-Class, Tall Ships and magnificent schooners to traditional island craft and family live-aboards.

Some yachts date back to the early 1900s whereas others are modern-day reproductions classed as Spirit of Tradition. Each yacht has its own fascinating story which is part of the magic of Classics, where the eclectic mix of owners and crew recount dockside tales well into the night.

Racing starts at the beginning of April with the Single-Handed Race along with Concours d'Elégance where the condition and maintenance of the yachts are judged. This is followed by four days of racing for the full fleet where the courses are designed to take the best advantages of wind, sea, scenery and skill.

Spectators view all races from high points along the south coast - Fort Charlotte, Shirley Heights and Block House.

The yachts can be seen after racing on the dock at Antigua Yacht Club Marina in Falmouth, with the shoreside events taking place at the Yacht Club. After the race on Sunday, the yachts pass through the historic 18th century Nelson's Dockyard for the Parade of Classics. This is a wonderful opportunity to see the boats close up and experience history from the waterfront by the Copper and Lumber Store and the restaurants opposite at Antigua Slipway.

The Regatta closes on the Tuesday with gig racing and cream teas at The Admiral's Inn, Nelson's Dockyard. The sailing, combined with Antiguan hospitality, rum, sun and camaraderie in a friendly relaxed atmosphere, make Antigua Classic Yacht Regatta a favourite in the yachting calendar. Come join us for this unique event.

[www.antiguaclassics.com](http://www.antiguaclassics.com)

Email: [info@antiguaclassics.com](mailto:info@antiguaclassics.com)



Photo: Tim Wright/photoaction.com

# RORC CARIBBEAN 600

## ROYAL OCEAN RACING CLUB

### FEBRUARY

A unique annual race now celebrating its 12th year! Since its inception in 2009, the Royal Ocean Racing Club's RORC Caribbean 600 has earned recognition as one of the world's classic offshore races. It is now a firm fixture on the international racing calendar and on the bucket list of any serious offshore sailor.

Starting and finishing in Antigua, the 600-mile course uses eleven Eastern Caribbean islands as turning marks, providing an interesting challenge for both navigators and crew. With such a long racing course, the finishing times can vary by days. The RORC work with Falmouth-based Antigua Yacht Club and their army of local volunteers, supporting the management of this great event. Every yacht to reach the finishing point is met with a welcoming cold beer!

The race attracts professional sailors the world over, plus enthusiastic Corinthian sailors and regular RORC racers. Participation has grown steadily each year and includes some of the world's fastest yachts. The last RORC Caribbean 600 attracted 76 teams from 21 countries and crews from six continents. The highly-diverse fleet was challenged by the tough

conditions and captivated by the beauty of the course. The weather served up classic trade wind conditions which makes the race a challenge, but also a fast and exciting one. All the classes had amazing competition and many finished just minutes apart.

David and Peter Askew's *Wizard* (USA) was the first Volvo 70 to win the race in 2019 and the eighth team from the USA to lift the coveted RORC Caribbean 600 Trophy. *Maserati Multi 70* skippered by Giovanni Soldini (ITALY) crossed the finish line in an elapsed time of 1 day, 6 hours, 49 minutes, taking Multihull Line honours and setting a new Multihull Race Record.

The combination of a tactically challenging non-stop race with Caribbean sunshine and warm blue waters makes this a totally unique offshore event. Everyone agrees that the quality of the racing, combined with perfect surfing conditions and amazing scenery will ensure that the RORC Caribbean 600 will remain a firm favourite on the offshore yachting calendar.

[www.caribbean600.rorc.org](http://www.caribbean600.rorc.org)



### FEBRUARY

The annual Jolly Harbour Valentine's Regatta is a professionally run fun event featuring 3 days of competition off the west coast of Antigua. The schedule includes events from pursuit races to a Laser Pico fleet, the quality of the regatta being exceptional and enjoyed by a growing fleet of yachts. [www.jollyharbourregatta.com](http://www.jollyharbourregatta.com)

## ANTIGUA BERMUDA RACE

### DEPARTING ANTIGUA IN MAY

The Antigua Bermuda Race is an exciting 935-mile passage race following on from Antigua Sailing Week. It is the perfect way for yachts and crews to enjoy a respite in Bermuda before re-positioning to North America for the Newport season and continuing on to Europe for the Solent season. It goes without saying that Antigua gives the racing yachts a good send off, crowds gathering at various vantage points along the coastline to watch the start of the race.

This great sailing event is organised by the Royal Bermuda Yacht Club in association with Antigua Sailing Week, and is sponsored by Goslings Rum and the Bermuda Tourism Authority. It is open to IRC and CSA Racing Yachts, Cruiser Races, Super Yachts and Multihulls with a minimum length of 40ft. Double-handed dual scoring is provided and a provision of a Motor Sailing Handicap is overlaid for CSA Cruisers.

[www.antiguabermuda.com](http://www.antiguabermuda.com)



## SUPER YACHT CHALLENGE

Antigua

MARCH

The Superyacht Challenge Antigua is a well-established event. Up to 15 superyachts (80 ft. and over) enjoy a wonderful celebration of sailing, solely for the pleasure of owners, guests and crew. The fleet take part in 4 days of spectacular racing governed by the International Superyacht Rule with daily pursuit races along Antigua's south coast. The racing is competitive but the Challenge is dedicated to pure fun, particularly ashore where all participants enjoy a relaxed atmosphere free from commercial endorsements. Hosted by Admiral's Inn and Antigua Rigging in association with National Parks Antigua.

[www.thesuperyachtchallenge.com](http://www.thesuperyachtchallenge.com)



Photo: Tobias Stoerle

## BUDGET MARINE AT YOUR SERVICE!

Budget Marine is the most convenient, modern and well stocked chandlery on Antigua, with three locations offering a comprehensive range of marine parts and products for boats, from cruising vessels to mega yachts. If a part is not in stock, Budget Marine will order and ship for you. Parts can be in Antigua within 24 hours. In addition to marine supplies, Budget Marine also stock snorkelling gear, inflatable SUP's, towable tubes, rashguards, sunglasses and more.



# WORK OR PLAY

[budgetmarine.com](http://budgetmarine.com)

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## INTERNATIONAL KITE FESTIVAL

APRIL

Easter Monday, Devil's Bridge

This Easter Kite Festival has become a popular family event in Antigua. All different age groups show up to enjoy the colourful and dynamic kite flying displays on the island's stunning east coast. Some people cruise by on yachts and power boats, whilst others take the opportunity to picnic on the nearby beach. The kites show great originality in their design and the participants display great skill in keeping them flying in the breeze.

Tel: (268) 774-4879/732-4471

Email: calvinpilgrim27@gmail.com

## RUN IN PARADISE

MAY

Now in its sixth year, 'Run in Paradise' just keeps on getting bigger and better. The half marathon (13 miles) continues to attract world-class runners from all over the Caribbean, USA, South America and Europe, while the 10K (6 miles) and 5K (3 miles) events encourage all abilities and ages to take part. Hundreds complete the course at a walk, especially the children!

Antigua's balmy climate, picturesque scenery and friendly people are the obvious reasons for the growing popularity of 'Run in Paradise'. Idyllic Fort James Beach is also the perfect finishing line.



Each participant is rewarded with refreshments and a finisher's medal, many cooling off with a much-needed dip in the Caribbean Sea.

It's easy to get here too. There are direct flights daily from New York, Miami, Toronto, London and most Caribbean Islands. Affordable accommodation is provided by the host hotel, the Antigua Yacht Club & Marina Resort.

For more information and to register go to [www.runinparadise.com](http://www.runinparadise.com)

## TENNIS AT CURTAIN BLUFF

### Antigua Tennis Week

MAY

Join 'Fiery' Fred Stolle, winner of 18 Grand Slam titles, for an incredible week of tennis. Stolle leads this international pro-am tennis festival along with former Aussie champion Ross Case. Started in 1975, it attracts some of the biggest names in the game.

For details go to [www.curtainbluff.com](http://www.curtainbluff.com)

### Tennis Challenge

NOVEMBER

Top players from the United States (such as former Davis Cup winner Dick Stockton and Grand Slam champion Gene Mayer) team up with Curtain Bluff's tennis pros to provide a week of clinics, guest doubles, pro-am play and social fun for players of all levels.



## WORLD-CLASS CRICKET

As the birthplace of world-famous cricketers like Sir Viv Richards, Sir Curtly Ambrose and Sir Andy Roberts, Antigua often hosts international cricket events. This summer would have seen the West Indies square off against South Africa, the woman's team participate in one-day events in May, and the men most likely to be playing a Test Match in July. The matches and training sessions take place at the Coolidge Cricket Ground and Sir Vivian Richards Stadium, the latter a state-of-the-art arena built in 2007 for the Cricket World Cup.

To keep track of the West Indies Cricket revised calendar visit [www.windiescricket.com](http://www.windiescricket.com) or follow the team on Twitter, Instagram and Facebook @windiescricket.



## SPORTS FISHING

### Antigua Sports Fishing Tournament

#### MAY

Enjoy the fishing, enjoy the lime at Antigua's Annual Sports Fishing Tournament! The 2019 event was generally considered 'spectacular', or as Tournament Director for the Blue Marlin World Cup, Robert "FLY" Navarro said, "This event shows how much fishing is a family and friend sport".

On the first day of fishing, a total of twelve teams entered the Mikie Pigott Jr. Memorial Classic. 'Team Incognito' from St. Maarten secured the win with the first Blue Marlin release of the day. As many as 34 teams from Antigua, Barbados, Guadeloupe, Nevis, St. Barth's and St. Maarten took to the seas in 2019. They left the Bimini Start early in the morning, and were greeted on their return by thousands of spectators eagerly waiting to view the day's catch.

A total of 11 blue marlin were released, while 72 dolphin, 41 wahoo, 11 kingfish and 7 tuna were caught. A 148.3lb yellowfin tuna, hooked by 'Team Apollon' from Guadeloupe, was the largest fish to be weighed-in. 'Team Incognito' secured the overall win once again with 1,350 points from three releases. They are now qualified for the 2020 Offshore World Championship.

The fun continued well into the evening every night, anglers and spectators taking full advantage of the freshly-prepared local foods, bar specials, and convivial party atmosphere that included music and live bands.

[www.antiguabarbudasportsfishing.com](http://www.antiguabarbudasportsfishing.com)



*Great  
food*

### Francis Nunes Junior Memorial Tournament & Seafood Festival SEPTEMBER

This one-day event is in honour of the past chairman, Francis Nunes Junior. Visitors can take part in the action and the fast-paced 'Cook-Off' competition, or simply sit back and sample the one-of-a-kind dishes prepared by the local vendors. Enjoy the Fishing, Enjoy the Lime!



# ANTIGUA Carnival



The Caribbean's Greatest Summer Festival showcases all aspects of carnival, music, mas, steel pan and pageantry. The end of July and early August is always the perfect time to experience the island's culture, music and food...

**T**his celebration of Emancipation lasts a little over a week with a great calendar of events. The festival climaxes on Emancipation Day, starting with (4am) J'ouvert Morning when people take to the streets dancing to the local jam bands, steel bands and iron bands often dressed in the most unusual outfits. This is the true meaning of freedom ... emancipation!

The great carnivals of the world are judged primarily on their music and mas. Carnival Monday and Tuesday fall on the first Monday and Tuesday of August every year. On these two days the carnival troupes descend on the streets of St. John's adorned in their carnival costumes bursting with colour and dancing to the pumping soca rhythms, steel bands, iron bands and popular DJs.

Photos: Left page and right smaller photo - Wayne Mariette, Top right - Justin Peters



Carnival mas costumes depict colourful and magical themes often with national or regional significance. Their beading, feathers and jewels represent months of work in the various mas camps where the costumes are handmade. Mas makers often work into the early hours of the morning to produce hundreds of costumes in the hope of winning the coveted title of 'Band of the Year'.

Other events in the Carnival line-up include a fiercely competitive Calypso competition, where masters of the art compete with songs of social commentary. The high-energy party-style Soca Monarch competition draws a party crowd. Artists are judged on various criteria and since crowd participation carries significant weight, the audience is encouraged to join in the fun.

The Queen of Carnival Show is always eagerly anticipated by pageant aficionados. Young ladies are judged on performing talent, interview, poise and grace, all aiming to be crowned Miss Antigua & Barbuda.

'Teensplash' is a talent competition for talented teenagers, which creates a school rivalry atmosphere

increasing in intensity every year. Carnival City is bursting with teenagers on this night.

No Carnival festival would be complete without a Panorama competition. The bittersweet rivalry that exists among the various steel orchestras fuels the passion to practise musical renditions for months in advance of the competition. The hard work and dedication is evident on Panorama night when the steel orchestras grace the stage at Carnival City with high-energy performances often punctuated with dramatic antics. The audience is always captivated.

Carnival closes off with Last Lap on Carnival Tuesday where the jam bands wind their way through the streets of St. John's pumping out the most popular songs of the Carnival season.

Carnival is the perfect time to come and experience the culture, music and food of Antigua and Barbuda.

**For more information on Antigua Carnival visit [www.visitantiguabarbuda.com](http://www.visitantiguabarbuda.com)**

# PINEAPPLE MANGO FEST (PI-ANGO)

JULY/AUGUST

Antigua's annual Mango Festival is a unique and fun event. There are many different varieties of this exotic fruit grown in Antigua, and its versatility is well demonstrated at this special Festival.

A number of smaller events lead up to the Grand Finale held each year. The next Mango Festival held at Christian Valley, promises to be bigger and better than ever. One especially delectable event is the 'Pi-ango Culinary Competition' when some of the island's most talented chefs, pastry chefs and bartenders compete. Such a unique event encourages the hotels and restaurants to use fresh, tasty locally-grown produce. Visitors can purchase locally-made mango products such as lip gloss and lotion. The highlight is buying and tasting some of the biggest and juiciest mangoes ever seen!



Photo: Antigua & Barbuda Tourism Authority

## MOODS OF PAN FESTIVAL

NOVEMBER

This 2-day steel pan festival is hosted by Gemonites Steel Orchestra at the Dean William Lake Cultural Centre ...

Steel bands are traditionally made up of pieces of metal such as old irons, tyre rims, steel pipes etc. Over the years, the Caribbean steel bands have evolved into highly technical instruments which are honed out of steel drums, sunken and burned over a hot fire, chromed and turned.

The festival gives individuals, especially the young, the opportunity to showcase their talent and creativity in performances demonstrating all genres of music, including classical, gospel, reggae, jazz and calypso. A key component of the festival is the 'Twenty Five A-Side' competition which allows competitors to portray a creative and often comedic presentation. Musical storylines and themes are brought to life to evoke laughter and excitement as the crowd responds. Several regional and international steel orchestras enter the competition hoping to win the coveted title. Don't miss the unique super sounds of the Caribbean steel bands.



Nature-lovers will love the Friday turtle watching trips run by The Environmental Awareness Group (EAG) of Antigua & Barbuda ...

## TURTLE TOURS

JUNE TO OCTOBER

Tours are offered typically on Friday nights during the nesting season of June through October. They generally begin at 7:30pm and include about 3 to 3½ hours of beach patrol, usually on an offshore island, but sometimes on the mainland. Sights can include anything from hatching baby turtles to witnessing a mother climbing up onto the beach to lay her eggs. Two field team members collect data on the turtles, whilst a trained EAG guide accompanies the tours and provides interesting facts. Did you know a warmer incubation temperature makes the turtle female, for example?

Prices vary and tour availability is subject to change every year pending approval by Turtle Project Team Manager(s).

For more information and how to book  
Email: [eagantigua@gmail.com](mailto:eagantigua@gmail.com)

Photo: courtesy Phikwe Goodwin

# TALISKER WHISKY ATLANTIC CHALLENGE

DECEMBER TO EARLY JANUARY

The Talisker Whisky Atlantic Challenge is a trans-Atlantic rowing competition billed as the 'World's Toughest Row'. Around thirty five courageous teams depart each December from La Gomera in the Canary Islands. They row 24 hours a day (two on, two off) until they arrive in Antigua roughly 3,000 nautical miles and anywhere between thirty and ninety days later. The competitors lose a great deal of body weight during the race, also facing 40-foot waves, tropical storms, sleep deprivation, sweltering heat, as well as the challenges of working in a restricted space and a turbulent natural environment.

Participants hail from all around the world and all walks of life. What they have in common is a great sense of adventure and a desire to achieve something incredible. Past teams have included a record-breaking military all-amputee team, four working mothers from Yorkshire in the UK, and epic adventurers who've already done more than most



A warm welcome for Team Antigua Island Girls  
Photo: Ted Martin

by climbing Everest. Each person raises money for a charity of their choice.

The people of Antigua have really embraced this challenging event and give each team the most fantastic welcome when they finally arrive in English Harbour. Team Wadadli became the first ever Antiguan team to participate in 2015, breaking the record for the world's oldest crew to row across any ocean. Team Antigua proudly finished in second place in 2017. Antigua's all female Team Antigua Island Girls, rowed to a spectacular welcome home in 2019.

Teams register with the race organisers at:  
[www.taliskerwhiskyatlanticchallenge.com](http://www.taliskerwhiskyatlanticchallenge.com)

## A DECADE OF FOSTERING CHANGE

Since 2009, the Sandals Foundation—the philanthropic arm of Sandals® Resorts and Beaches® Resorts—has positively impacted nearly one million people across the Caribbean with support from its network of donors, partners, team members, local stakeholders and volunteers. With over 100 projects completed each year, the Sandals Foundation has caused a ripple effect of change.

**Education** The Sandals Foundation has worked with hundreds of Caribbean schools by donating supplies, training teachers, upgrading facilities, offering after school programmes, and more. The Foundation also partners with Pack for a Purpose®— a programme that allows guests to donate needed supplies to local schools. Additionally, the resorts offer a weekly Reading Road Trip where guests can interact with local students through the power of reading.

**Community** From free dental and eye care clinics to Women Helping Others Achieve (WHOA)—a programme that provides marginalized women with tools and



support needed to succeed—the Foundation's list of community-based initiatives is far-reaching.

**Environment** Through management of marine sanctuaries, compost farming, environmental education programmes, the Sandals Foundation has recognized the importance of fostering a healthy, sustainable Caribbean. In partnership with Oceanic Global, Sandals and Beaches Resorts eliminated 21,490,800 single-use plastic straws and stirrers each year and eliminated styrofoam.

Visit [www.sandalsfoundation.org](http://www.sandalsfoundation.org) to learn more and make a donation.



All costs associated with administration and management are supported by Sandals Resorts International. 100% of every dollar donated goes directly into Caribbean communities.



# WHERE TO STAY

**Antigua's hotels suit all tastes and budgets, and range from small traditional inns to world-class resorts. Click here for an up-to-date list of the properties certified to open...**

## **ADMIRAL'S INN Nelson's Dockyard**

A charming, historic boutique hotel on the waterfront in Nelson's Dockyard with 34 distinctive rooms and suites housed in 18th century buildings with AC and all modern amenities. Enjoy dining and cocktails at Pillars terrace restaurant, a free boat ride to the beach or to the hotel's infinity-edged pool, spa and second restaurant Boom. Sailing, scuba-diving and tennis are available nearby. Enjoy casual elegance and friendly, personal service.

**Tel: (268) 460-1027**

**[www.admiralsinnantigua.com](http://www.admiralsinnantigua.com)**

## **ADMIRAL'S INN GUNPOWDER SUITES Nelson's Dockyard**

The popular Gunpowder Suites comprise 12 deluxe suites built around a remodeled 18th century gunpowder store on a two acre point with a stunning infinity-edged pool overlooking historic Nelson's Dockyard. The suites feature king-size beds, tea/coffee facilities, ipod docking stations, minibars, WiFi and AC. A serene retreat with daybeds, hammocks and a spa. The poolside Boom Restaurant and Pillars terrace offer tasty meals and cocktails.

**Tel: (268) 460-1027**

**[www.admiralsinnantigua.com](http://www.admiralsinnantigua.com)**

## **ANTIGUA VILLAGE Dickenson Bay**

Nestled on one of the world's most breathtaking beaches, the long-established Antigua Village is a unique blend of comfort, character and local culture. The 4-acre beachfront site has flourishing gardens, tropical fruit trees and a relaxing swimming pool. All of the bright and spacious studios, suites and villas have fully-equipped kitchens. There are two open-air restaurants nearby and the city of St. John's is just a 10 minute drive away.

**PO Box 649, St. John's**

**Tel: (268) 462-2930 Toll Free: 1-866-590-8713**

**Email: [info@antiguavillage.com](mailto:info@antiguavillage.com)**

## **BLUE WATERS RESORT & SPA Soldier's Bay**

One of the Caribbean's finest resorts, the recently refreshed Blue Waters is located on the northwest corner of Antigua. Epitomising luxury and elegance, the resort features a spa, several freshwater pools, secluded beach coves, and 17 acres of stunning tropical gardens. Blue Waters exudes the sort of easy, effortless style of gracious living.

**Tel: (268) 462-0290 Email: [hotelres@bluwaters.net](mailto:hotelres@bluwaters.net)  
[www.bluewaters.net](http://www.bluewaters.net)**

## **BUCCANEEER BEACH CLUB Dickenson Bay**

Located on the popular beach of Dickenson Bay, this Caribbean-style resort is ideal for informal, independent visits to Antigua. Perfect for families and couples, it offers 16 one-bedroom villas and 2 two-bedroom cottages all with kitchen facilities, private balconies or verandahs. On-site amenities include a pool, free laundry, free internet and mountain bikes. Watersports, restaurants, bars and supermarkets are within walking distance. Friendly staff are always available for you.

**Tel: (268) 562-6785 Fax: (268) 562-6784**

**Email: [buccaneerbeachclub@candw.ag](mailto:buccaneerbeachclub@candw.ag)**

**[www.buccaneerbeach.com](http://www.buccaneerbeach.com)**

## **CARLISLE BAY Old Road**

Situated on the beautiful south coast, Carlisle Bay combines contemporary luxury with a beautiful beach setting. The 82 spacious suites with private terraces or balconies offer breathtaking ocean views and cool calm interiors. There are four great restaurants, three bars and an award-winning spa, all of which are open to non-residents. Day passes are a fantastic way to experience Carlisle Bay with its dive centre, complimentary watersports and Cool Kids Club. Carlisle Bay is a member of Leading Hotels of the World.

**Tel: (268) 484-0000 Fax: (268) 484-0001**

**Email: [info@carlisle-bay.com](mailto:info@carlisle-bay.com) [www.carlisle-bay.com](http://www.carlisle-bay.com)**



# THE BEST OF BOTH WORLDS

Discover the treasures of two mesmerizing worlds – the authentic tranquility of the Caribbean Beachfront Village, or the grandeur of the Six-Star, all-suite Mediterranean Oceanview Village. Savour tantalizing 5-Star Global Gourmet™ dining cuisine at 11 specialty restaurants. Premium liquors are always on the house, 24/7, at seven bars. Partake in every land and water sport under the sun. Best of all, it's all-inclusive, all the time, anytime.

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GRANDE ANTIGUA  
RESORT & SPA

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- Set on Antigua's best beach, Dickenson Bay
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**365 BEACHES** on Antigua, but only Sandals Grande Antigua at Dickenson Bay is considered the best. Harbored by a mile-long reef, the azurean waters are forever glass-calm and the powdery soft sands a dazzling white.



The Longest White-Sand Beach in Antigua — Dickenson Bay



## Caribbean Charm on Dickenson Bay

Caribbean charm abounds in this Eden by the sea. Soaring palm groves grace the grounds with the sounds of the breeze and cooling shade, slowing down time. It's no wonder lovers worldwide return here again and again.



Bayside »

# CARIBBEAN BEACHFRONT VILLAGE

## Paradise Found in the Caribbean's Most Romantic Resort

It's the authentic Caribbean—a lushly landscaped village that embraces the relaxed rhythm of the islands. The Caribbean Beachfront Village is a tropical garden oasis with towering coconut palms and climbing tropical vines just steps from the sea. This secluded paradise is where you'll find the exotic Rondovals—luxurious suites-in-the-round—and gingerbread-trimmed cottages appointed with a West Indies flair. The ambience is both seductive and serene, creating the perfect atmosphere for romance.

Caribbean Rondoval Suites



### Unique Suites of The Grove

The exotic Rondoval suites-in-the-round are designed to surround you in modern luxury and tropical tranquility. Tucked into hidden gardens, these romantic retreats feature 20' conical ceilings, full spa-style baths, intimate garden patios with private plunge pools and personal butler service.



Caribbean's Most Romantic Resort

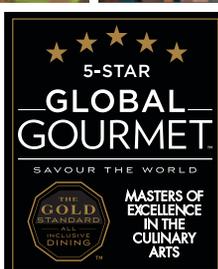
Six Star Diamond Award - Mediterranean Oceanview Village (10 years total)



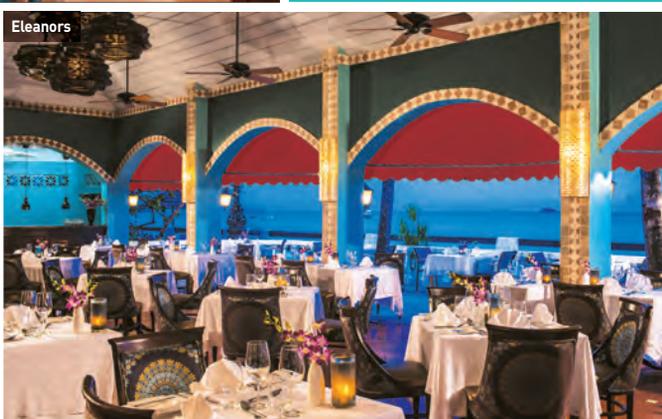
Beachfront Honeymoon Suites



Five Star Diamond Award - Overall Resort (11 years total)



Global Gourmet dining at up to 11 Restaurants



Eleanors



Our butlers are precisely trained by the elite Guild of Professional English Butlers.



Mediterranean Oceanview Village Pool



# MEDITERRANEAN OCEANVIEW VILLAGE

Where Luxury Knows No Bounds

The palatial grandeur of the Mediterranean Oceanview Village entices with an extraordinary collection of oceanview suites overlooking Dickenson Bay. Lavish Ocean Villas, the ultimate Love Nest Butler Suites®, showcase expansive private patios with plunge pools, whirlpools, dining areas and personal butler service. Take in spectacular sea views from the Sunset Tower, enjoy the island's largest zero-entry pool, or browse the fashionable village shops in the Piazza. Every detail reveals another reason for the esteemed Six-Star designation.

## European Elegance in a Caribbean Setting

From the moment you arrive at the grand open-air lobby with its commanding views you enter into a world of European grandeur.





Mediterranean Butler Villas



**All-Suite, All-Oceanfront**  
The Mediterranean Oceanview Village is an authentic vignette of European splendor. Graced by awe-inspiring views from the towering suites and luxurious ocean villas, the Mediterranean Oceanview Village promises a flawless vacation for lovers.



Marios



Barefoot By The Sea



Soy



### Endless Ways to be Entertained

World-class fare and intimate settings make dining adventures a nightly favorite in the Mediterranean Oceanview Village, with dining directly on the beach, in an authentic Italian restaurant and at a Neapolitan pizzeria.



**VOTED WORLD'S BEST 23 YEARS IN A ROW AT THE WORLD TRAVEL AWARDS**

In the U.S. or Canada call 1-800-SANDALS; in the U.K. 0800-742-742; In Antigua 268-484-0100; SANDALS.COM; or contact your Travel Advisor

Visit [www.sandals.com/disclaimers/theantiguan2020](http://www.sandals.com/disclaimers/theantiguan2020) or call 1-800-SANDALS for important terms and conditions.



## Hermitage Bay

Hermitage Bay has been created with artistry and a true sense of the spirit of the location. The secluded and peaceful setting is on the edge of a hidden bay, enclosed by 17-acres of tropical gardens and surrounded by hundreds of acres of untouched land.

The stunning beach stretches for over 1,250 feet in front of 30 individual suites located on the hillside or just steps away from the sand.

All the luxurious suites feature an outside deck area. The hillside suites have the added attraction of their own private plunge pools and sunbathing areas.

Hermitage Bay is the place for those seeking to unwind, retreat from busy lives and rejuvenate minds, bodies and souls.

[www.hermitagebay.com](http://www.hermitagebay.com)



## HERMITAGE BAY

ANTIGUA

tropical gardens fine white sand  
secluded bay warm and friendly  
spacious comfortable individual  
suites right on the beach hillside  
vistas luxury privacy tranquillity  
natural paradise hermitage bay

Hermitage Bay tel (268) 562 5500 reservations (268) 562 8080 fax (268) 562 5505 [www.hermitagebay.com](http://www.hermitagebay.com)



## Jumby Bay Island

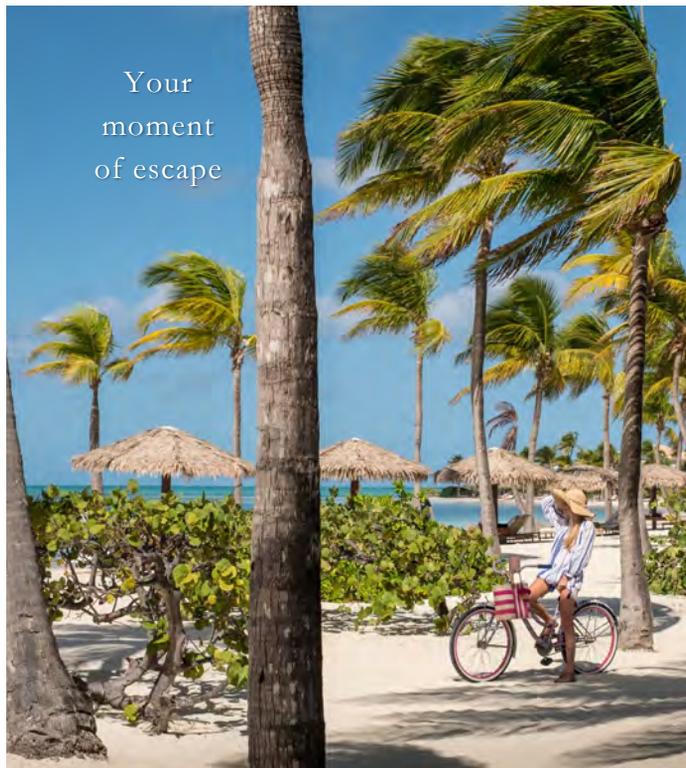
Jumby Bay Island is an 'inclusive' luxury retreat set on its own enchanting 300-acre private island two-miles off the coast of Antigua. Accessible only by boat, it offers discerning visitors a relaxed and authentic Caribbean escape amidst lush tropical surroundings and superb white sand beaches.

There are no crowds, cars or commerce here – just four and a half miles of palm-studded shoreline and a network of bicycle paths winding through the luxuriant landscape. This ultra-deluxe hideaway has 40 luxurious suites, the open-air Veranda Restaurant, the Pool Grille and the elegant Estate House where gastronomic cuisine is served in a restored 230-year-old plantation manor.

The private residences and villas available for rent, are the ultimate in understated luxury. Each one in its own unique style and some of them with direct beach access and private swimming pools. They all enjoy the use of private golf carts and full access to Jumby Bay's many amenities. These include watersports, first-class tennis courts, The Spa, a fitness centre, running and biking paths, a lap pool and an oceanfront infinity pool.

The complimentary children's programme encourages younger guests to explore the local culture, crafts and ecology.

[www.oetkercollection.com](http://www.oetkercollection.com)



Your  
moment  
of escape

On a precious 300 acre private retreat, Jumby Bay Island welcomes guests into a secluded world of effortless luxury.

A collection of 40 rooms and suites, and 33 unique residences offer uncompromised private island living, award-winning service, and access to a world of exquisite amenities and unforgettable moments.



**JUMBY BAY ISLAND**  
ANTIGUA - WEST INDIES

[www.oetkercollection.com](http://www.oetkercollection.com)

[jumbybay@oetkercollection.com](mailto:jumbybay@oetkercollection.com)

+ 1 800 749 1802

## WHERE TO STAY

### CATAMARAN HOTEL

#### Falmouth Harbour

This 14 room family-run hotel is situated on a small beach on the edge of Falmouth Harbour and has a very relaxed and friendly atmosphere. All rooms have air-conditioning, cable TVs and free WiFi. It's a great place to relax and get away from it all, but is also close enough to English Harbour for Nelson's Dockyard, as well as nightlife.

**Tel: (268) 460-1036**

**Email: [catclub@candw.ag](mailto:catclub@candw.ag)**

**[www.catamaranantigua.com](http://www.catamaranantigua.com)**

### COPPER & LUMBER STORE HISTORIC INN

#### Nelson's Dockyard

Surrounded by spectacular Nelson's Dockyard, the Copper and Lumber Store Historic Inn stands out as one of the finest examples of Georgian architecture in the Caribbean. Throughout the hotel, from rooms to furnishings and a beautiful courtyard, there are reminders of the period centuries ago when the building was originally constructed. Within this unique historic setting every modern comfort and luxury are provided. The restaurant has an excellent daily menu and supports the award winning 'Seafood Friday'.

**Tel: (268) 460-1058/460-1159/60**

**Fax: (268) 460-1529**

**Email: [info@copperandlumberhotel.com](mailto:info@copperandlumberhotel.com)**

**[www.copperandlumberstore.com](http://www.copperandlumberstore.com)**

### COCOS HOTEL

#### Valley Church

Thirty private Caribbean cottages form COCOS Hotel on the west coast of the Island, an area noted for beautiful beaches and spectacular views particularly at sunset. All cottages have king-size four-poster beds, hammocks, outdoor showers, private balconies and air-conditioning. The casual restaurant offers fabulous views. COCOS is a perfect location for small, romantic weddings.

**PO Box 2024, Valley Church**

**Tel: (268) 462-9700 Fax: (268) 462-9707**

**Reservations: (268) 562-3434**

**Email: [reservations@cocoshotel.com](mailto:reservations@cocoshotel.com)**

**[www.cocoshotel.com](http://www.cocoshotel.com)**

### COVE RESIDENCES AT BLUE WATERS RESORT & SPA

#### Soldier's Bay

Situated away from the main resort, guests at the Cove Residences can enjoy seclusion and privacy combined with uninterrupted views of the Caribbean Sea. The modern beach décor of each Cove Suite creates a pleasingly authentic yet airy environment. Enjoy a dip in the infinity pool, reserved exclusively for Cove Suite guests, or sunbathe on the beautiful powder soft sands of the beach.

**Tel: (268) 462-0290**

**Email: [hotelres@bluewaters.net](mailto:hotelres@bluewaters.net)**

**[www.bluewaters.net](http://www.bluewaters.net)**

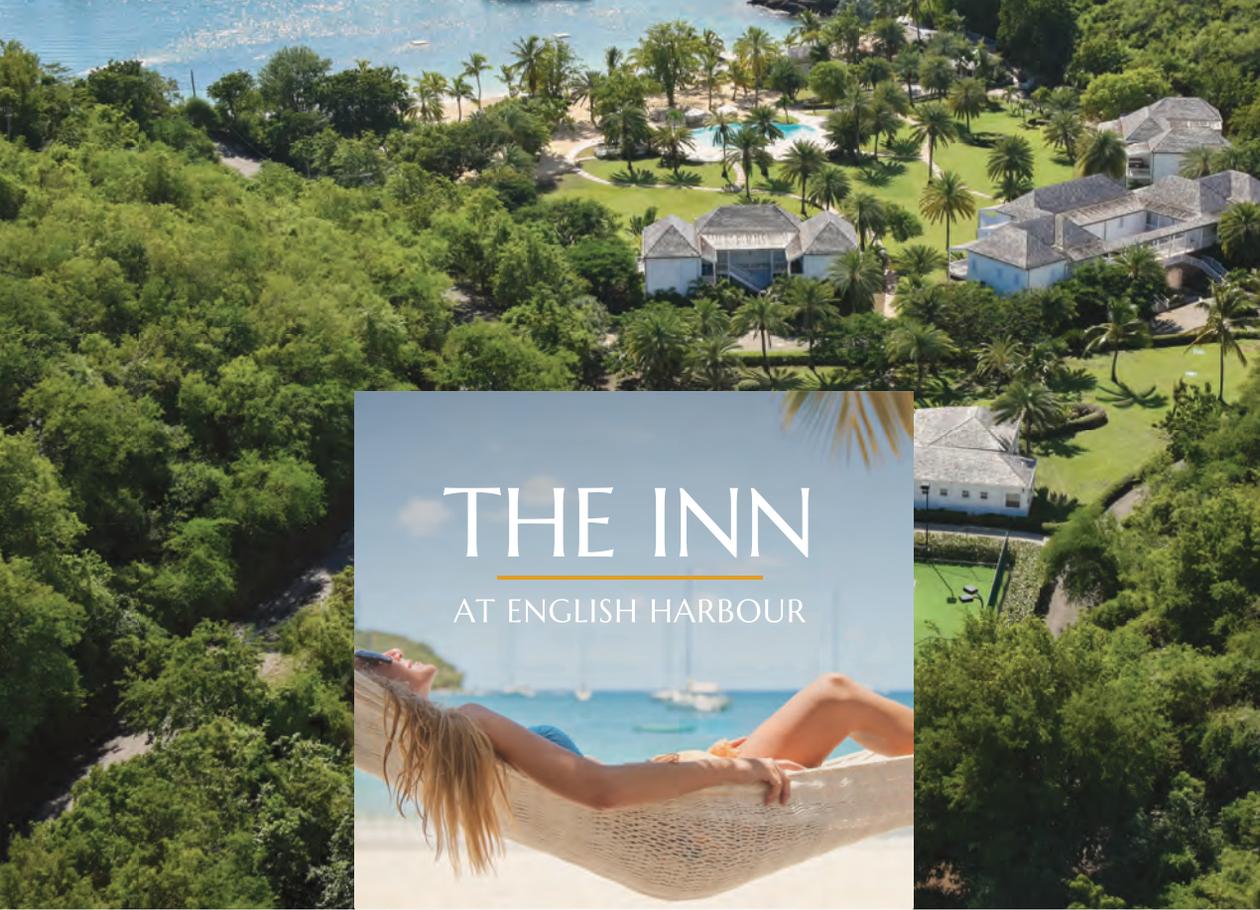


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# Galley Bay Resort & Spa

The award-winning Galley Bay Resort & Spa is a long-established, intimate Caribbean hideaway, which delights guests with its refined yet unpretentious atmosphere, and stress-free all-inclusive pricing. The three-quarter mile long stretch of white sand beach and lush tropical gardens create a natural setting at the edge of a lagoon and bird sanctuary. The resort is located on the tranquil west coast, which is ideal for spectacular sunset viewing. Arriving guests are escorted from the main reception area, which is situated next to an historic sugar mill, across a unique wooden causeway above the lagoon to the beachfront area of the resort. At Galley Bay, visitors are completely carried away from the hectic pace of the rest of the world.

Non-motorised watersports add a dimension for the adventurous without disturbing the tranquility of the environment. The Indulge Spa offers luxurious tree-house pavilions with an extensive range of soothing treatments. To maintain this peaceful atmosphere, the hotel only welcomes guests 16 years of age and older.

Galley Bay Resort & Spa offers a number of eco-friendly on-property initiatives, including a reverse osmosis water purification plant, the use of recycled paper products, and energy-efficient lighting throughout the resort. The resort has a special on-site garden, which uses the delicious home grown fruits, vegetables and herbs for a unique farm-to-table restaurant dining experience.

This boutique hotel's 97 guest rooms are set amid 40 acres of tropical gardens, providing the utmost privacy, and are mostly situated along the beach providing ocean views and direct beach access. The chic remodeled Gauguin cottage style suites tucked amid the gardens, have lagoon views and concealed individual plunge pools. The beachfront rooms are



located directly on the sand, include the Deluxe and Superior Deluxe rooms as well as the Premium Suites. Galley Bay was awarded one of the "Top 25 Caribbean Resorts" by Condé Nast Traveler and among the "Top 10 Best Resorts for Romance in the Caribbean" by the readers of TripAdvisor.com.

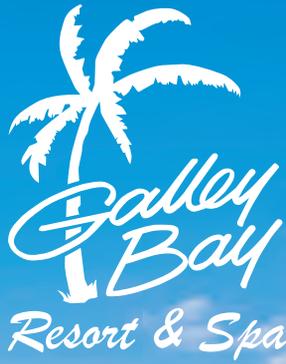
With three open-air beachfront restaurants and four welcoming bars and lounges, it's not necessary to leave Galley Bay. At the Gauguin Restaurant, tables are placed underneath individual palapas, for the utmost in romance. Ismay's Restaurant, named after the longest-serving member of staff, is the property's fine dining restaurant for all special occasions. Live entertainment, cocktail parties and Caribbean barbecues fill the tropical evenings, plus weekly movie nights set up on the sand under the stars. Also, enjoy the Rum Shack and air conditioned Coffee Shop.

The complimentary watersports are available with instruction, including Hobie Cat sailing, snorkelling, paddle boarding, kayaking and more. Relax by the dramatic cascading waterfall and free-form swimming pool surrounded by palm trees and hammocks. There are jogging trails, bicycles, the yoga pavilion and tennis courts for the more energetic. The resort can arrange off-site excursions such as zip-lining, deep-sea fishing, swimming with stingrays, catamaran cruises and more.

Visitors to Galley Bay continue to return year after year to enjoy its unique Caribbean location and timeless relaxed ambience.

[www.galleybayresort.com](http://www.galleybayresort.com)





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[galleybayresort.com](http://galleybayresort.com)

# Sugar Ridge Hotel

Sugar Ridge is wrapped around an exotic tropical hillside and surrounded by 43-acres of indigenous flora. Sugar Ridge offers panoramic views of Jolly Harbour and beyond. The hotel is only 25 minutes from St. John's and many of Antigua's famous beaches are also easily accessible courtesy of the complimentary shuttle service.

All 60 well-appointed rooms offer seclusion and privacy, their contemporary-colonial style enhanced by breathtaking vistas. Choose from ground floor rooms with private plunge pools or upper floor rooms with large verandahs.

Sugar Ridge offers a full range of aesthetic and holistic treatments from the only Aveda Concept Spa in the Eastern Caribbean. The 3,500 square foot spa is connected to an air-conditioned Cybex fitness centre. Complimentary yoga is now on offer in a new studio, The Shed, considered one of the best places to practise yoga in Antigua. Constructed from Greenheart hardwood treated by a traditional local boat builder, The Shed is perched at the highest point of the property and offers stunning



vistas of the surrounding landscape. Classes are taught by certified instructors six days a week.

There are two restaurants at Sugar Ridge, both of them offering indoor/outdoor dining overlooking the two swimming pools. The cosmopolitan Sugar Club is complemented by the fine dining venue Carmichael's sitting atop the panoramic hillside.

Luxury, privacy, and wellness define every moment at Sugar Ridge.

[www.sugarridgeantigua.com](http://www.sugarridgeantigua.com)

The central graphic features the Sugar Ridge logo with a palm tree icon, the text 'ANTIGUA WEST INDIES', and the tagline 'Sleep. Eat. Play. Pamper.' Below the logo are four images: a bedroom with a canopy bed, a swimming pool, a restaurant dining area, and a spa treatment with black stones.

**Sugar Ridge**  
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CONTACT: 1-268-562-7700 • RESERVATIONS@SUGARRIDGEANTIGUA.COM • WWW.SUGARRIDGEANTIGUA.COM

# Carlisle Bay

CONTEMPORARY LUXURY ON THE BEACH

For luxury, sophistication and contemporary style look no further than Carlisle Bay, a member of Leading Hotels of the World. Set on Antigua's unspoilt south coast, its pristine half-kilometre beach is sheltered in a secluded bay with a backdrop of rolling hills and lush rainforest.

The 82 spacious suites range from the romantic Garden, Ocean and Bay Suites to the family-friendly Beach and Carlisle Suites. All have cool, contemporary interiors, balconies or terraces and stunning ocean views. Carlisle Bay has several enticing bars and four excellent restaurants: East for pan-Asian fare, Indigo on the Beach for grills, seafood and salads, the poolside Ottimo! for Italian classics from an authentic wood-burning oven and the adults only Jetty Grill located on the beach serving grills, fresh seafood, crisp salads and wines by the carafe.

Total relaxation and wellbeing are fundamental to Carlisle Bay's philosophy - the Blue Spa was recently awarded the Condé Nast Traveller 'Readers' Choice' award. It offers an extensive treatment menu from CARA, a gym and six treatment rooms including a wet room and couples' room. There is a yoga and



Pilates pavilion, nine tennis courts, and watersports including sailing, kayaking, snorkelling, windsurfing and diving. Kids Club offers fun activities, and there is a private cinema showing movies daily. The library showcases top beach reads. This privately-owned hotel creates tranquility and seclusion. Carlisle Bay is open to non-residents. Buy a day pass and enjoy all the hotel has to offer. Stop by for a couple of hours to pamper yourself in the Blue Spa, or dine in one of the four restaurants.

[www.carlisle-bay.com](http://www.carlisle-bay.com)

  
CARLISLE BAY  
ANTIGUA



82 Luxury Suites | 4 Restaurants | 4 Bars | Blue Spa | 9 Tennis Courts  
Cinema | Fitness Center | Watersports | Rainforest Hikes

[carlisle-bay.com](http://carlisle-bay.com)

Carlisle Bay, Old Road, St. Mary's, Antigua | Tel: +1 268.484.0000 | Email: [reservations@carlisle-bay.com](mailto:reservations@carlisle-bay.com)

## WHERE TO STAY

### **CURTAIN BLUFF** Old Road

Situated on a dramatic seaside bluff on Antigua's southern shore, this 72 room resort is legendary. Its well-deserved reputation is due in part to its breathtaking setting, but also to its peerless service. An oceanfront spa enhances the first-class leisure amenities, which include tennis, watersports, scuba-diving, squash and fitness facilities.

**Tel: (268) 462-8400/1/2 Fax: (268) 462-8409**  
**Email: [curtainbluff@curtainbluff.com](mailto:curtainbluff@curtainbluff.com)**  
**[www.curtainbluff.com](http://www.curtainbluff.com)**

### **DUTCHMAN'S BAY COTTAGES** Dutchman's Bay

Experience a little piece of paradise at Dutchman's Bay Cottages. Located on Antigua's north-east coast, these 7 Caribbean-style cottages lie right on the beach with the gentle trade winds blowing over the clear turquoise waters. Each charming cottage is self-contained with a fully-equipped kitchen, verandah and attractive furnishings. Make tranquil Dutchman's Bay Cottages your 'home away from home' and enjoy all that Antigua has to offer.

**Tel: (268) 764-7333/464-0207**  
**[www.dutchmansbay.com](http://www.dutchmansbay.com)**

### **GALLEY BAY RESORT & SPA** Five Islands

Galley Bay Resort & Spa is an adult-only authentic Caribbean getaway. Set amid aquamarine seascapes,

a powdery white sand beach and lush gardens, this all-inclusive boutique resort delights guests with a refined, yet unpretentious atmosphere. Ideal for couples and newlyweds seeking a romantic getaway, both adventure and tranquility are on the menu at this award-winning tropical paradise.

**Tel: (866) 237-1644**  
**or (268) 462-0302**  
**Email: [reservations@eliteislandresorts.com](mailto:reservations@eliteislandresorts.com)**  
**[www.galleybayresort.com](http://www.galleybayresort.com)**

### **HAMMOCK COVE RESORT** Dian Bay

Hammock Cove Resort is Antigua's newest all-inclusive, adults-only retreat. This luxury, awe-inspiring resort is just a few hundred yards from Devil's Bridge National Park with stunning views of the turquoise bay.

**Tel: (800) 858-4618**  
**Email: [reservations@eliteislandresorts.com](mailto:reservations@eliteislandresorts.com)**  
**[www.hammockcoveresort.com](http://www.hammockcoveresort.com)**

### **HAWKSBILL BY REX RESORTS** Five Islands

This unique hideaway is set in 37 acres of tropical gardens with four beautiful beaches. There are two restaurants with varied evening entertainment.

**Tel: (268) 462-0301**  
**Fax: (268) 462-1515**  
**Email: [hawksbill@candw.ag](mailto:hawksbill@candw.ag)**



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# TAMARIND HILLS

ANTIGUA - WEST INDIES



## WAKE UP TO PARADISE

With a mix of oceanfront and beachfront properties to rent, every villa at Tamarind Hills offers you a unique view of heaven. Set on a sunset-facing bluff on Antigua's glorious west coast between Darkwood and Ffryes, two of the island's most beautiful beaches, Tamarind Hills takes luxury to new heights. This stunning collection of villas is beautifully designed for a contemporary and stylish Caribbean getaway.



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## WHERE TO STAY

### HERMITAGE BAY Hermitage Bay

A unique concept in Antigua, Hermitage Bay is in total harmony with its surroundings. Individual suites provide understated luxury and private plunge pools. With its oceanside restaurant and bar, refreshing infinity-edge pool, charming hillside spa and the emphasis on impeccable service, Hermitage Bay offers a wonderful experience.

Tel: (268) 562-5500

Fax: (268) 562-5505

Email: [info@hermitagebay.com](mailto:info@hermitagebay.com)

[www.hermitagebay.com](http://www.hermitagebay.com)

### HODGES BAY RESORT & SPA Hodges Bay

Located on the north coast, this resort offers versatile accommodation including rooms, ocean front villas and apartments. Complimentary butler service is included in all apartments and villas. Leisure and sporting facilities are available. Only 15-minutes from St. John's and 10-minutes from the airport.

Tel: (268) 484-8000/1/2/3

UK: +44 (203) 318-0612

Toll Free USA/Canada: 1-888-985-4510

[www.hodgesbay.com](http://www.hodgesbay.com)

### JUMBY BAY ISLAND Long Island

Jumby Bay Island is a luxury retreat set on its own 300-acre private island two miles off the coast of Antigua. Accessible only by boat, the ultra-luxe resort offers upscale travellers a relaxed and authentic Caribbean escape with superb white sand beaches, lush tropical surroundings, The Spa and world-class culinary experiences. It has ranked among the world's best resorts on *Travel + Leisure's* 'Top 500' and *Conde Nast Traveler's* 'Gold List' and received the prestigious AAA Five-Diamond Award.

Tel: (268) 462-6000

Fax: (268) 462-6020

Email: [jumbybay@oetkercollection.com](mailto:jumbybay@oetkercollection.com)

### KEYONNA BEACH RESORT ANTIGUA Turners Beach

This couples only all-inclusive boutique hotel is on the south west side of the island, noted for its beautiful beaches and spectacular sunsets. The islands of Nevis, Redonda and Montserrat are visible on the horizon. All rooms have king-size four-poster beds, air-conditioning and free WiFi, with verandahs overlooking the sea. The beach restaurant facilitates open-air dining with an excellent menu.

Tel: (268) 562-8880 / P.O. Box 2024, Valley Church,

Email: [info@keyonnabeach.com](mailto:info@keyonnabeach.com)

[www.keyonnabeachresortantigua.com](http://www.keyonnabeachresortantigua.com)

### PINEAPPLE BEACH CLUB ANTIGUA Long Bay

Just 20 minutes from V.C. Bird International Airport, this peaceful oasis offers the best of Antigua... relaxed and unhurried. Located on a stunning stretch of white sand beach, this casual resort offers a great Caribbean experience. The adults-only Pineapple Beach Club is an ideal vacation spot for couples' getaways and relaxing escapes.

Tel: (800) 858-4618 or (268) 463-2006

Email: [reservations@eliteislandresorts.com](mailto:reservations@eliteislandresorts.com)

[www.pineapplebeachclub.com](http://www.pineapplebeachclub.com)

### ROYALTON ANTIGUA RESORT & SPA Five Islands

Revived, revitalized and refreshed, this 294-room all-inclusive resort is set on beautiful Deep Bay Beach. 24-hour room service, unlimited à la carte dining and Antigua's first overwater bungalows. Guests can choose between the Resort or Diamond Club sections, the latter with butler service and exclusive pool and beach areas. Facilities include tennis courts, non-motorized watersports, kids and teens clubs, The Royal Spa and restaurants ranging from elegant steakhouses to beachside grills.

Tel: (268) 484-2000 Reservations 1-888-744-8371

Email: [reservations.RAN-ANU@royaltonresorts.com](mailto:reservations.RAN-ANU@royaltonresorts.com)

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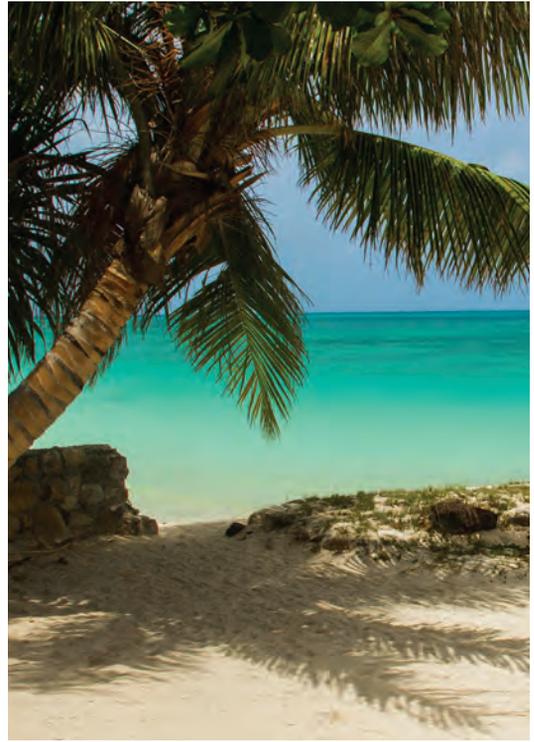
# Buccaneer Beach Club

Buccaneer Beach Club is located directly on famous Dickenson Bay, and is only a 15-minute drive from the airport and a 5-minute drive from St. John's.

All of the charming villas and cottages have their own balconies or verandahs with views of the bay. Designed in a charming Caribbean style, wooden louvered windows allow the sea breezes to flow freely. All are equipped with air-conditioning, free wireless internet, two flat-screen cable TVs and fully equipped kitchenettes. There is daily housekeeping service and beach towels are provided.

Next to the freeform swimming pool is a gazebo with a seating area and barbecue grill to enjoy anything from quiet reading to cookouts with family and friends. Other leisure amenities include watersports, tennis, horse-riding and mountain biking. All the fashionable bars and restaurants of Dickenson Bay are close by. Helpful staff members are at your service for reservations and suggestions and speak English, French, Italian and Spanish.

[www.buccaneerbeach.com](http://www.buccaneerbeach.com)



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Dickenson Bay, St. John's Antigua | 1-268-562-6785  
[www.buccaneerbeach.com](http://www.buccaneerbeach.com)

## WHERE TO STAY



Set in a lush garden overlooking Dickenson Bay, the charming 50-room Trade Winds Hotel is a favourite among worldwide leisure and business travellers. Our conference rooms are equipped with SMART-TVs, Skype and Webex Conference abilities. Our rooms are spacious and bright with contemporary tropical decor, fitted with comfortable beds and all the convenient amenities.

Tel: (268) 462-1223 Fax: (268) 462-5007  
P.O.Box 1390, Dickenson Bay, St. John's, Antigua  
info@twhantigua.com | www.twhantigua.com

**Trade Winds**  
HOTEL



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### SANDALS® GRANDE ANTIGUA RESORT & SPA Dickenson Bay

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Tel: (268) 484-0100 Fax: (268) 484-0213  
PO Box 147, Dickenson Bay, St. John's  
www.sandals.com

### SIBONEY BEACH CLUB Dickenson Bay

This intimate boutique hotel is tucked away amidst tropical gardens on the edge of Dickenson Bay. Recently enhanced and expanded, it's an ideal choice for families and adventure travellers seeking an authentic Antiguan experience rather than a large, all-inclusive resort. Facilities include Caribbean-style suites with balconies or terraces, a swimming pool, a popular restaurant and bar, as well as a wide choice of watersports from one of the world's finest beaches. Its iconic red phone booth makes an ideal photo opportunity!

Tel: (268) 462-0806

Email: [reservations@siboneybeachantigua.com](mailto:reservations@siboneybeachantigua.com)  
www.siboneybeachantigua.com

### SOUTH POINT Falmouth Harbour

This boutique hotel is on an exclusive waterfront location. Overlooking Falmouth Harbour, its spacious and stylish open-plan suites enjoy front row views of some of the world's most impressive superyachts. Facilities include a state-of-the-art fitness centre and swimming pool, as well as a Lounge Bar where great food, cool music and first-class service attract a cosmopolitan crowd enjoying the sophisticated but relaxing vibe. The waterfront restaurant's signature small plate menu showcases authentic flavours inspired by the best of Mediterranean, Middle Eastern and Asian cuisine. There is also a Sushi Bar.

Tel: (268) 562-9600

www.southpointantigua.com

### ST. JAMES'S CLUB & VILLAS Mamora Bay

An exclusive, all-inclusive hideaway situated on a secluded 100-acre peninsula on Antigua's south-east coast. The tropical landscaping, two white sand beaches, varied culinary options, and boundless activities offering anything from relaxation to adventure will appeal to couples, families and singles alike. The casual and club-like ambiance is enhanced by exceptional and attentive service.

Tel: (866) 237-2071 or (268) 460-5000

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### **STARFISH HALCYON COVE** Dickenson Bay

Relaxed and family-friendly, this all-inclusive getaway is distinguished by its setting on the powdery, white sands of Dickenson Bay. The 218 rooms overlook either the gardens, swimming pool or Caribbean Sea. General facilities include two bars, three restaurants, non-motorized watersports, tennis courts and a kids club with a full range of activities. Highlights include dining over the water at the Warri Pier and sunset walks along Antigua's most famous beach.

**Tel: (268) 462-0256**

**Reservations: 1-877-957-4051**

**www.starfishresorts.com**

### **STARFISH JOLLY BEACH RESORT** Jolly Beach

The largest all-inclusive resort in Antigua overlooks one of the island's finest white sand beaches. General facilities include non-motorized watersports, a fitness centre, a kids club and one of the largest swimming pools on the island. The five restaurants and bars serve everything from Indian cuisine and Italian favourites to afternoon teas and grilled catch-of-the-day. The 464 rooms, junior suites and beach cottages suit everyone from families to honeymooners.

**Tel: (268) 462-0061**

**Reservations: 1-877-957-4051**

**www.starfishresorts.com**

### **SUGAR RIDGE** St. Mary's

With its spectacular hillside setting, Sugar Ridge adds an exciting new dimension to Antigua's hospitality business. Facilities include 60 luxury rooms with verandahs and plunge pools, Carmichael's fine dining restaurant, The Sugar Club restaurant and bar, Aveda Concept Spa, Cybex fitness centre, yoga at The Shed, and the Shopping Village. Sugar Ridge is only a few minutes from Jolly Harbour and the stunning white sand beaches of the west coast.

**Tel: (268) 562-7700**

**Toll Free USA 1-866-591-4881**

**Fax: (268) 562-7701**

**Email: [hotel@sugarridgeantigua.com](mailto:hotel@sugarridgeantigua.com),**

**[reservations@sugarridgeantigua.com](mailto:reservations@sugarridgeantigua.com)**

**www.sugarridgeantigua.com**

### **TAMARIND HILLS** Fryes Bay

Located on the south west coast of Antigua, Tamarind Hills is a five-star collection of one to four-bedroom serviced villas, suites and apartments. It is ideally tucked away between two of the island's most beautiful beaches, Darkwood and Frye's. All beach and oceanfront modern luxury villas feature private pools, full kitchens and magnificent sunset views over the Caribbean Sea. Most of the brand new suites include jacuzzis and all offer beach and ocean views. The full concierge service includes VIP airport collection, restaurant and excursion booking, as well as pre-arrival grocery stocking. Maid service and 24 hour security is standard.

**Tel: (268) 562-7380**

**Email: [info@tamarind-hills.com](mailto:info@tamarind-hills.com)**

**www.tamarind-hills.com**

### **TRADE WINDS HOTEL** Dickenson Bay

This attractive 50-room hotel invites guests to relax in beautiful surroundings and enjoy fine cuisine, friendly service and fantastic ocean views. It lies on a hillside overlooking Dickenson Bay and offers tranquility and seclusion to business travellers and holidaymakers. In addition to the well equipped Cybex Gym, swimming pool and panoramic sundeck with fire pit, the Bay House restaurant attracts locals and visitors alike with its eclectic all-day menus. The business center and multimedia events/conference facilities are perfect for meetings, weddings and private parties.

**Tel: (268) 462-1223**

**Fax: (268) 462-5007**

**Email: [info@twhantigua.com](mailto:info@twhantigua.com)**

**www.twhantigua.com**

### **THE VERANDAH RESORT & SPA** Dian Bay

This All-Inclusive oasis is set amidst lush, tropical gardens overlooking the tranquil, turquoise waters of Dian Bay. Fun yet relaxing, guests can choose to do it all or nothing at all. The varied amenities ensure The Verandah Resort is as perfect for a romantic wedding and honeymoon as it is for a rejuvenating spa experience or an activity-filled family vacation.

**Tel: (866) 237-1785 or (268) 562-6845**

**Email: [reservations@eliteislandresorts.com](mailto:reservations@eliteislandresorts.com)**

**www.theverandah.com**

### **THE INN AT ENGLISH HARBOUR** English Harbour

Find historic charm and modern comforts at The Inn at English Harbour. Located in one of the most magnificent bays of the Caribbean. Guest rooms feature A/C, flat screen cable TVs, free WiFi access, iPod docking stations and designer toiletries. A boutique and spa now enhance the general facilities. The fine dining Terrace Restaurant is highly-acclaimed, whilst the more casual Reef Restaurant offers the company of warm blue waters, balmy island nights and cooling trade winds.

**Tel: (268) 460-1014**

**Fax: (268) 460-1603**

**Email: [reservations@theinnantigua.com](mailto:reservations@theinnantigua.com)**

**www.theinnantigua.com**





# ANTIGUA'S FAMOUS BEACHES

**Stop off at one of our 365 beaches to swim in the calm, blue Caribbean Sea in the west or the wilder Atlantic Ocean in the east. Antigua's main claim to fame is the quality of the white sand beaches. Here are suggestions for spectacular beach stops, taking a clockwise direction from the most northerly part of the island...**

## JABBERWOCK BEACH

Part of the National Park, Jabberwock is a long, white sand Atlantic beach. It is popular with local people taking morning and evening walks, and also the base for windsurfing and kitesurfing.

## DUTCHMAN'S BAY

This quiet, secluded beach is close to Jabberwock and opposite Long Island, home of the famous Jumby Bay Island resort. Here you will find three excellent restaurants set on the waters edge, Cecilia's High Point Café, La Bussola and the Garden Grill.

## LONG BAY

This beautiful beach on the east coast is exceptional for its calm waters and snorkelling. It is an ideal family venue with small restaurants. There is one well-known resort hotel right on the beach. Round the corner with a secluded beach is the popular Verandah Resort.

## HALF MOON BAY

Considered one of the most beautiful beaches in the world, its white sands stretch round a picture-postcard bay. Half Moon is on the south-east of the island with some spectacular wave action. There is a small locally-owned beach bar and restaurant.

## PIGEON POINT BEACH

The Pigeon Point Beach is in a sheltered cove with tranquil waters and shady trees. It has been environmentally developed into a beautiful recreational facility with camping areas, children's playground, and bathroom facilities. Historic Nelson's Dockyard is within easy reach.

## RENDEZVOUS BAY

This pristine beach on the south coast is very popular for picnics and family outings. A four-wheel drive vehicle is usually the best way to get to this beach.

## MORRIS BAY

Located opposite Old Road village, the Morris Bay beach is one of Antigua's best kept secrets, even though it is easily accessible from the main road - it's an ideal picnic area with calm seas and beautiful sands.

## TURNERS BEACH

This is a perfect beach at Johnson's Point with pristine white sand and calm crystal water. Visit any of the local restaurants, all literally on the sand overlooking the Caribbean Sea.

## DARKWOOD BEACH

The road runs alongside this spectacular beach which takes your breath away as you come round the corner. Montserrat is often clearly visible from the beach.

## FRYERS BEACH

This off-road beach with a good access road is located between Darkwood and Jolly Harbour and is popular with locals and visitors alike.

## JOLLY BEACH

The well-known Jolly Beach Resort is located here, with the advantage of Jolly Harbour marina and supermarket.

## HAWKSBILL BEACHES

It is reputed that Hawksbill has five beaches including a nudist beach! This is the home of Hawksbill by Rex Resorts which is a well-known and popular hotel.

## FORT JAMES

The historic ruins of Fort James overlook a lovely beach near the entrance to St. John's Harbour.

## DICKENSON BAY

The most developed beach on the island has hotels, restaurants and watersports facilities. It is a popular meeting place. The shallow calm waters and golden sands provide a perfect setting for an active day.



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# ANTIGUA FOR THE *Perfect Wedding*

The 'Romance Capital of the Caribbean', Antigua and Barbuda are a match made in heaven for couples wanting to tie the knot and honeymooners. All the ingredients for romance are here and getting married is a breeze – an island breeze that is! With no residency requirements, you can be exchanging your vows on one of our beautiful, palm-fringed beaches within the hour ...

**A**ntigua has beautiful white sand beaches and activities galore; Barbuda is a back-to-nature island blessed with miles of secluded pink sand beaches. Whichever island you choose as the backdrop for your perfect wedding, professional wedding planners will be on hand to help with everything from the legal formalities to the champagne and flowers. Hotel wedding packages are also readily available, special group deals making it easy for family and friends to join you in this (hopefully!) once-in-a-lifetime event.

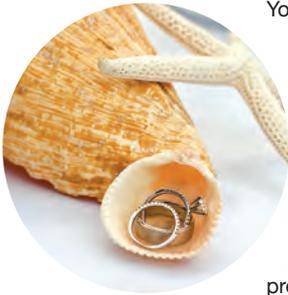
Most people decide to get married on the beach, in their hotel grounds, or in the gardens of their rental villa, specialist wedding photographers readily available to capture all the special moments. Ceremony locations include anything from sun-kissed sands and palm-studded pool decks to lush, tropical gardens and even breeze-cooled jetties. Wherever you choose, your special day can include memorable treats like romantic wedding breakfasts overlooking the Caribbean Sea or champagne and canapés around infinity-edge swimming pools.

*Antigua Brides*  
*Destination Wedding Photography*



Fresh, Fun and Romantic wedding photography by Joseph and Janet Jones of 'Antigua Brides'.  
View their beautiful wedding photos at  
[www.antiguabrides.com](http://www.antiguabrides.com)  
Email: [info@antiguabrides.com](mailto:info@antiguabrides.com)  
Tel: (268) 462-7317/774-7317

Photos: courtesy Antigua Brides



You can even get married in one of our quaint island churches provided you allow additional time and fulfill certain formalities. These include getting permission from the individual church authorities and sometimes attending pre-nuptial consultations. Allow some extra time if planning a church ceremony.

Whether you're a bride, a groom, or a guest, our full-service hotel spas and beauty salons will ensure you look your best on your special day. Anything from seaweed scrubs and detoxing body wraps to bridal make-up and hair styling feature on the long list of treatments available. One of the island's leading bridal hair specialists is David's Hair Salon just outside St. John's on Friar's Hill Road.

Obviously, Antigua and Barbuda is also an ideal honeymoon destination. Indeed, thanks to our halcyon climate, idyllic beaches and exclusive hotels, our twin island nation is likely to provide such a splendid beginning to married life that you'll want to return for your anniversary to keep the romantic momentum alive!

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**T: +1 (268) 460 1023**  
**E: titi@candw.ag**  
**www.villaordnance.com**

## LEGAL PROCEDURE

**It is easy to get married in Antigua and here is some information to prepare you for your island style wedding.**

The legal procedure starts at the Ministry of Legal Affairs on Queen Elizabeth Highway in St. John's. You must take both passports and a copy of your divorce papers, if relevant. There will be a friendly interview, then your licence will be issued. The cost is EC\$405.00 (US\$150.00).

The next step is a visit to the Registrar General's office which is also on Queen Elizabeth Highway. The fee is EC\$100.00 (US\$40.00) and please note that this is only for registering at the Court House. An official marriage certificate costs EC\$25.00 (US\$10.00).

If the wedding is performed outside the Court House, there is a Marriage Officer fee of EC\$270.00 (US\$100.00).

The location is left solely up to you, although most people choose to get married in their hotel or villa grounds and, of course, on the beach.

Your marriage must be solemnised in the presence of two or more witnesses - just ask some fellow hotel guests to do this for you.

## DOCUMENTATION REQUIRED

Please ensure you bring the following documentation with you to Antigua and Barbuda:

- Valid passports as proof of citizenship.
- Original divorce decree or, in the case of a widow or widower, the original marriage and death certificate.
- If there has been a name change provide affidavits in cases where you are known by another name.
- Both parties must be over 15. If under 18 written authorisation from parents or guardians is required.

NB: All documents presented should be original or certified original by the issuing departments or offices.

**The Ministry of Legal Affairs Tel: (268) 462-0017 is open Monday to Thursday from 8am to 4:30pm and on Fridays from 8am to 3pm.**

**The Registrar General's office Tel: (268) 462-3744 is open Monday to Thursday 8:30am to 4:30pm and Friday 8:30am to 2pm.**



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## RELAX & UNWIND AT ANTIGUA'S SPAS

**Spas and Antigua are a winning combination. The rejuvenating beauty and body treatments are perfectly enhanced by our healthy climate, relaxing vibe and serene sea views ...**

**M**any of Antigua's top hotels offer first-class spas, the traditional mud wraps and deep-tissue massages complemented by ancient techniques like reflexology and Reiki. Some spas specialise in Caribbean-inspired treatments using local ingredients such as coffee, sea salt and calcium-rich seaweed, while others prefer to pamper you with the luxury products of international companies like Elemis, Aveda, CARA and Dorissima.

These treats are not just for women. Couples massages are popular with honeymooners and men can unwind with anything from sports massages and fitness facials. There are even mini-treatments specially adapted for children and teens.

Many spas have excellent fitness facilities, some with dedicated instructors offering anything from morning Pilates classes to Sunset Yoga.

Of course, no one's rushing you anywhere after a treatment. Antigua's spa terraces, infinity pools and Jacuzzis are perfect for relaxing with a chamomile tea before stepping back into the real world...

*This brief spa summary should help you choose the spa that's perfect for you. Be sure to call first to book your treatment.*

The only **Aveda Concept Spa** in the Eastern Caribbean is located at Sugar Ridge. This state-of-the-art facility offers a complete range of treatments, a first-class hair salon, a Cybex gym, cabanas, two swimming pools, The Shed for yoga and a studio for aerobics and Pilates.

**The Spa at Curtain Bluff** is distinguished by its intimacy, seclusion and panoramic setting. The five treatment rooms look out over the sea, and after a treatment you can relax in the Jacuzzi on the edge of the cliff and enjoy the views out towards distant Montserrat.

Ultra-stylish **Blue Spa at Carlisle Bay** offers facials and beauty and body treatments using CARA Organic beauty products and holistic therapies. There are six treatment rooms here (including one for couples and a wet room), as well as a sauna, gym, juice bar, and hair and beauty salon.

The **Indulge Spa at Galley Bay Resort & Spa** is a rustic chic multi-level hideaway overlooking a tranquil bird sanctuary lagoon. The treatments are given in open-air pods draped with sheer white curtains, or air-conditioned treatment rooms. After the treatment take time to relax in the spa pool.

The intimate yet unique Indonesian-style **Garden Spa at Hermitage Bay** specialises in Dorissima Colour Rituals. The treatment suite is bathed in gentle coloured lights, while aromatherapy and soft music combine to provide the ultimate spa experience.

**The Spa at Jumby Bay Island** is an elegant experience for physical and spiritual rejuvenation. Guests enjoy an environment unmatched for tranquility, with treatments offered in a calming sea-side haven, or in the comfort of one's luxury suite, villa or private home. Wellness facilities include a fully-equipped gym, relaxation spaces, and regularly scheduled fitness courses throughout the week.

**Tranquility Body & Soul Spas** are located at **St. James's Club & Villas, Pineapple Beach Club** and **The Verandah Resort & Spa**. You can choose from a long list of relaxing and rejuvenating spa and beauty treatments in serene surroundings with furnishings beautifully made with natural elements such as rattan and sea grass.

**The Red Lane® Spa at Sandals Grande Antigua** is where classic European health and beauty rituals are reinterpreted with Caribbean flair. Signature treatments include Red Lane® Nature's Embrace Experience, Caribbean Seaweed Body Treatment and Scents of Love Couples Massage.

**The Spa at Hodges Bay** offers guests a complete holistic experience with a comprehensive range of revitalizing, rejuvenating and relaxing treatments, facilities and services. These include four therapy rooms, Scent Programme, sea salt therapies, Elemental Herbology all natural treatments, juice cleansing, nutrition and healing treatments.

**The Spa at Blue Waters** offers world-renowned 'ila' products, panoramic water views and a relaxing infinity pool. Anything from massages and facials to nurturing rituals and quick fixes are on offer. The Argan oil, Himalayan salt crystals and Demascena rose ingredients of Britain's leading 'Beyond Organic' skincare brand doing all the magic.

**The Powder Room Spa** is next to Boom restaurant at the historic Gunpowder Suites in English Harbour. This petit spa offers its own signature brand of organic luxury products handmade in Antigua. Treatments include Chakra Cleansing/Deep Tissue Massages, full-rejuvenation Organic Facials, Bamboo/Deep Tissue Massages, Indian Head Massages, reflexology and Bio Seaweed Gel manicures.

**David's Hair Salon** David is a specialist in special occasions, whether that means a beautiful up-do for a wedding or a sleek blow-dry for a party. Highlights, Brazilian Keratin treatments, and cuts for both men and women are also available in his salon. David uses high-quality Wella products.

## SPA FINDER

**AVEDA CONCEPT SPA & GYM** Sugar Ridge  
Near Jolly Harbour Tel: (268) 562-7700  
[www.sugarridgeantigua.com](http://www.sugarridgeantigua.com)

**CARLISLE BAY** Old Road  
Tel: (268) 484-0000 [www.carlisle-bay.com](http://www.carlisle-bay.com)

**CURTAIN BLUFF** Old Road  
Tel: (268) 462-8400 [www.curtainbluff.com](http://www.curtainbluff.com)

**DAVID'S HAIR SALON** Friars Hill Road  
Tel: (268) 562-9080 or 736-6061

**GALLEY BAY RESORT & SPA** Five Islands  
Tel: (268) 462-0302  
[www.galleybay.com](http://www.galleybay.com)

**HERMITAGE BAY** Hermitage Bay  
Tel: (268) 562-5500/1205  
[www.hermitagebay.com](http://www.hermitagebay.com)

**HODGES BAY RESORT & SPA** Hodges Bay  
Tel: (268) 484-8000/1/2/3

**JUMBY BAY ISLAND** Long Island  
Tel: (268) 462-6000 [www.jumbybayisland.com](http://www.jumbybayisland.com)

**PINEAPPLE BEACH CLUB** Long Bay  
Tel: (268) 463-2006  
[www.pineapplebeachclub.com](http://www.pineapplebeachclub.com)

**SANDALS GRANDE ANTIGUA** Dickenson Bay  
Tel: (268) 462-0267 [www.sandals.com](http://www.sandals.com)

**ST.JAMES'S CLUB & VILLAS** Mamora Bay  
Tel: (268) 460-5000  
[www.stjamesclubantigua.com](http://www.stjamesclubantigua.com)

**THE POWDER ROOM SPA** English Harbour  
Tel: (268) 788-0149/460-1027  
[www.thepowderroomsantigua.com](http://www.thepowderroomsantigua.com)

**THE SPA AT BLUE WATERS** Blue Waters  
Tel: (268) 462-0290  
[www.bluewaters.net](http://www.bluewaters.net)

**THE VERANDAH RESORT & SPA** Dian Bay  
Tel: (268) 562-6845  
[www.theverandah.com](http://www.theverandah.com)

# DISCOVER ANTIGUA & BARBUDA





# EXPLORE ANTIGUA

**Antigua is not all about white sand beaches and clear turquoise waters! Rent a car or hire a taxi and discover the unique attractions of our island? From scenic drives through rainforests to colourful markets and historic plantations there really is something for everyone ...**

## DEVIL'S BRIDGE

Situated in Indian Town close to The Verandah and Pineapple Beach Club, this is a spectacular natural bridge at the head of Indian Creek with blow-holes and spouting surf. Legend says that if you throw two eggs into the water to boil, the devil (who is said to be down there) would keep one and return the other! Devil's Bridge is certainly an exciting and unexpected sight.



The Antigua and Barbuda Humane Society provides shelter for over 150 donkeys at its Bethesda sanctuary. Here the neglected roaming donkeys find a safe haven and receive food, water, shelter, medical care and love. The Humane Society offers an 'Adopt a Donkey' programme providing visitors with a photo and an adoption certificate. We encourage you to visit Antigua's Donkey Sanctuary, and experience for yourself that there is more to a donkey than you thought! Admission free. Donations are greatly appreciated. Help save Antigua's gentle donkeys!

**Tel: (268) 461-4957 Email: [abhumane@candw.ag](mailto:abhumane@candw.ag)  
[www.antiguananimals.com](http://www.antiguananimals.com)**

## PARHAM

This quaint little historic town was the earliest British settlement in Antigua. A road connects the sleepy town with the main road traversing the island. Parham is notable for its spectacular church, St. Peter's, which was described as "the finest church in the British West Indies". It was built in the 1840s after the original wooden church had been burnt down. It is a beautiful and unusual octagonal shape designed by a famous architect of the time, Thomas Weekes. The church indicates the long-ago importance of Parham.

## MUSEUM OF ANTIGUA & BARBUDA

The oldest building in St. John's, the Georgian style stone Courthouse of 1750, has been the home of The Museum since 1986. Today the Museum interprets the rich history of both islands through interactive displays, and installed exhibits. Discover the history of the Arawaks and Caribs, our earliest settlers. Follow the stories of the pioneers of the first towns, sugar and slavery, emancipation, and post-emancipation Antigua. In the courtyard display is - "Bessie" - the 1917 Simplex WW1 Armour Locomotive, the only one in the world, once used to haul sugarcane. Open Mon - Fri 8:30am to 4pm. Sat 10am to 2pm. Entry fee: EC\$8.00/US\$3.00.

## PUBLIC MARKET

St. John's market provides an extensive covered outlet for the abundance of Caribbean fruit and vegetables. Upstairs are delightful small boutique-style shops specialising in local items to appeal to visitors. The market is easily identified by the imposing sculpture of V.C. Bird, the Founder of the Nation, at the intersection of all roads leading to the market at the edge of St. John's.

Photos: Antigua & Barbuda Tourism Authority/Island Living/@SandyMakesSense





### FORTS OF ANTIGUA

Built by the British to guard against invasion during the 18th century, Antigua's forts are located around the island's indented coastline. Fort James 'protects' St. John's Harbour, with charming local restaurants nestled at the base, notably BeachLimerZ. Fort Barrington overlooks Deep Bay. Fort Berkeley is at Nelson's Dockyard. Walk up to see these immense fortifications, sometimes with original cannons. There are spectacular views of neighbouring islands.

### ST. JOHN'S CATHEDRAL

This imposing building, visible from all around St. John's, was originally constructed in 1683, replaced in 1745 and completely rebuilt of stone in 1843 after an earthquake. The interior is completely cased in pitch-pine and there are interesting memorial stones. Restoration continues.

### SUGAR MILLS

These are dotted around the landscape, mostly in ruins but some with the solid outside structure still intact. By 1705 most of Antigua was planted with sugarcane and 170 mills for crushing cane were built. At that time, each factory could produce 55 tons of sugar a year. Nowadays there are a few carefully restored mills often incorporated into more modern developments such as at Harmony Hall, Galley Bay and Mill Reef, giving a unique feature to each property.

### BETTY'S HOPE

Betty's Hope Estate was granted to Christopher Codrington in 1674, and remained in the family for over 250 years. The ruins are located in the centre of Antigua and evoke the atmosphere of times past. Betty's Hope had a labour force trained as craftsmen. There are twin sugar mill towers and one has been restored.

An Interpretation Centre guides you through the history and life of the estate.  
Open Mon-Sat 9am-3pm. Entrance US\$2.00

### DOW'S HILL INTERPRETATION CENTRE

Built among the ruins in the Nelson's Dockyard National Park, the Centre provides a historic overview of Antigua's past. 'Reflections of the Sun', a multi-media presentation, is a 'journey through the dreamy corridors of six periods of the island's history'.

### SHIRLEY HEIGHTS

After visiting Nelson's Dockyard, ramble around the extensive fortifications, barracks and powder magazines of Shirley Heights. As Mrs. Lanaghan said in 1844 while visiting the area, "Really, this marching and counter-marching beneath a tropical sun is no slight matter..." So relax with a couple of drinks at The Lookout and contemplate the panoramic views. This is the famous venue for the Shirley Heights late Sunday afternoon "party" which continue well into the spectacular sunsets with steel band, flowing drinks and very fast food.

### FIG TREE DRIVE

The best drive in Antigua! Fig is the Antiguan name for bananas, but the road is lined with tropical fruit trees - guavas, mangoes, oranges and coconuts. Fig Tree Drive is the major road branching off the main north/south highway, opposite the pink Catholic Church outside Liberta, north of Falmouth. This area of green rainforest is something like the Garden of Eden. Go slowly until you descend to Old Road, passing Carlisle Bay and into the Curtain Bluff area, glimpsing the pineapple farm.

### SATURDAY FOOD STALLS

Every Saturday small food stalls are dotted along the roadsides with cooked local foods. The Antigua ladies present an array of hot dishes in handy containers - all hygienically prepared. This may be your only chance to taste Antiguan dishes such as conch water, goat water (delicious stews), blood pudding, salt fish and ducana and charcoal grilled chicken and ribs. Plus freshly made local drinks with ginger, passionfruit and coconut water.





# NELSON'S DOCKYARD

**Nelson's Dockyard at English Harbour is our most prized possession and a must-see for any visitor to Antigua and Barbuda. A UNESCO World Heritage Site named after naval admiral Horatio Nelson. The Dockyard and its fortifications are a monument to the past, as well as a magnet for yachting and cultural activities year-round.**

**T**he only continuously working Georgian naval dockyard in the world, Nelson's Dockyard's modern facilities make it a haven for anything from traditional sailboats to ultra-luxurious superyachts. The lovingly restored buildings of the National Park, house charming restaurants, boutiques and inns, as well as the Dockyard Museum, a longstanding favourite with international visitors.

English Harbour was originally established to provide the British Royal Navy with a shipyard where they could keep their vessels in good repair and maintain their ascendancy in the Caribbean against other European powers. It was as far back as 1671 that the Governor of the Leeward Islands first wrote about the harbour's advantages to the Council for Foreign Plantations in London. Christopher Columbus himself never actually moored in Antigua, content to see it from a distance and naming it after the church of Santa Maria de la Antigua in Spain.

Thanks to the location and facilities of Nelson's Dockyard, Antigua was never conquered by any other European powers. Wharves, powder magazines, cisterns and storehouses were constructed, and the British ships could be careened (turned on their sides for repair) and overhauled here, safe from hurricanes. It was also the ideal port to protect the fleet in troubled times, the enclosed harbour of Freeman's Bay almost invisible from the open waters. The narrow entrance to the harbour was protected by Fort Berkeley, constructed on the peninsula above the Dockyard and completed in 1744. The great fortifications of Shirley Heights ensured the invincibility of Antigua. Named

after General Sir Thomas Shirley who arrived on the island in 1781 as Governor. The extensive network of buildings was constructed out of local stone along with brick imported as ballast for the ships coming from England. The military complex includes an obelisk in the cemetery commemorating the officers and men of the 54th Regiment (2nd Battalion Dorsets) who died in service in the West Indies between 1840 and 1851.

England's most famous naval hero, Admiral Horatio Nelson, spent his formative years in Antigua. Arriving at the age of 26 as Senior Captain and Second-in-Command of the Leeward Islands Station, he was in command of the frigate 'Boreas' and headquartered in English Harbour. By the time he left for England and greater glory in 1787, he had married a widow from Nevis, Frances Nesbit.

The National Parks Authority (NPA) is very active in maintaining public awareness of the park's history and heritage. Ongoing archaeological excavations often reveal new relics of its rich multi-cultural and multi-ethnic past.

Clarence House, named after Prince William Henry, the Duke of Clarence, when he was in command of the 'Pegasus' in 1787, is the latest jewel in the park's crown. Regally set on the hillside opposite the Dockyard, this Georgian-era residence has now been restored to its former glory. Visitors will be able to relive the elegance of an 18th century mansion that has played host to dignitaries and royalty for 200 years. *continued on page 56*

*Experience it!*

# NELSON'S DOCKYARD NATIONAL PARK



A UNESCO WORLD HERITAGE SITE

**The only working Original Georgian Dockyard in the World**

**Restored 18<sup>th</sup> century Naval Buildings & Military Fortifications**

**First Class Multimedia Sound & Light Show**

**Museums, Beaches, Trails, Restaurants and much more.**

**Park Opens 7 days | 9 am - 6 pm**

**US \$8 all-inclusive entrance fee includes access to  
Shirley Heights, The Dow's Hill Historical Centre  
and Nelson's Dockyard.**



**Tel: (268) 481-5021 / 5041 • Fax: (268) 481-5030**

**Email: [info@nationalparksantigua.com](mailto:info@nationalparksantigua.com)**

**[www.nationalparksantigua.com](http://www.nationalparksantigua.com)**



Her Royal Highness, Princess Margaret, actually honeymooned at Clarence House.

Nelson's Dockyard National Park offers a wealth of unique and exciting opportunities for all its visitors. You can experience its natural beauty by hiking one of its panoramic and well-maintained nature trails. Learn about its past by watching a 15-minute multimedia presentation at the Dow's Hill Interpretation Centre, and although you're welcome to explore the Dockyard at your leisure, guided tours are also readily available and included in your entrance fee. The Victorian-style Dockyard Museum (open daily from 9am to 5pm)

is a cool and pleasant building showcasing many interesting artefacts from bygone years. It was once erroneously known as the Admiral's House, but Nelson never lived ashore while in Antigua.

The Dockyard also plays host to several special events throughout the year, including the famous Antigua Sailing Week, Antigua Classic Yacht Regatta and RORC Caribbean 600. Charming boutiques sell everything from jewellery to resort wear. Island Secret is well worth visiting for its high-quality local products and unusual gift ideas.

There are also some unique restaurants in the area. Superb waterfront dining is on offer at the legendary Admiral's Inn and the Copper & Lumber Store Historic Inn. If you're in the mood for French cuisine, a water taxi will whisk you across the harbour to La Brasserie at Antigua Slipway.

Shirley Heights Lookout is the place to be on Sunday afternoon. Perched almost 500-feet above Nelson's Dockyard with 360-degree views over Falmouth and English Harbours, this legendary party venue offers a barbecue, steelband, calypso and reggae music, as well as the most spectacular views of the sun setting over Nelson's Dockyard.

**ADMIRAL'S INN & GUNPOWDER SUITES**

**PILLARS RESTAURANT**  
**+1 268 460 1027**



Photos: courtesy National Parks

# BECOME A GLOBAL PHYSICIAN

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## Dr. Samantha Thomas

Since AUA's founding in 2004, several Antiguan citizens have been named valedictorians of their respective graduating classes - such as Samantha Thomas, MD, who earned this distinction in 2014. Now, she's a surgery resident at St. Agnes Hospital in Baltimore, MD.

Apply to AUA and fulfill your dream of becoming a physician.



COLLEGE OF MEDICINE

[WWW.AUAMED.ORG](http://WWW.AUAMED.ORG)



# Beautiful BARBUDA

**'Beautiful Barbuda' Antigua's little sister island, rises low on the sea 27 miles to the north of Antigua. This coral-fringed island has long been famous for its crystalline waters, unique frigate bird sanctuary, vast deserted pink sand beach and tranquility. All of these natural wonders are remarkable.**

## GETTING TO BARBUDA

**BARBUDA EXPRESS** ferry departs daily from the bottom of Long Street, St. John's. Check-in 8:30am. Returning approximately at 5pm. Licensed by the Antigua & Barbuda Marine Safety Authority and US Coastguard. Drinks can be bought on board during the 90-minute trip. Day tours available.

**Tel: (268) 560-7989/764-2291**

**Email: [info@barbudaexpress.com](mailto:info@barbudaexpress.com)**

**TROPICAL ADVENTURES** offer a 'Barbuda for the Day' tour that includes a 90-minute trip on the Excellence power catamaran, lunch, open bar and two beach stops.

**Tel: (268) 480-1225**

**[www.tropicalad.com](http://www.tropicalad.com)**

**ABM AIR/SVG AIR & BARBUDA AIR** fly daily to Barbuda; two flights a day - 7:15am and 4pm from the V.C. Bird International Airport. It is just a short 18 minute flight.

**Tel: (268) 562-7183/8033/728-2712**

**or 484-1324/1416**

**B**arbuda is easily accessible by the daily service of the Barbuda Express ferry, which also offers interesting tours of the island. If you prefer an organised day tour, 'Tropical Adventures' will whisk you there by power catamaran, treating you to an alfresco lunch. 'Adventure Antigua' offer private boat charters with the focus upon back-to-nature activities like snorkelling, beachcombing, bird watching and cave exploration. Much to the delight of passengers on any of these boat trips, the journey is regularly accompanied by dolphins, and even humpback whales between the months of February and May.

Prefer to linger on this idyllic island a little longer? Barbuda Belle is a luxurious boutique hotel with six rustic yet ritzy bungalows, a gourmet seafood restaurant and a spectacular beach. Or maybe you prefer simpler lodgings like Gerald's Guest House tucked away in the capital Codrington. You can even spend a night under the stars at the full-service Frangipani Glamping and Guest House, the accommodation ranging from one-person pop-ups to eight-person tents.

Local restaurants open for business include Timbuk One, Wanda Grill, ArtCafe and Uncle Roddy's Beach Bar and Grill. Freshly-caught seafood, including lobster, feature predominantly on the menus, venison and wild boar also available in season.

Formed from coralline limestone, Barbuda is just 62 square-miles in size. It is much flatter than Antigua with a maximum altitude of 40 metres and an average elevation of 4 metres above sea level.

A central feature of the island is the famous Codrington Lagoon National Park, a unique component of Barbuda's ecosystem and of national, economic and cultural importance. Since the last hurricane, Mother Nature has continued to work her magic on the damaged mangroves, helped in no small way by the Mangrove Plant Restoration Project funded by Team Antigua Atlantic Rowers.

Indeed, the lagoon is renowned for supporting one of the world's largest colonies of frigate birds (*Fregata magnificens*). The birds are returning too and continue to flourish happily even though they have become a prized tourist attraction. The male frigate birds are particularly spectacular during the mating season, their wingspan nearly 3 metres and their scarlet throat sacs blown up to the size of balloons in order to attract their mates. The fluffy, young chicks are clearly visible to visitors, their ever-open beaks stuffed with delicious fish by their swooping parents.

In abundance, are other species of birds that thrive here including the West Indian whistling ducks, brown pelicans, tropical mockingbirds, warblers, snipes, ibis, herons, kingfishers, oystercatchers and cormorants. Little wonder the park is considered a bird watchers' paradise and authorised bird watching trips are organised through the park's office. (Tel: (268) 460-0217 Email: nationalparksbarbuda@gmail.com).

Other wildlife that calls Barbuda home include wild boars, red-footed tortoises and various species of sea turtle. The elusive fallow deer is emblematic on the nation's coat-of-arms.

Offshore there are as many as 73 charted shipwrecks, as well as coral reefs for snorkelling and scuba-diving in water as clear as glass. Deep-sea fishing and fly-fishing excursions can be arranged, with foot trails, island treks and camping trips also available. Interesting natural sites include Indian Cave, Darby's Cave and the idyllic Spanish Point.

If you're interested in the island's past, a trip to Highland House, the historically important ruins of the Codrington estate, is well worthwhile. You might also like to visit the Martello tower and fort on the south coast. This imposing fortress was not only used for defence but also as a vantage point from which to spot valuable shipwrecks on the outlying reefs.

Barbuda's Caribana cultural festival is celebrated annually between May and June and is a colourful, fun event.

So, there you have it, Barbuda has something for everyone – unique natural beauty, a peaceful way of life and a history that's as interesting as its wildlife. Chances are your once-in-a-lifetime trip will soon be followed by a second!

See [www.visitantiguabarbuda.com](http://www.visitantiguabarbuda.com) or contact your nearest Antigua & Barbuda Tourist Office - page 2.

## WHERE TO STAY & DINE

### BARBUDA BELLE

Luxury boutique hotel of 6 beachfront bungalows  
Tel: (268) 783-4779  
Email: [info@barbudabelle.com](mailto:info@barbudabelle.com)  
[www.barbudabelle.com](http://www.barbudabelle.com)

### BARBUDA COTTAGES

Eco-friendly beachfront rental cottages  
Tel: (268) 722-3050  
Email: [info@barbudacottages.com](mailto:info@barbudacottages.com)  
[www.barbudacottages.com](http://www.barbudacottages.com)

### GERALDS GUEST HOUSE

Tel: (268) 726-0271  
Email: [shortnaky@hotmail.com](mailto:shortnaky@hotmail.com)

### FRANGIPANI GLAMPING & GUEST HOUSE

Guest House and Atlantic Coast Camp site  
Tel: (268) 734-1410/776 5137  
Email: [frangipanibarbuda@gmail.com](mailto:frangipanibarbuda@gmail.com)

### RESTAURANTS & BARS:

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# TROPICAL ADVENTURES ANTIGUA



## Land Tours

Fun, adventure and exploration with 4x4 off-road **Land Tour** adventures for the entire family:

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- Island Safari Adventure
- Safari & Half Moon Bay
- Island Safari Gold

## Sea Tours

Ride the waves with off-shore coastal adventures on our **Sea Tours**:

- Excellence Circumnavigation & Barbuda Tours
- Mystic Sail and Snorkel
- Mystic Sunset Cruise
- Mystic Lobster Lunch



Located: Lower Redcliffe Street, St. John's, Antigua  
Phone: +1 (268) 480-1225  
E-mail: [reservations@tropadantigua.com](mailto:reservations@tropadantigua.com)

Tropical Adventures offers tours that are fun and exciting for families of all ages. Enjoy our range of sightseeing tours of Antigua & Barbuda. Experience a Caribbean lunch on our amazing beaches, try our land-based Island Safari jeep tours, or Eco-kayak through the mangroves, explore underwater life snorkeling our reefs, visit secluded island beaches, take a day sail on the Mystic Catamaran or a guided side trip to swim with stingrays. Alternatively, circumnavigate Antigua or cruise to beautiful Barbuda aboard Excellence Catamaran. We welcome group and party bookings for private events.

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SAFARI**  
ANTIGUA

**ISLAND  
SAFARI**  
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Double-the-fun - enjoy two tours in one package with our **Land & Sea Tours:**

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# ACTION & ADVENTURE

In Antigua there's nothing better than soaking up the sun and rum punch! However, the island has a great deal more to offer, memorable and exciting adventures available on both land and at sea. Over the next few pages we highlight some of the best ways of experiencing the natural attractions.

## ISLAND SAFARI - DISCOVERY TOUR

Discover Antigua's rich history on the Island Safari Discovery tour. You go off-road through the lush and rugged area of Body Pond on the way to Nelson's Dockyard, Shirley's Heights and Block House Look-out. Explore and have lunch at Betty's Hope plantation before a photo stop at stunning Devil's Bridge. A relaxing swim at Long Bay is a cooling finale after such an interesting and exciting tour.

## ISLAND SAFARI GOLD SUV

This unique tour offers the best of Antigua in air-conditioned comfort aboard the SUV Gold luxury vehicle. This extensive sightseeing tour lasts six hours and visits all the major sites of interest to visitors, accompanied by a knowledgeable tour guide who entertains and enlightens guests on Antigua's past and present. Lunch on the west coast and refreshments are included with opportunities for off-road viewing and beach relaxation in maximum cool comfort.

## ISLAND SAFARI-ECO KAYAK

Enjoy the best of both worlds! After your Island Safari expedition and a Caribbean-style lunch it's time to explore by kayak the wonders of the North Sound National Park. Visit beautiful Great Bird Island for snorkelling over live reefs and relaxation time on the beach.

## DISCOVER BARBUDA & ANTIGUA THE EXCELLENCE WAY

The elegant Excellence is Antigua's premier 5 star power catamaran. Come aboard this exciting vessel for a cruise like no other. Choose between two exciting trips:

**DISCOVER BARBUDA** - The Barbuda for the Day Tour with Tropical Adventures includes a 90-minute trip to the island on the Excellence power catamaran, with lunch, open bar and beach stop.

**CIRCUMNAVIGATION** - explore the amazing coastline of Antigua with this round-the-island journey. Stop at Green Island for snorkelling and lunch, and then experience a unique view of Nelson's Dockyard and English Harbour from the sea.

To book any of these exciting tours please contact **TROPICAL ADVENTURES**  
Tel: (268) 480-1225 Email: [reservations@tropadantigua.com](mailto:reservations@tropadantigua.com) [www.tropicalad.com](http://www.tropicalad.com)

## ANTIGUA'S SPORTS COMPLEXES

**ANTIGUA ATHLETIC CLUB** near V.C. Bird International Airport is a 3,800 sq.ft. health club offering a gym, 25m pool and exercise classes.  
Tel: 460-2582/562-7285

**JOLLY HARBOUR SPORTS CENTRE** has 4 floodlit tennis courts, swimming pool, squash court, basketball court and a Sports Bar with TVs. Tel: 462-3085/7771

**THE TEMO SPORTS COMPLEX** at Falmouth Harbour near Antigua Yacht Club. Floodlit synthetic grass tennis courts and 2 squash courts.  
Tel: 460-1781/463-6376

**SWIM WITH STINGRAYS!****STINGRAY CITY****Tel: (268) 562-7297**

A short boat ride takes you to Stingray City, where you can pet and feed Southern Stingrays in their natural environment. You will learn all about these amazing creatures from your experienced guides and snorkel on colourful coral reef. The calm, clear, shallow water makes this easy and fun for everybody! Stingray City received a 'Certificate of Excellence 2018' from TripAdvisor.

**KAYAK TOURS****Tel: (268) 562-7297**

Embark on a fantastic kayak and snorkelling expedition to experience the magic and beauty of Antigua's tropical ecosystem. Your adventure includes kayaks, mysterious mangroves, coral reefs, tropical fish, uninhabited islands, white sand beaches, banana bread, and rum and fruit punch during a 2½ hour unforgettable tour. Wear your swimsuit, and bring a towel and your camera.

*Swim with Stingrays!*  
No Experience Necessary

For reservations Call: (268) 562-7297 [www.stingraycityantigua.com](http://www.stingraycityantigua.com)



Leaving from the village of Seaton's.

The short boat ride on calm protected waters through scenic islands on the north side of Antigua, will take you to Stingray City.

Here you will be able to pet and feed friendly Southern Stingrays in their natural environment.

You will learn all about these amazing animals from your experienced Guide.

Snorkel on pristine coral reefs with colorful fish life.

The calm, clear, shallow water makes this easy and fun for everyone!

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**KITESURF ANTIGUA** Jabberwock Beach

Tel: (268) 720-5483

[www.kitesufantigua.com](http://www.kitesufantigua.com)

Kitesurfing combines the freedom of windsurfing or sailing with the exhilaration of wakeboarding and other freestyle boards sports. There are different levels of kite surfing from beginning to advanced and Antigua offers conditions for all these on the beautiful Jabberwock Beach.

**DEEP SEA FISHING**

**Overdraft**

Tel: (268) 720-4954/463-3112

Experience the excitement of fishing for marlin, tuna, kingfish, wahoo, barracuda and even shark in the Atlantic fishing grounds of Antigua. The popular charter boat Overdraft, will have you and your family 'hooked' by the end of your trip.'

**PARADISE BOAT SALES, RENTALS & CHARTER**

Tel: (268) 462-5760/460-7125

Antigua's premier marine full-service dealership features the world's best brands including Mercury Marine, SeaRay and Boston Whaler. Boat rentals and charters include bare boat rentals up to 21ft and for those preferring to sit back and relax, there are captained power boats from 21ft to 46ft. The fully-stocked store offers marine engine parts, safety gear, fibreglass products, accessories and hardware. Auto leasing, golf cart sales and leasing, bicycle sales and rentals are also available.

**INDIGO DIVERS**

**Jolly Harbour**

Tel: (268) 562-3483

Email: [info@indigo-divers](mailto:info@indigo-divers)

[www.indigo-divers.com](http://www.indigo-divers.com)

Indigo Divers is owned and managed by a group of PADI Scuba Diving professionals with years of international experience. They love diving and have a common goal - to provide visitors with a world-class, safe and enjoyable experience whilst exploring the wonders of the underwater realm. They pick up from Jolly Harbour and surrounding hotels, and dive the sheltered west and south coasts, including Cades Reef. The reef offers great dive opportunities for the novice and for the experienced diver. Most dive sites are about 20-minutes away. PADI courses, special packages and night dives are all available.

**indigo Divers**  
Antigua

indigo Divers  
Antigua  
Diving in Paradise

**indigo Divers**

(268) 562-3483  
[info@indigo-divers](mailto:info@indigo-divers)  
[indigo-divers.com](http://indigo-divers.com)

**PADI**  
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**ANTIGUA ATHLETIC CLUB & VITALITY CAFÉ**

**Coolidge,**  
**near V.C. Bird International Airport**  
**Tel: (268) 562-7285**  
**Email: [antiguaathleticclub1@gmail.com](mailto:antiguaathleticclub1@gmail.com)**  
 Antigua's premier fitness facility has two Maplewood exercise classrooms and a spacious 3800 sq. ft. air-conditioned gym with state of the art equipment. Daily classes include spinning, yoga, Pilates, kick boxing and fit4life. Enjoy the 25 metre swimming pool, Aquafit classes, spacious changing rooms, showers and lockers which are available for all visitors. A day pass for only US\$20 gives access to all facilities. The Vitality Cafe serves delicious meals and healthy shakes and smoothies. The Athletic Club is only five minutes walk from the airport.

**NICOLE'S TABLE**

**Cedar Valley**  
**Tel: (268) 764-8362/66**  
**Email: [Reservations@NicolesTable.com](mailto:Reservations@NicolesTable.com)**  
**[www.NicolesTable.com](http://www.NicolesTable.com)**  
 Learn how to cook with Caribbean flair! Nicole's Table offers local cooking classes in an eco-friendly home overlooking the Caribbean Sea. The 3 to 4-hour classes are small and hands-on, featuring lots of local ingredients, island flavours and Caribbean stories! Class titles include Cooking with Rum; Coordinating Curries; From the Sea; and All About Jerk. Eat, drink, have fun and meet new friends while savouring the delicious island views. Rated 5/5 on TripAdvisor with 4 Certificates of Excellence (2015-2018).

**SALTY DOGS ADVENTURES**

**Redcliffe Quay, St John's**  
**Tel: (268) 562-8341**  
**Email: [saltydogsrentals@gmail.com](mailto:saltydogsrentals@gmail.com)**  
**[www.saltydogsrentals.com](http://www.saltydogsrentals.com)**  
 Be an explorer in a 2-seater off-road, automatic buggy, with friendly and informative guides leading the way. The route starts at Redcliffe Quay in St John's and heads out of town on rural dirt tracks to scenic Body Pond. Savour unique sights, sounds and tastes as you drive along the trails of the island's only tropical rainforest to Fig Tree Drive. Enjoy stunning views of Antigua and have some off-road fun!

**ANTIGUA RAINFOREST ZIPLINE TOURS**

**Tel: (268) 562-6363**  
**[www.antiguarainforest.com](http://www.antiguarainforest.com)**  
 Experience the thrill of zipping through a tropical jungle on this award-winning eco-tour. Located on Fig Tree Drive right in the heart of our lush rainforest, this adrenaline-fuelled adventure certainly gives you a different perspective on Antigua. ACCT certified Rangers and state-of-the-art equipment ensure your safety as you whiz along ziplines 300-feet above the ground.

Gift shop, drinks and snacks available.  
 Open 9am to 2pm Tuesday to Saturday.  
 Booking recommended.

antiguaathleticclub1@gmail.com'."/&gt;

saltydogsrentals@gmail.com', '[saltydogsrentals.com](http://saltydogsrentals.com)', and 'Redcliffe Quay, St. John's'."/>



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@antiguacharter

**ADVENTURE ANTIGUA**

Tel: (268) 726-6355  
[www.adventureantigua.com](http://www.adventureantigua.com)

Adventurous yet educational, this locally-owned and operated boat company prides itself on taking visitors off the beaten track. Their carefully-created boat trips and snorkelling tours not only invite you to explore Antigua's secluded bays and small islands, but also to learn about the island's history, birdlife and pristine eco-system.

**EMERALD ISLE TOURS (MONTSERRAT)** by Jenny

Tel: (268) 722-8188/9092  
Email: [jennytours@outlook.com](mailto:jennytours@outlook.com)/[jennyvb@hotmail.com](mailto:jennyvb@hotmail.com)  
[www.jennytours.webs.com](http://www.jennytours.webs.com)

Jenny Tours offers day tour services to Montserrat via ferry and plane from Antigua. The package includes ferry/air return fares, a guided tour and lunch. Other interesting activities which can be arranged include hiking, birdwatching and a boat tour to Plymouth to see the devastated capital, truly an astonishing sight. Jenny Tours can also arrange short or long term stayover visits at hotels, villas, guest houses or apartments.

**Tours available Wednesday, Friday and Sundays.  
Check-in 7:30am at Brysons Pier, Heritage Quay.**

**MONTSERRAT ADVENTURE**

A visit to the neighbouring island of Montserrat will give you memories to last a lifetime. It is accessible either by a 15-minute flight with Caribbean Helicopters or a 2-hour ferry ride from St. John's. Jenny Day Tours organises great expeditions.

Now famous for its volcanic activities, Montserrat presents a landscape almost beyond imagination. You'll get a glimpse of all that remains of Plymouth, the island's once beautiful historic capital, now destroyed by the volcano.

The few remaining Montserrattians have shown their stalwart spirit with organised unique festival and events during the year. The Montserrat National Trust is also very active. Before the volcano, Montserrat was known as 'the other Emerald Isle' because it was so green and it still celebrates St. Patrick's Festival (mid-March).

Enjoy 9 world-class hiking trails and you might spot one of the 34 species of birds that inhabit the island. Explore Montserrat's aquatic life by hiring a boat or kayak. Little Bay in the north offers safe anchorage for yachts.

While in Antigua try to find time for the experience of a lifetime by visiting Montserrat.

**Visit [www.visitmontserrat.com](http://www.visitmontserrat.com)**

## GOLF IN ANTIGUA

Antigua has two 18-hole courses, one on the west coast and a championship course located just north of St. John's.

### CEDAR VALLEY GOLF CLUB

Cedar Valley Golf Club is an 18-hole championship course located just 3-miles from St. John's. This par 70, 6,157 yard course lies amidst mature tropical trees, the distant views of the Caribbean Sea contributing to player satisfaction. It accommodates golfers of all skills, resident professionals and a 300-yard driving range also available. General facilities include a clubhouse lounge and a pro shop selling golf equipment and logo items.

**Tel: (268) 462-0161**

**Email: cedarvalleyg@candw.ag**

**www.cedarvalleygolf.ag**

### JOLLY HARBOUR GOLF CLUB

Jolly Harbour Golf Club is an established par 71, 5,587-yard 18-hole golf course lying adjacent to the Jolly Harbour Marina. Designed by leading golf course architect Karl Litton of Florida and set in lush tropical parkland, easterly breezes cool the fairways sculpted into the green, hilly landscape. The clubhouse has showers and a locker room.

**Tel: (268) 562-6951**

**Email: golf@jollyharbourantigua.com**



## ANTIGUA BARBUDA OPEN GOLF CHAMPIONSHIPS 2020

**Cedar Valley Golf Club, Antigua**

**21 - 23 FEBRUARY 2020**

100 golfers anticipated from the Caribbean, USA, UK, Europe and Scandinavia. Championship, Men, Women, Seniors and Super-seniors events.

Further information and entry forms available from Avery Jonas, Tournament Director

**Tel: (268) 464-5061**

**Email: averydavidjonas@gmail.com**

**www.golfantigua.com**

## Cedar Valley Golf Club Antigua W.I.

*Located just minutes from the airport, the north coast resorts and the cruise terminal in St John's, the Cedar Valley Golf Club is a magnificent 18 hole course set amidst tropical trees and with ocean views.*

*We welcome players of all abilities and are especially pleased to greet visiting cruise ship passengers as well as tourists and visiting businessmen.*

*Come and try our challenging course, the next time you are in Antigua.*

- 18 hole championship course
  - 6,157 yards par 70
- Clubhouse, bar and restaurant
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**E-mail: cedarvalleyg@candw.ag**

**www.cedarvalleygolf.ag**

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# Sail Away FOR THE DAY

Take an exhilarating - relaxing - day trip at sea or evening sunset cruise. Sailing Antigua's pristine turquoise waters is an experience forever remembered. Antigua's fleet of first class catamarans and yachts offer a variety of different excursions. There are anchoring stops at beautiful beaches, unique offshore islands and colourful reefs, including well-known Cades Reef to see tropical fish. Alfresco buffet lunches and an endless supply of drinks are all part of the day out.

## WADADLI CATS

Tel: (268) 462-4792

One of Antigua's longest established sailing companies, the Wadadli Cats fleet of catamarans includes the 66ft. 'Spirit of Antigua'. This state-of-the-art vessel offers fast and exhilarating sailing speeds, as well as three different cruises. Choose between Bird Island, Cades Reef and the Circumnavigation of Antigua, the latter including lunch at Green Island.

## EXCELLENCE POWER CATAMARAN

Tel: (268) 480-1225

The 86ft. Excellence power catamaran offers tours to our sister island of Barbuda. The 6-hour trip includes swimming, beachcombing, lunch and an open bar. Or why not take a Circumnavigation Cruise right round the coast of Antigua? You'll sail past sites like Devil's Bridge, the Pillars of Hercules and Bird Island, snorkelling, lunch and an open bar also included.

## MYSTIC CATAMARAN CRUISE Tel: (268) 480-1225

Mystic's fleet of large sailing catamarans will whisk you away with the island breezes for an unforgettable day in the sun. Choose between three tours: the award-winning Lobster Lunch cruise; the Cades Reef Sail & Snorkel cruise to Antigua's largest reef formation; or the shorter and more romantic two and a half hour Sunset Cruise. Each one is a great sightseeing experience with food and an open bar included.

*Happy Sailing!*



Photos: Top - Joseph Jones, Bottom - Elite Island Resorts

# WADADLI CATS

28 years of sailing fast and living slow!

Set sail with Wadadli Cats and you'll remember the day forever. Choose between three exciting cruises showcasing anything from Antigua's crystal clear bays and uninhabited islands to its fish-stocked reefs just perfect for snorkelling. Your cruise will also include great music and fun company, and it couldn't be easier to get on board as you'll be picked up right on the beach from one of the island's main hotels.

Wadadli Cats offer 5 well-established catamarans, the 66-foot 'Spirit of Antigua' a state-of-the-art vessel that guarantees the fastest and most exhilarating sailing speeds available in Antigua. Such speedy cruising means that you'll not only have access to the best beaches and snorkelling sites, but you'll also have plenty of time to relax over your Caribbean-style buffet lunch. An open bar, snorkelling gear, convenient stem ladders and freshwater showers are all part of the deal too, deck awnings and spacious roofed areas also available to provide you with plenty of shade.

And, of course, if you're looking for a special way to celebrate a birthday, anniversary or wedding, don't forget to consider one of the company's private charters. So come on, get into the 'Spirit of Antigua' and sail away with Wadadli Cats!

Choose from 3 cruises ...

## CIRCUMNAVIGATION OF ANTIGUA

There's no better boat than the 'Spirit of Antigua' for this 60-mile trip. Your day includes exciting open ocean sailing along the north coast, as well as snorkelling and lunch at Green Island. In the afternoon you take a leisurely sail past English Harbour before returning to your departure point.

## CADES REEF CRUISE

Cruise along the calm leeward coast past Pelican Island to Antigua's most impressive barrier reef. Anchor in shallow waters at this snorkellers' paradise stretching for an amazing two miles.

## BIRD ISLAND

Enjoy a gentle cruise to this uninhabitable little island designated a national park. These reef bound waters are perfect for children and the beginner snorkeller or for simply enjoying a swim in the protected bay.

*Private day and sunset cruises can also be arranged for anniversaries, birthdays, weddings and corporate events*

[www.wadadlicats.com](http://www.wadadlicats.com) Call: (268) 462 4792  
Email: [wadadlicats@candw.ag](mailto:wadadlicats@candw.ag)

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# A PIECE OF *Paradise*



**Why not really make yourselves at home in Antigua? Purchasing, renting or even building a second home on the island remains as popular as ever, and there's an increasingly wide choice of villas, apartments and real estate options to consider ...**

Many visitors to Antigua fall in love with the island and dream of having a second home in the sun. Yet an overseas property can also be a first-class investment opportunity with many homes rented out on both a short and long-term basis. So, whether you're buying Antiguan real estate for rental, residential, retirement or investment purposes, you'll be joining an ever-increasing band of expatriates who simply find the idea too good to resist.

Antigua offers an enviable lifestyle of sun, sea and sand. The economy is driven by tourism and our 100,000 permanent residents are an interesting mix of people from all over the world and other Caribbean islands. Another added incentive for many purchasers is that Antigua passports may be obtained through the Citizenship Investment Programme (CIP) introduced to qualified properties.

Nowadays most property buyers are internet savvy and arrive in Antigua having already narrowed down their options. Before getting here you should also contact a professional estate agent affiliated to ABRA, the Antigua Barbuda Association of Realtors. These companies generally have access to all property listings and will provide you with the most up-to-date market conditions.

Many Antiguan who currently live overseas are now choosing to buy on the island. The benefits are obvious, as not only do they have sunny retirements to look forward to, but their properties can also generate decent incomes for them while they are away.

All over Antigua a wealth of real estate options is on offer including apartments, condos, villas, pre-owned homes and residential land. Location is, of course, vital and will have a great impact on your own enjoyment, as well as on your property's re-sale value.

Many overseas visitors choose to settle in areas like English Harbour in the south or Jolly Harbour in the west – both enjoy friendly communities and first-class infrastructures, as well as a relaxed, nautical atmosphere. Crosbies and Hodges Bay are exclusive residential districts along the north coast, Cedar Valley and aptly-named Paradise View with sunset views are also convenient for St. John's. For those wanting to get away from it all there are tranquil spots such as Brown's Bay and Nonsuch Bay. Some are even tucked away in gated communities or hotel developments like St. James's Club, Verandah Estates and Jumby Bay Island. Most with easy access to general amenities such as shops, watersports, tennis courts and swimming pools. Of course exclusive properties are expensive and highly sought after.

If you prefer to purchase a piece of land and custom build your own home here, there are many island-based architects and contractors who will be delighted to help you with the design and construction. Antigua's highly-experienced architects, builders and contractors generally handle all building systems, but are especially adept at concrete blocks and wood construction. Materials, windows, doors, cabinets, fixtures and furnishings are readily available on island or can be imported specifically for your project.

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# Sugar Ridge

This boutique hotel with luxury homes is located on a lush hillside with stunning views over the Caribbean Sea. The exceptional leisure facilities include an Aveda Concept spa, Cybex gym, The Shed yoga pavilion, fitness studio, three pools, sundecks and chill-out areas, and some of the best beaches in Antigua are close by. There are two restaurants - Carmichael's hilltop fine dining venue, and the fashionable Sugar Club - both of which enjoy top reputations for excellence, while the bar is the place to 'lime' at the weekends.

The hotel opened in 2009 and the focus is now upon building homes. By building spec homes all the uncertainty is taken away. You can acquire a skillfully finished house with all the facilities and fun of Antigua's hippest hotel right on-site, a concept that is proving very popular with buyers.

The standard homes are of classic Caribbean design with wood shingle roofs, copper gutters, travertine tiles and beautiful finishes throughout. The glass sliding pocket doors maximise the views and sense of space, and the high ceilings and louvered windows take advantage of the cooling breezes. Infinity pools, perfect for enjoying a cocktail while the sun goes down, are standard finishing touches.



Sugar Ridge continues the process of designing more homes for construction and sale. The standard homes are popular for their design, quality and value, and are available in different price brackets. And you can still build your own dream home on any of the other available plots. Investors will be interested to know that full villa management is available through the hotel rental pool, and that Sugar Ridge is zoned in the Citizenship by Investment Programme.

[www.sugarridgehomes.com](http://www.sugarridgehomes.com)

**Sugar Ridge Homes**  
ANTIGUA WEST INDIES



Classic Caribbean Hillside Homes with Ocean Views, Private Pools, Stunning Interiors.

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**SCOTT LIVING**

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**Living Spaces**  
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 & More

Antigua is also attracting entrepreneurs keen to develop ancillary businesses such as landscaping, electrics, pool services and plumbing. A particularly good example is H2ONE Ltd. This dynamic, young plumbing installation company has quickly earned itself a reputation for high-class installation, competitive prices, and excellent customer service. Their employees not only trained and worked in Germany, but also have several years' experience installing luxury bathrooms.

H2ONE Ltd. are the official Caribbean re-sellers of premium Geberit and Hansgrohe products and systems, and you can view the full range of their products at their new showroom at Bay Gardens in Hodges Bay.

Of course, you don't actually have to buy to enjoy all the benefits of a private hideaway in Antigua. The island has an abundance of luxury villas available for rental, many of them surprisingly cost effective for families or groups of friends. Most of them feature their own swimming pools, and some even have their own boat docks or, in some cases, their own 'private' beaches. Their dedicated staff will be happy to take away all the domestic responsibilities while you enjoy your tropical home-away-from-home.

There are several well-established and reputable real estate companies dealing with international property purchases, construction and property management. Offering a complete package of real estate services, Sea View Heights handles everything from property management and quality villa rentals to the sale of prestigious villas and waterside plots. They can also assist with the construction of luxurious villas and residential developments thanks to their partnership with New System Ltd. This offers you a complete package of real estate services.

Majestic Realty live up to their impressive name, their team of real estate experts able to answer all your questions and concerns. The company is also affiliated with a reputable law firm whose expertise spans a wide range of areas including conveyancing, corporate and commercial law, trademarks and patents and ship registration. Their litigation and international financial services include the incorporation of international business corporations, international banks, trusts, and insurance. With such a wide variety of legal knowledge and experience, Majestic Realty can be relied upon to make the most complex transaction go smoothly.  
**continued on page 74**

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Island Living Antigua also promotes the best Antigua and Barbuda has to offer, its extensive range of residential and commercial properties available for purchase, sale and rental. Their portfolio includes townhouses, brand new and existing villas, as well as resort-style waterfront and beachfront properties. Their excellent service also includes residential property management, and they will take care of your home while you are away.

Well-known Remax Antigua have been established here for over 20 years. Located in Jolly Harbour, they use their wealth of local knowledge to advise on everything from the sale of luxury homes and beachfront land to appraisals and management.

**THE LEGALITIES OF PURCHASING A PIECE OF PARADISE**

When purchasing real estate in Antigua, you'll need to retain the services of a lawyer. Legal costs range from 1% to 2% depending upon the purchase price. You'll also need to apply for a Non-Citizen's Licence which is generally 5% of the purchase price and can take up to four months to be processed. In addition to this, a payment of 2.5% government transfer fee is required.

**INSURING YOUR PROPERTY**

Antigua's insurance business has developed to meet the increased demand for purchasing real estate on the island. A wide variety of dependable and well-established insurance companies can be found here, giving you peace of mind when it comes to buying your own property.

Antigua is home to Anjo Insurances, agents for Massy United Insurance. Established in Antigua since 1928, Anjo has been providing excellent customer service and fair claims settlements for decades. This company has a well-deserved reputation for dealing quickly and efficiently with insurance matters. As agents for Massy United Insurance, their A.M. Best international rating of A-Excellent reaffirms the company's financial strength. Anjo has three branches conveniently spread across the island at Woods Centre, Jolly Harbour and Falmouth Harbour.

*continued on page 76*



**Anjo Insurances**  
Woods Centre, P.O. Box 104, St. John's, Antigua  
Tel: 268 480-3050 or Email: [anjo\\_ins@candw.ag](mailto:anjo_ins@candw.ag)

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Photo: courtesy Jumby Bay Island



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ANTIGUA - WEST INDIES



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Set on a sunset-facing bluff on Antigua's glorious west coast between Darkwood and Ffryes, two of the island's most beautiful beaches, Tamarind Hills takes luxury to new heights. With a mix of oceanfront and beachfront properties, every villa at Tamarind Hills offers you a unique view. With contemporary fixtures and furniture including Italian kitchens and hardwood floors, this investment property offers everything you need in luxury property.

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**SHOPPING FOR YOUR VILLA**

When it comes to transforming your dream house into your dream home, Antigua has a wide variety of excellent stores able to provide most of the furniture and soft furnishings you require. While you may be thinking of importing many of these items, you should certainly explore Antigua's outlets. Not only are these products readily available, but you also have immediate recourse to the store if anything should go wrong.

Townhouse Megastore near St. John's is Antigua's 'superstore', and where to head for brand name furniture, appliances, electronic equipment, household items, tools and a good range of spare parts.

Gigi is a modern and spacious emporium on Factory Road just outside St. John's. It offers a wide selection of brand name indoor and outdoor furniture, as well as



Photo: courtesy Sea View Heights

decorative home accessories. The staff are helpful, and there's ample parking space, as well as a fast delivery service.

Living Spaces on Old Parham Road is a long-established family business and a one-stop shop for all your household requirements. Anything from flat-screen TVs and high-quality mattresses to contemporary sofas and Caribbean-style deck furniture is available in their extensive showroom.

The Furniture Gallery on Airport Road is also well worth visiting, its two floors of showrooms displaying a wide range of furniture and appliances. But if you're in the market for something a little different or exotic, maybe an Italian ceramic or an Indonesian bed, head to The Gazebo on Friars Hill Road or El Caribe overlooking Pery Bay near St. John's. Both shops source their stock from around the world. We should also mention The Exchange and The Stock Exchange on busy Friars Hill Road. Both of these excellent and well-stocked second-hand stores offer household items, appliances and furniture at great value prices.

**STUDIOS, APARTMENTS AND VILLAS**

Antigua offers a wide range of attractive studios, apartments and villas in all categories throughout the island. Excellent examples include Antigua Village, Buccaneer Beach Club and Siboney Beach Club on Dickenson Bay.

**Dickenson Bay** in the north ranks amongst the island's best beaches and is particularly suitable for "self-catering. This popular residential area is an easy drive to St. John's and supermarkets such as 1st Choice on the Anchorage Road and the impressive Epicurean on the Friars Hill Road. At the nearby Wood's Centre there are banks, doctors, the well-stocked Wood's Pharmacy with expert pharmacists and a state-of-the-art dental clinic - Dr. SenGupta & Associates. There are a number of doctors' offices, and the Bel Lab medical laboratory with its highly-trained technologists offering urgent medical tests. The Village Walk Mall next door is also handy, offering a bank, a hardware store and the excellent fine wine and liquor shop, Quin Farara. You can enjoy a coffee and a bite to eat at bustling Cafe Bella. *continued on page 78*

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Photo: courtesy Tamarind Hills

**Hodges Bay** is a residential area on the north coast much loved for its tranquil ambience, proximity to the airport and unrestricted coastal views. The new Hodges Bay Resort and Spa is an exclusive beachfront destination offering oceanfront villas and apartments.

**English Harbour** in the south has long been famous for its nautical history, its yachting facilities and its vibrant social scene. South Point boutique hotel was designed with both the vacation home and investment property buyer in mind, its 23 condo-style suites distinguished by their contemporary Caribbean style and views of the mega-yachts in Falmouth Harbour.

**South-west Antigua** is renowned for its beaches, sunsets and views of neighbouring Montserrat. The coastline has also been beautifully developed, the popular yachting centre of Jolly Harbour now joined by Tamarind Hills. This five-star property, tucked away between two of the island's most popular beaches, Darkwood and Frye's, offers villas, cottages and apartments for sale on a

freehold basis. Full management and rental programmes are available. Some brand new one and two bedroom apartments are also available for rental, and the resort facilities include bars, restaurants, a spa, gym and watersports.

**TIMESHARE**

Antigua also offers timeshare properties with their own associated benefits. Not only can you take advantage of tremendous savings on vacation costs, but you've also got a guaranteed high standard of accommodation in thousands of different exchange destinations around the globe. The ability to rent, sell or keep a timeshare property as part of your estate gives you the benefits associated with a vacation home whilst still enjoying world-wide vacations each year.

As you see, there is a great variety of excellent accommodation and services available for the vacationer and the potential buyer of your own little piece of paradise in Antigua!





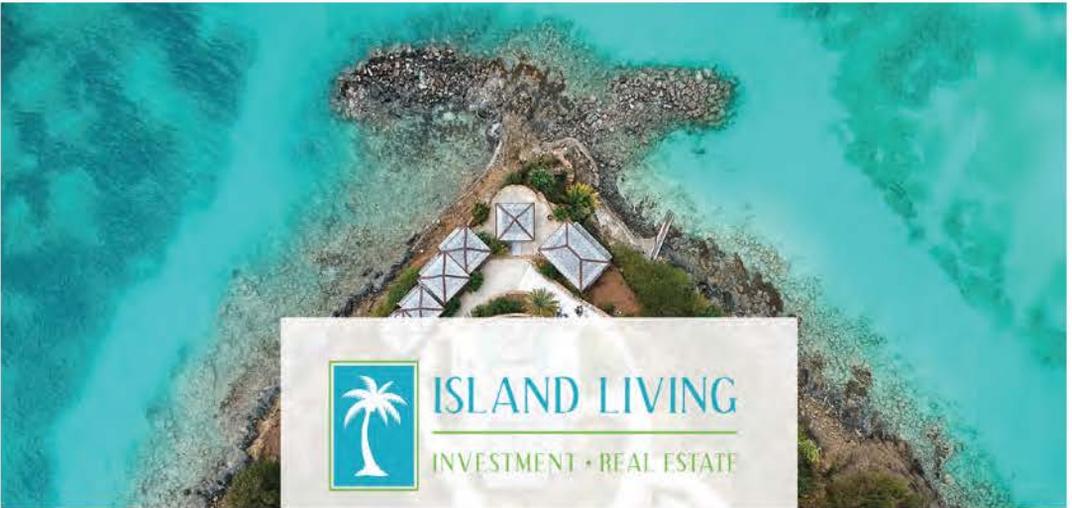



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JOLLY HARBOUR COMMERCIAL CENTRE

# ANTIGUA AND BARBUDA CITIZENSHIP BY INVESTMENT

Since introducing its Citizenship by Investment Programme (CIP) in October 2013, Antigua and Barbuda has become one of the leading and most sought-after global investment migration programmes in the world.

## Lifestyle

Year-round warm weather, 365 white sand beaches and turquoise waters make Antigua and Barbuda a world-class destination, with direct flights from the United Kingdom, United States and Canada. Politically and economically stable, and with a low crime rate, this twin-island country benefits from a fixed exchange rate with the US dollar (1 US\$ = 2.7 EC\$). English is the official language.

## Mobility

With an Antigua and Barbuda passport, a citizen has visa free travel to 149 countries, including Hong Kong, Singapore, UK and the Schengen area. Dual citizenship is permitted. The passport is valid for five years, and the recipient is required to spend a total of five days in Antigua and Barbuda within the five year period.

## Greater Economic Freedom

There is no personal income tax, no taxes levied on capital gains, inheritance and worldwide income. Individuals who have their permanent residence in Antigua and Barbuda or who are present for at least 183 days a year, will qualify as residents.

## Direct Route to Citizenship

Applicants can become citizens within 90–120 days. In addition, families including spouse, dependent children under 29 years, parents and grandparents over 58 years can obtain citizenship through one simultaneous application.

## Investment Options

There are three options to acquire citizenship through the CIP programme.

## National Development Fund

### Option A.

For a single applicant or a family of four or less, the NDF contribution is US\$100,000.00, with processing fees for main applicant and family of up to four persons of US\$25,000.00.

### Option B.

For a family of five or more the NDF contribution is US\$125,000.00 with processing fees for a family of five members of US\$25,000.00 for the main applicant, spouse and two dependents, with US\$15,000.00 for each additional dependent.

## Real Estate Investment

Applicants are required to make a minimum investment of US\$400,000 in a CIP pre-approved real estate development for a period of five years. The processing fees are US\$50,000.00 for a family of up to four persons with US\$15,000.00 for each additional dependent.

## Business Investment

An individual can make an investment of at least US\$1,500,000 in an approved business or make a joint business investment where each investor applicant contributes a minimum of US\$400,000.00 each, totaling a minimum amount of US\$5,000,000 to the joint investment.

**Island Living Investment Services Ltd. (ILIS)** is a leading authorized government representative and service provider, with an extensive business network including licensed agents authorized to facilitate and process applications for Antigua and Barbuda citizenship. They also provide real estate and investment facilitation services.

**For more information: E-mail [info@ilis.ag](mailto:info@ilis.ag)  
[www.antiguacitizenshipinvest.com](http://www.antiguacitizenshipinvest.com)**



## ANTIGUA... A CARIBBEAN HOME AWAY FROM HOME

Antigua and Barbuda offers the hospitality of its shores to visitors and investors seeking a home away from home. Best known for its 365 white sand beaches, Antigua also enjoys a growing reputation as a trusted Caribbean destination for tourism and international financial services. While relatively small, its financial centre is friendly, politically stable and attractive to clients seeking a safer harbour away from the volatility of larger markets. Antigua is an upmarket destination offering both world-class tourism and financial services.

The oldest institution providing international financial services in the jurisdiction is Global Bank of Commerce Limited, a privately owned and operated institution, licensed and established since 1983. The bank has built a tradition of excellent service to its clients seeking wholesale and commercial banking, wealth and portfolio management, and technology-driven financial services. Referred to as the 'grandfather' of international banking, the bank hosts Caribbean and international clients and provides a full range of personal and corporate account options including multi-currency deposits, foreign exchange, certificates of deposit and other competitive interest-bearing accounts and investment services.

Clients also benefit from the bank's affiliate, Global Processing Centre, an internationally-certified card processing centre and payment platform which provides

card-based processing for Visa, MasterCard and China UnionPay services, as well as mobile facilities for international payroll programmes, employee benefits and remittance services.

Antigua and Barbuda has joined other destinations in offering second citizenships and homes. Legislation allows approved investors to partake in its Citizenship by Investment Programme (CIP). Citizenship and an Antigua and Barbuda passport may be granted to persons and families who not only satisfy a high standard of due diligence requirements, but also qualify in respect of making personal investments in the economy of Antigua and Barbuda. There is also an option to obtain residency rather than citizenship. The jurisdiction has spent considerable time and effort designing a sound investment process. The government administration and regulatory framework ensure that it meets international standards and attracts applicants that only enhance the reputation and economy of the jurisdiction.

The combination of well-regulated financial services, a positive investment environment and the benefit to possibly qualify for a second citizenship makes Antigua and Barbuda an attractive location in which to develop international banking services, business opportunities and real estate investments.

[www.globalbankofcommerce.com](http://www.globalbankofcommerce.com)

### Traditional, yet innovative. Mastering the right balance.

For over 35 years, Global Bank of Commerce, Antigua's oldest institution providing international and wholesale financial services, has offered its clients the perfect balance of world class banking, security and convenience.

Antigua is well positioned to manage the portfolios of the more discerning investor, who may also qualify to obtain citizenship via a regulated process.

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OF COMMERCE**

# SUPER Shopping



The main duty-free shopping areas in St. John's are Redcliffe Quay and Heritage Quay. The boutiques, jewellers, craft shops and adjacent market are complemented by quaint cafés and bars.

Modern Heritage Quay extends along a wide boulevard leading from the cruise ship pier. The area is enlivened with a casino and clocktower, leading out towards St. Mary's Street. Heritage Quay offers a wide variety of duty-free shops and boutiques catering for every taste, from designer clothing and jewellery to local arts and crafts. Nearby are bars and restaurants.

The boardwalk along the waterfront leads into the beautifully restored buildings and courtyards of Redcliffe Quay and adjoining Redcliffe Street, both built with old bricks which came as ballast in sailing ships long ago. There is a cruise ship pier leading into Redcliffe Quay where there are delightful shops in the shade of ancient trees, as well as a number of bars and restaurants including the popular Big Banana Restaurant. Relax in the friendly wine bar at Redcliffe Quay or visit the ice cream parlour to keep cool.

Between the two Quays and abutting Redcliffe Street and Thames Street is the colourful two-storey Vendors' Mall with its myriad souvenirs including T-shirts, hats, shirts, wraps and pareos.

On the outskirts of St. John's along the Friars Hill Road leading north, is the shopping area of Woods Mall. There is a wide range of shops including the excellent Woods Pharmacy, banks, post office and a travel agency nearby - Carib World Travel.

Along the Friars Hill Road is the Village Walk Mall which has a number of shops including Lolitas Dream Home, Quin Farara liquor store and Cafe Bella, which is the perfect place for after-shopping refreshments. Further along is the Royal Palm Mall which has a number of outlets including a beauty salon and The Larder restaurant serving excellent food with the best sushi on island.

The enormous Epicurean supermarket is set back from Friars Hill Road. A number of major companies have built new offices in this vicinity. Not far away on the Anchorage Road is the 1st Choice supermarket and on the airport road is the Island Provision complex.

For last-minute gifts, perfume, jewellery and musical memories of Antigua there are also an excellent range of shops at the new V.C. Bird International Airport.

**To take advantage of the duty-free prices at Heritage and Redcliffe Quays, remember to take your passport and travel documents with you.**

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# ST. JOHN'S STREET MAP

## SHOPPING DIRECTORY

### HERITAGE QUAY

- Abbott's Jewellery & Perfumery
- Aqua Sports
- Beach Stuff
- Cameras Plus
- Cattleya
- Colombian Emeralds
- Island Beach Burns
- Jeweler's Warehouse
- Kings Casino
- Land
- Lipstick
- Longchamp
- Shouls Duty Free Liquor & Perfumery
- Sterlings
- Sterlings Shades & Watches
- Tabaco Negro
- Tropic Wear
- Sterlings World of Bags

### REDCLIFFE QUAY

- Big Banana Pizzas in Paradise
- C&C Wine House
- Exotic Antigua
- Footnotes & Dara Dara
- Fred's Ice Cream
- Goldsmithy
- Silver Chelles
- Vera Pelle Bags & More
- Zemi Arts & Crafts



ST. JOHN'S HARBOUR

**SILVER CHELLES****Redcliffe Quay Tel: (268) 789-2662****Email: chellebates@aol.com www.silverchelles.com**

Silver Chelles is a beautiful jewellery boutique. Specialising in polished seashells set in sterling silver, all jewellery is handcrafted and unique with a wide variety of pendants, bracelets, rings and earrings. You will also find an elegant selection of seashell-adorned evening bags, small gifts, fashion jewellery and specimen shells. Silver Chelles is a boutique not to be missed.

**ABBOTT'S JEWELLERY & PERFUMERY****Heritage Quay****Tel: (268) 462-3107/8**

The authorised retailer for Rolex, Abbott's Jewellery & Perfumery in duty-free Heritage Quay also carries renowned Swiss-made timepieces by Tudor, Omega, TAGHeuer, Gucci, Tissot, Carl F. Bucherer, Longines, Rado and Frederique Constant. Fashionable timepieces include Calvin Klein, Seiko, Tommy Hilfiger and Timex. Abbott's has stunning jewellery collections by John Hardy, Fope, Marco Bicego, Tacori, Chimento, Larimar by Laura Bonetti, Brosway, Ponte Vecchio, Breuning, Calvin Klein, Swarovski and Chamilia. Their adjoining Fragrance Boutique carries the latest selection of fragrances and gift sets. Other high-quality brands available include Cross Pens, Lladro figurines, Swarovski ornaments, and unique crystal and china pieces by Mikasa, Orrefors and Kosta Boda.

**EXOTIC ANTIGUA****Redcliffe Quay****Tel: (268) 562-1288****Email: exoticaantigua@gmail.com**

Wrap yourself in lush tropical clothing! Exotic Antigua specialises in jewellery, bags, hats and linen clothing for both men and women at affordable prices. No visit to Antigua is complete without calling in at Exotic Antigua - voted the number one shop in the Caribbean!

**LAND****#108 Heritage Quay Tel: (268) 462-0746**

Specialising in finely-crafted leather goods since 1969, this high-quality American brand opened its Antigua branch 30 years ago and is operated by Debra Merchant. Stop by this unique store for handbags, briefcases, wallets, belts and shoes made from 100% cowhide. Perfumes and gift sets are also available.

**BEACH STUFF****Heritage Quay****Tel: (268) 462-9772**

Beach Stuff carries a wide variety of surf and sports clothing, equipment and accessories for men, women and children. There is a wide selection of swimsuits, board shorts, rash guards, flip flops, sandals, aqua socks, lotions, beach toys and accessories. Other items include straw hats and logo sweat shirts, as well as trendy Antigua caps and t-shirts. You name the sport and Beach Stuff has the accessories for both novices and experts.

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 Email: [admin@tabaco-negro.com](mailto:admin@tabaco-negro.com)  
[www.tabaco-negro.com](http://www.tabaco-negro.com)

This wonderful oasis of aromas is a must for cigar lovers. The only authorised dealer for fine Cuban cigars in Antigua, its wide range includes Cohiba, Hoya de Monterrey and Romeo & Juliet. Whether you enjoy the occasional interlude with your favourite flavour or whether you are a serious connoisseur, the knowledgeable staff will help you find exactly what you’re looking for.

### LIPSTICK

Heritage Quay Tel: (268) 562-1130/33

This elegant beauty boutique offers a wide selection of luxury fragrances, skin care and cosmetics. The gracious staff will show you the wide range of products including, Chanel, Christian Dior, Tom Ford, Hermes and Dolce and Gabana.

### ISLAND PROVISION GROUP

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 Best Cellars Tel: (268) 480-5180  
 Email: [info@islandprovision.biz](mailto:info@islandprovision.biz)  
[www.island-provision.com](http://www.island-provision.com)

Located just 5 minutes from the airport, this one-stop provisioning hub is fully committed to its motto ‘Where Quality Comes First’. There are three separate sections in this complex. Best Cellars is a wine connoisseur’s delight, offering a wide selection of international wines. The Gourmet Basket and Island Food Distribution offer a wide selection of premium brands, as well as high-quality meats, fish and fresh produce. As the island’s leading food and beverage distributor, the company takes great pride in supplying visiting yachts, as well as Antigua’s finest hotels, restaurants and supermarkets. There is a large car park centrally located for easy access to each outlet in this complex.



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**WOODS PHARMACY**

**Woods Mall**

**Tel: (268) 462-9288/7**

This excellent pharmacy has a first class range of pharmaceutical products and is well located with convenient parking. This cool, spacious and efficient pharmacy offers a wide range of necessities and luxuries with good customer service and reasonable prices. Open Monday - Saturday 8am-9pm, Sunday 8am-6pm.

**ISLAND BEACH BUMS**

**#4 & #106 Heritage Quay**

**Tel: (268) 562-8917/8881**

**Email: [contact@islandbeachbums.com](mailto:contact@islandbeachbums.com)**

Island Beach Bums presents lifestyle beachwear for men and women. There is a great selection of affordable swimwear, t-shirts, cover-ups, hats, bags, sunscreen, souvenirs and other must have beach accessories. Visit their two stylish boutiques in Heritage Quay.

**CATTELYA CLOTHING BOUTIQUE**

**Heritage Quay**

**Tel: (268) 462-8191**

**Email: [cattleyaantigua@hotmail.com](mailto:cattleyaantigua@hotmail.com)**

If you're looking for glamorous, stylish and sophisticated resort wear, Cattleya Boutique offers a wide selection of day and evening attire suitable for every occasion. Cattleya's excellent customer service and quality brands is complemented by a convenient location next door to Longchamp in Heritage Quay.



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**Epicurean Drive**

Ph: 268-484-5400 | Fax: 268-481-5450

Email: [admin@epicureanantigua.com](mailto:admin@epicureanantigua.com)

Opening Hours: 6:00AM to 11:00PM

**Jolly Harbour**

Ph: 268-481-5480 | Fax: 268-481-5499

Email: [admin@epicureanantigua.com](mailto:admin@epicureanantigua.com)

Opening Hours: 6:00AM to 9:00PM

**We accept Visa, MasterCard and Amex**

**EPICUREAN**

**Epicurean Drive, off Friars Hill Road**

**Tel: (268) 484-5400**

**Tel: (268) 481-5480 Jolly Harbour**

**Email: [admin@epicureanantigua.com](mailto:admin@epicureanantigua.com)**

Antigua's premium supermarket Epicurean has two convenient branches offering quality products sourced throughout the Caribbean and from around the world. The fresh produce includes meat, seafood, sushi and dairy goods, as well as an extensive bakery and hot food/deli department. There is a pharmacy, a wide selection of fine wines and liquors, and even an aisle dedicated to bulk buying. Epicurean is also the exclusive distributor of the Waitrose brand. You can join their customer loyalty programme, earning points which you can spend. Jolly Harbour branch open 6am to 9pm. Epicurean Drive, Friars Hill Road open 6am to 11pm.

**GOLDSMITTY**

**Redcliffe Quay**

**Tel: (268) 462-4601 [www.goldsmitty.com](http://www.goldsmitty.com)**

Since 1981 Goldsmitty has offered unique jewellery in gold and silver. Owner and designer Hans Smit uses the finest gemstones collected on trips to world-wide exotic locations. Hans realised many longtime clients and first-time visitors want authentic,



indigenous momentos. Therefore for Goldsmitty's 30th Anniversary, Hans created 'Caribbean Corner'. Each unique design is made with rare local conch pearls, or beautiful blue larimar, or amber containing insects, both from the Dominican Republic. In 2011, Hans discovered our own 'piece of the rock' - 30 million-year-old petrified coral, officially trademarked as 'Antiguanite'. The great variety of stones are cut and polished in various shapes, set in gold and silver. You can choose and polish your own stone. A Member of the U.S. Jewellers Board of Trade.

**STERLINGS - JEWELLERY**

**Heritage Quay Tel: (268) 562-5662**

Sterlings - a jewellery store with a difference is the exclusive retailer of Pandora, Alex & Ani and Hearts on Fire, the world's most perfectly cut diamonds. Their international collections include top designers like Le Vian, Marahlago, Lauren G Adams, Uno de 50, Lois Hill and Tous to name a few. You will find unique pieces in Sterling Silver, 18kt gold and stainless steel from international and local designers and the finest locally made jewellery.

**THE CORK & BASKET**

Antigua Yacht Club Marina, Falmouth

Tel: (268) 462-0363

Email: [thecorkandBasket@brydens.com](mailto:thecorkandBasket@brydens.com)

[www.corkandbasket.com](http://www.corkandbasket.com)

Located in the heart of the yachting centre on the south coast, this gourmet wine and food emporium offers an extensive selection of wines, showcasing old world and new world regions. There is also an international and regional selection of the finest spirits. The gourmet deli items include fine cheeses, charcuterie meats and Greek olives. The alfresco Patio Cafe serves a selection of quiches, cakes and freshly-made sandwiches. Beverages include Lavazza Coffee, Harney & Sons teas, as well as a wide range of wines served by the glass or bottle at retail prices.

**TROPIC WEAR**

#17 Heritage Quay

Tel: (268) 462-6251

The home of Levi's and Dockers! Enjoy duty-free shopping at Tropic Wear for men, women and children. There is a wide selection of Levi's jeans to fit everyone's type and style preference. Dockers clothing line provides men with smart, comfortable and versatile clothes for every occasion. The essential dress shirt, t-shirt and polo are available along with accessories including belts, hats and wallets. Follow Tropic Wear on Facebook and Instagram.

The Cork & Basket

**CUVEE' Wines, Spirits, Gourmet Foods and Cafe'**  
 Antigua Yacht Club Marina Commercial Center, Falmouth Harbour

Tel: (268) - 462-0363  
 Email: [thecorkandbasket@brydens.com](mailto:thecorkandbasket@brydens.com)  
 Website: [corkandbasket.com](http://corkandbasket.com)



tropic wear

#17 Heritage Quay, St. John's Antigua | 1.268.462.6251



Duty Free Shopping for Levi's® and Dockers® Clothing and Accessories!  
 New Styles! Great Quality for Men, Women & Children!

**Island SECRET**  
GIFT SHOP AND BOUTIQUE

**(268) 562 3035**  
DOCKYARDPOTTERY@HOTMAIL.COM

OPEN SUNDAY TO FRIDAY  
9 AM - 5 PM  
NELSON'S DOCKYARD  
ENGLISH HARBOUR

**ISLAND SECRET**

**Nelson's Dockyard**

**English Harbour**

**Tel: (268) 562-3035**

**Email: dockyardpottery@hotmail.com**

Nestled in historic Nelson's Dockyard, the Island Secret Boutique and giftshop carries a wide range of unique items including clothing made by top Caribbean designers. Other specialities include shoes, bags, hats, sarongs, pottery, soaps, body salts, lotion, Susie's hot sauce, artwork and a wide selection of locally made gifts and souvenirs.

Open Sunday - Friday 9am-5pm.

**AQUASPORTS**

**Heritage Quay**

**Tel: (268) 462-3474**

**www.aquasportsantigua.com**

**Email: aquasportsanu@gmail.com**

Antigua's number one retail shop for watersports enthusiasts. Located at Unit 53 on the 2nd floor of Heritage Quay. Its wide range of products complement a passion for the ocean and include everything from sports fishing tackle, snorkelling and scuba gear to watersports equipment and clothing. AquaSports is also an authorised CRESSI dealer and can supply you with all the high-quality diving gear to experience the ocean's natural wonders in safety.

**STERLINGS - SHADES AND WATCHES**

**Heritage Quay**

**Tel: (268) 562-5662**

Sterlings - Shades and Watches offers a wide range of designer sunglasses and the latest styles in trendy watches at great duty-free prices. Shop in spacious comfort with the best and latest selections of sunglasses available in Antigua: Maui Jim, Rayban, Oakley, Prada, Marc Jacobs, Michael Kors, Carrera, Coach, Costa, Vogue, Dita, and Kate Spade. A great selection of watches is available including Tissot, Hamilton, Citizen, Shinola, Michael Kors, Fossil, G-Shock, Bulova, Michele, Diesel, Bering and Raymond Weil.

**STERLINGS - WORLD OF BAGS**

**Heritage Quay**

**Tel: (268) 562-7080**

This bright welcoming store carries a great collection of designer handbags. Famous brands include Dooney & Bourke, Michael Kors, Coach, Calvin Klein, Fossil, Guess and Desigual. Luggage, back-packs and travel accessories from Kipling and Herschel.

**CRAB HOLE LIQUORS**

**Cobbs Cross, Falmouth**

**Nelsons Dockyard,**

**English Harbour**

**Tel: (268) 460-1212/462-9082**

Stop in at one of two outlets in the area for a great selection of fine wines and spirits. Crab Hole Liquors is also a handy convenience store providing you with all the essentials from groceries and phone cards to party favours.

**Crab Hole Liquors**

RETAILER, WHOLESALER, AGENTS, DISTRIBUTORS,  
DEALERS IN FINE WINES, SPIRITS, CIGARS,  
CIGARETTES, JUICES, SODAS, PARTY FAVOURS,  
GROCERIES, LOTTERY AGENT, PHONE CARD  
DISTRIBUTOR AND LOTS MORE.

**Cobbs Cross**  
Falmouth  
Tel: (268) 460-1212  
Fax: (268) 460-8930  
VHF 68

**Nelson's Dockyard**  
English Harbour  
Tel: (268) 462-9082  
crabholeliquors@candw.ag

# HOMEGROWN ANTIGUA



By Edna Fortescue

**Visitors to Antigua look for locally-made souvenirs to take home.  
Even residents prefer to take gifts that reflect Antigua for friends overseas.  
You will be pleasantly surprised at what is available.**

Antiguan rums, some of the world's best, are produced by Antigua Distillery and much appreciated as they are not readily available outside Antigua. English Harbour Light Rum and English Harbour Five Year Old Rum make attractive presents. The miniature collection is a particularly handy gift, although I always take plastic bottles of Cavalier Rum as they are easy to pack, cannot break and are available at most Antiguan supermarkets. Antigua Distillery also produces Bay Rum which can be used as an aftershave lotion or rubbing compound. While in Antigua enjoy Oasis purified water in attractive packaging, also produced by Antigua Distillery.

I always take a few bottles of Susie's Hot Sauce, readily available throughout Antigua and much appreciated overseas. In the local supermarkets, you'll also find products like guava jelly and pineapple jam, as well as Paige Honey which is produced on-island by Alphonso. An ideal gift for coffee lovers are the many blends of elegantly packaged, delicious fresh coffee produced by Carib Bean Coffee Roasters of Antigua.

At the fruit and vegetable market in St. John's is a shopping mall which sells handicrafts including coconut oil soap. Pure coconut oil, the latest international health craze, is actually produced on the island. It turns into a butter-like consistency when cold but runs smoothly and sweetly when warm.

The Antigua Pottery close to the airport makes a unique range of items from small figurines and dishes to exotic table lamps. The Antigua Candle Factory located at Jolly Harbour Marina produces Mr Shooz soy wax anti-mosquito citronella candles in attractive glass jars.

At the entrance to Nelson's Dockyard, Antiguan ladies sell unique jewellery made from the seeds of Antigua's wild tamarind and mimosa trees. The seeds are boiled, dried in the sun and then strung with a needle to make original works of art. Look out for Vanessa's hand-painted tee shirts with their stylish designs incorporating flowers, birds and tropical fish.

You should also look out for delightful little books by Gilly Gobinet, long known for her colourful prints. These make excellent presents, the series consisting of 'Caribbean Cookery', 'Caribbean Herbs & Spices', 'The Top 20 Places in Antigua', and 'Caribbean Cocktails' which is dedicated to me!

Always keep an eye out for the Artisans Antigua Travelling Market, a unique craft and farmers market that regularly pops up in key spots around the island. Celebrating natural products and traditional skills, anything from jewellery and beauty products to tasty food and artwork. Even homemade dog biscuits are available here.

**Pack your suitcase with homegrown Antiguan gifts!**



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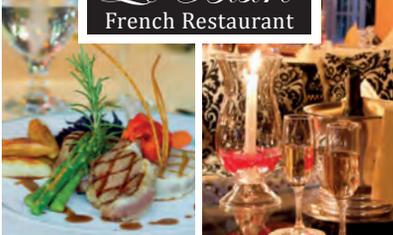
# DINING OUT

Antigua's restaurants are varied to suit all tastes and pockets - from gourmet venues at international level to small casual beachfront restaurants and bars specialising in freshly caught seafood and local vegetables. A variety of well-known international wines are generally available. Enjoy dining in the special ambience of Antigua!

*Experience a real sense of occasion...*



*Le Bistro*  
French Restaurant



Hodges Bay, St. John's • T: (268) 462 3881  
E: lebistroantigua@gmail.com

*Open Tuesday - Sunday from 6:30pm  
with last orders at 10:00pm. Closed on Mondays.*

[www.lebistroantigua.com](http://www.lebistroantigua.com)

## LE BISTRO FRENCH RESTAURANT

**Hodges Bay Tel: (268) 462-3881**

Recommended by *Gourmet Magazine*, this charming and long-established restaurant delivers a heartfelt welcome combined with a real sense of occasion. The French haute cuisine is enhanced by a superb range of vintage wines and champagnes, the service reliably polished yet distinctly personal. Chef/owner Patrick Gauducheau is in the 'Who's Who of Chefs' and is featured on Discovery Channel's 'Great Chefs of the World'. Listed in the top 50 Restaurants in the Caribbean by the Expert's Choice Awards. Reservations are recommended.

## CARMICHAEL'S

**Sugar Ridge**

**St. Mary's**

**Tel: (268) 562-7700**

Carmichael's is one of the most spectacular dining locations in Antigua. This chic yet relaxing fine dining restaurant sits at the highest point of Sugar Ridge, and offers floor-to-ceiling views of the Caribbean Sea, Jolly Harbour Marina and even Antigua's neighbouring islands. The seasonal menu of world favourites and freshly-caught local seafood is complemented by an extensive wine list, or why not stop by for cocktails and gaze at the sunset or stars. Open for dinner only from 6pm, reservations are required. Complimentary shuttle is available from Jolly Harbour Marina.

Photo: courtesy Colibri

**BAY HOUSE RESTAURANT & BAR**

**Trade Winds Hotel**  
**Tel: (268) 462-1223**

One of Antigua's 'top-tables', the Bay House offers fine dining at affordable prices. Open daily and continuously between 7am and 11pm, you are not tied to conventional meal times here. Get your day off to a great start with the Antiguan breakfast, or enjoy the spectacular views over Dickenson Bay as you treat yourself to something from the deck menu. Selected local produce inspires the à la carte dinner menu served from 6pm, the excellent wine list featuring new world wines and classics from around the world. Daily Happy Hour and tapas 5pm to 7pm.

**ADMIRAL'S INN PILLARS RESTAURANT**

**Nelson's Dockyard**  
**Tel: (268) 460-1027**

**Email: reservations@admiralsinnantigua.com**

At Nelson's Dockyard visit Pillars Restaurant with the outdoor waterfront terrace and 18th century pillars and lush gardens. The stunning setting, overlooks the historic harbour, an ideal venue to relax and enjoy cocktails and lunch; dine watching the moonrise over Shirley Heights. Popular dishes include tuna tartare, beef duo and catch of the day. Wednesday is Caribbean night and Saturday offers special menus from around the world.

**ANA'S ON THE BEACH RESTAURANT & ART GALLERY**

**Dickenson Bay**  
**Tel: (268) 562-8562**  
**Email: info@anas.ag**  
**www.anas.ag**

The hot pink doors at Ana's are a beacon of style, culture, glamour and a gourmand's delight. A team of excellent chefs, whose experience spans the Caribbean, Italy, Spain, and the UK, has created the exciting Mediterranean menu. The Infinity Bar at the water's edge, offers signature cocktails from award-winning bartenders, and the on-demand "Anapasti" menu. A hub for regional and international artists, Ana's has an eclectic selection of art, and the tastefully designed surroundings add to the ambience of this charming restaurant. Open daily 11am to 11pm.

**SOUTH POINT English Harbour**  
**Tel: (268) 562-9600**  
**Email: info@southpointantigua.com**  
**www.southpointantigua.com**

With a dining deck that extends right out over the harbour, South Point's restaurant is a popular choice for lunch or dinner. The signature small plate menu showcases authentic flavours inspired by the best of Mediterranean, Middle Eastern and Asian cuisine. There is also a Sushi Bar. The Lounge Bar opens for breakfast from 7am. An excellent cocktail menu, discerning wine list and delicious aperitifs ensure there's always a cosmopolitan gathering enjoying its relaxed vibe.

**BAYHOUSE**  
 RESTAURANT & BAR

A dining experience where fresh ingredients and local flavours come together to take you on a mouthwatering Caribbean infused culinary journey in a relaxed island-style alfresco setting.

**BREAKFAST | LUNCH | TAPAS | DINNER**

Open 7am - 11pm daily | Reservations: (268) 462-1223  
 Trade Winds Hotel | Dickenson Bay | www.twhantigua.com

**ON THE BEACH**

ANA'S RESTAURANT AND ART GALLERY  
 EMAIL: INFO@ANAS.AG  
 FOR RESERVATIONS CALL 268 562-8562  
 DICKENSON BAY, ANTIGUA, WEST INDIES

*Ana's*

@ANASONTHEBEACHOFFICIAL @ANASRESTAURANT




**French Creole Cuisine • Craft Cocktails**  
 Al Fresco & Indoor Dining  
 Cocktail Bar • Live Music  
 Open Monday to Saturday • Closed Sunday  
 Reservations Recommended: (268) 460-3434  
[www.Colibri-Antigua.com](http://www.Colibri-Antigua.com) • Find us on   

**COLIBRI Nelson's Dockyard**

**Tel: (268) 460-3434 [www.colibri-antigua.com](http://www.colibri-antigua.com)**

Set in a charming Caribbean cottage in the heart of English Harbour, this French Creole restaurant specialises in delicious French cuisine with Creole influences from New Orleans and the French West Indies. The cabana-style bar doubles up as a crêperie offering original cocktails and a creative selection of bar food. Seating options include the elegant dining room, the tropical gardens and lively lounge area overlooking Dockyard Drive. Live entertainment is available throughout the season. Open Monday to Saturday from 5pm to 12am. Reservations recommended.

**CLOGGY'S AYC Marina, Falmouth Harbour**

**Tel: (268) 460-6910**

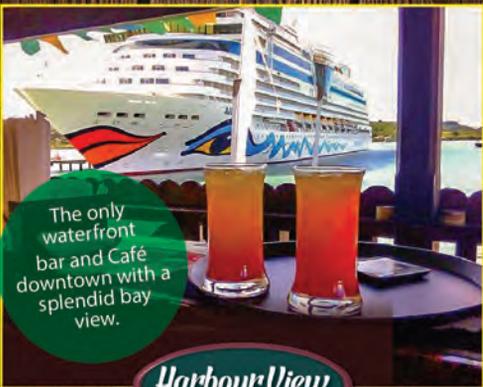
Cloggy's, at the AYC Marina, offers unique Mediterranean-influenced cuisine accompanied by beautiful views of yachts at anchor and sunsets. The stylish, nautical vibe is enhanced by menus including a large selection of grilled seafood and meats, and fresh lobster. Popular weekend events include Sunday brunches, and sundowner specials on Saturday afternoons. Enjoy a wide range of foreign beers, and view major sporting events on the large flat TV screen. Reservations recommended.  
 Lunch - Tuesday to Saturday: 11:30am to 4:30pm.  
 Dinner - Wednesday to Saturday: 6pm to 9:30pm.  
 Sunday: Brunch 11am to 4:30pm with afterwards bar only. Closed Mondays.

**CLOGGY'S**  
 AYC Marina • Falmouth Harbour



Now upstairs AYC Marina, Falmouth  
 Lunch & dinner Tuesday to Saturday  
 Tapas and sundowner specials  
 Sunday Brunch 11am to 4:30pm  
 Reservations recommended

**Call (268) 460-6910**  
[Facebook.com/cloggysantigua](https://www.facebook.com/cloggysantigua)



The only waterfront bar and Café downtown with a splendid bay view.

**Harbour View**  
 Bar & Café

The only waterfront bar and Café downtown with a splendid bay view.  
 Elevated position allows to spend time relaxing in the lounge area enjoying cooling trade breezes.  
 Primarily open for breakfast and lunch  
 Serves fresh salads, sandwiches and paninis, exotic cocktails and refreshing smoothies.

Redcliffe Quay,  
 Upstairs Exotic Antigua  
 St. John's, Antigua

   
[harbourviewanu](http://harbourviewanu.com)  
**+1(268) 462-2972**

Email: [exoticantigua@gmail.com](mailto:exoticantigua@gmail.com)

**SUGAR CLUB**

**Sugar Ridge, St. Mary's**  
**Tel: (268) 562-7700**

The informal but smart indoor/outdoor restaurant and bar overlook the resort's swimming pools. High ceilings and large open shutters provide a cool contemporary atmosphere. A great menu available daily including Tapas and Sushi from 7am to 10pm. There is live entertainment most nights. Sugar Club offers some of the best party nights in Antigua. Only 5 minutes drive from Jolly Harbour.

**CHIPPY ANTIGUA**

**Dickenson Bay, Runaway Road**  
**Tel: (268) 724-1166/734-8945**

**Email: chippyantigua@msn.com**

This is an authentic traditional English fish and chip van, run by Dave and Jane. It features fish and chips, fresh lobster bites, scampi (shrimp), sausages, meat pies and gravy - all served with chips. Unique dishes include Indian curries. Casual outdoor dining atmosphere or take-away.

Open Wednesday and Friday evenings 2pm to 9pm. Available for special occasions, call for details.



**JOKERS TAVERN**

**Popeshead Street, St. John's**  
**Tel: (268) 726-7111**

**Email: jokerstavern@icloud.com**

This friendly lounge bar and casino is the perfect escape from the hustle and bustle of St. John's. Relax with the latest tunes over a well-priced rum, gin or vodka mix. Or treat yourselves to an ice-cold beer tower while watching a major sporting event on the big-screen TV. The custom-made Jack Daniels dartboard (darts provided) and modern slot machines with their rolling jackpots provide the fun. Open from 12 noon to past midnight Mondays to Saturdays, and from 6pm on Sundays and Public Holidays.

**HARBOUR VIEW BAR & CAFÉ**

**Redcliffe Quay, St. John's**  
**Tel: (268) 462-2972**

**Email: exoticiantigua@gmail.com**

Harbour View Bar & Café brings a new dimension to St. John's Harbour. The only waterfront bar and café downtown has a splendid bay view. Spend time relaxing in the elevated lounge area enjoying the cooling trade breezes. Primarily open for breakfast and lunch, serving fresh salads, sandwiches and paninis. Enjoy exotic cocktails and smoothies.

**LA BUSSOLA RESTAURANT**

**Dutchman's Bay**  
**Tel: (268) 462-8433/785-5436**

**Email: labussolantigua@hotmail.com**

La Bussola is an authentic beachfront Italian restaurant located on Dutchmans' Bay which is only five minutes from the airport. It is right on the beach with a beautiful garden and a panoramic view of Jumby Bay Island. It is perfect for romantic dinners. Open since 2007, La Bussola has been providing quality homemade Italian cuisine and delicious wood-oven cooked pizzas. The wine selection is one of the most extensive on the island. With its spacious interior and two large outside patios and convenient car park, it is ideal for large events. Buon Appetito! Open Monday to Saturday, lunch from midday to 3pm, dinner from 6.30pm to 10pm. Lunch reservations recommended.

**La Bussola**  
 Restaurant Pizzeria Bar  
 Dutchman's Bay, Coolidge

**For Reservation: 462/8433**  
**785/5436**

**Email US for your Event:**  
**labussolantigua@hotmail.com**



**RESTAURANT**

An authentic Lebanese restaurant, with international favourite dishes.



**CATERING**

We cater for private events; romantic dinners, wedding receptions, pool parties and corporate meetings...

Old Parham Road, Piggotts/St. John's Tel: 562-2525/720-4900 [www.alibabaaanu.com](http://www.alibabaaanu.com)

**ALI BABA BAR, GRILL & HOOKAH**

Old Parham Road,  
St. John's

Tel: (268) 562-2525/720-4900

[www.alibabaaanu.com](http://www.alibabaaanu.com)

An authentic Lebanese restaurant offering everything from falafel and tabbouleh to tender lamb kebabs and spicy sausage wraps, even the centuries-old tradition of hookah pipes! International favourites like pizzas, burgers and pasta dishes also feature on the extensive menu. Open for lunch, afternoon tea, dinner and takeaways. Monday to Saturday from 11am to 11pm.

**BOOM RESTAURANT AT GUNPOWDER SUITES**

Nelson's Dockyard

Tel: (268) 460-1027

Email: [reservations@admiralsinnantigua.com](mailto:reservations@admiralsinnantigua.com)

Experience Boom's stunning vistas of Nelson's Dockyard from its outdoor terraces, infinity-edged

pool and the 18th century Gunpowder Art Gallery. Come for lunch and spectacular sundowners. Spend the day lounging on daybeds, enjoy a massage at the Powder Room Spa, dip in the pool, sip cocktails and sample dishes such as Thai shrimp cakes and steak aioli sandwich.

**BEACHLIMERZ**

Fort James Beach

Tel: (268) 562-8574

[www.beachlimerz.com](http://www.beachlimerz.com)

Located on the historic Fort James Beach, BeachLimerz celebrates Antiguan and Caribbean culture with great food, ambience and music. Offering the best of traditional Antiguan cuisine, street-foods and unique specialities. Music and live entertainment is a priority. Recognised as a "Top Performing Restaurant" and awarded the TripAdvisor Certificate of Excellence. "Where Food & Drink Make Waves" Open daily from 11am until...



**LA BRASSERIE**

**Antigua Slipway  
English Harbour  
Tel: (268) 721-9420**

La Brasserie offers traditional French cuisine in an iconic waterside setting. Think homemade foie gras for starters, a cheese soufflé, Lobster Thermidor or rack of lamb with truffle sauce for the main course, and a Crêpe Suzette or Soufflé Grand Marnier for dessert. The wood-burning oven is perfect for authentic pizzas, and there's also a bakery offering baguettes for day charters, as well as a catering service for outside events. Open for breakfast, lunch and dinner, Isabelle and Eric look forward to welcoming you. Free water taxi from Nelson's Dockyard and Galleon Beach.

**SALT PLAGE BEACH BAR & RESTAURANT  
Dickenson Bay, Siboney Beach Club**

**Tel: (268) 462-0806  
www.siboneybeachantigua.com**

Set on world-renowned Dickenson Bay, with unbeatable beach-front views. Salt Plage is the ideal place to start your day with a sunny breakfast, enjoy a lazy lunch, stop by for cocktails for a stunning sunset and a lingering dinner. The atmosphere is a perfect combination of tranquillity, vibrance, fun and romance with the eclectic international menus and sound of the surf. Don't forget to take a picture next to the iconic red phone booth!

Located at Antigua Slipway, English Harbour  
Open for breakfast, lunch, and dinner



La Brasserie D'Antigua  
labrasserieantigua



La Brasserie D'antigua

**LA BRASSERIE**  
FRENCH RESTAURANT & BAR



Bakery / French Restaurant / Bar  
Call (268) 721-9420 to book a table

**BOOM RESTAURANT**  
**+1 268 460 1027**

**ADMIRAL'S INN GUNPOWDER SUITES**

OPEN DAILY 7AM-11PM | DICKENSON BAY | CONTACT 462-0806

**Salt\*Plage**  
Beach Bar & Restaurant  
SIBONEY BEACH CLUB

BREAKFAST | LUNCH | BEACH SERVICE | DINNER

**GARDEN GRILL**

**Dutchman's Bay Tel: (268) 464-0207**

**Instagram: @gardengrillanu**

The Garden Grill is dedicated to flavour, sustainability and nutrition with farm fresh locally sourced produce daily. Dine in the attractive garden setting with tasty unusual items on the menu. Sunday brunches are very popular - with a cool-off dip in the Garden Grill pool! Lunch: Tuesday - Saturday, Dinner: Friday, Brunch: Sunday 9am-1pm.

**SHIRLEY HEIGHTS LOOKOUT**

**Shirley Heights Lookout, English Harbour**

**Tel: (268) 776-2853**

Dine in a magnificently restored 18th century building. The outside courtyard has spectacular views of Nelson's Dockyard, English and Falmouth Harbours. Local lobster (seasonal) and fresh fish are regular specials as are the stunning sunsets. The Sunday barbecue Party, now in its 38th year is an Antiguan institution which National Geographic Traveler endorsed and heralded as 'The Place to be on Sunday'. It is so nice we're doing it twice! Visit 'Reggae Heights' on a Thursday from 4:30pm to 8:30pm. Experience great steelband music, cool reggae vibes and scrumptious food. Happy Hours from 5pm to 7pm. Available for private parties, weddings or just come for an intimate drink...and panoramic view. Closed on Public Holidays. Check their facebook and Instagram for summer schedule.

**BIG BANANA PIZZAS IN PARADISE**

**Redcliffe Quay**

**Tel: (268) 480-6985**

**www.bigbanana-antigua.com**

"Pizzas", affectionately known by locals, established over the last 30 years, is a legendary casual dining rendezvous and hot spot. Recognised for serving some of the best pizzas in the Caribbean, it is renowned for great food featuring international favourites and local specialities. The fun atmosphere and historic setting in the old rum warehouse attract locals and tourists, plus visiting celebrities. A visit to Big Banana Pizzas in Paradise is a must. Eat in, takeaway or delivery. Open Monday to Saturday from 11am until late.

**THE LARDER**

**Royal Palm Place, Friars Hill Road**

**Tel: (268) 480-6940**

**Email: info@thelarderantigua.com**

The Larder is a unique gourmet deli-café popular with locals and visitors in search of great food and service. Renowned as Antigua's best sushi bar and deli-café, The Larder also offers an upscale takeaway and catering service. The bar provides an excellent selection of fresh juices, Premium spirits and fine wines. There is a "Build Your Own Salad" bar, Illy coffee, Gelateria and genuine Napolitano style thin-crust pizzas, baked to-order in a woodstone oven. Breakfast 7am to 11am. Open 7am to 11pm Monday to Saturday.

This is the view we serve with lunch from our elegantly restored 18th century buildings overlooking Historic Nelson's Dockyard. This is the view that turns into a spectacular sunset, and changes into a fairyland of lights at dinnertime. This is the view, for our famous Sunday Barbeque Party, Thursday 'Reggae Heights', our Sailing Week Breakfast, our Private Parties and Weddings.

**THIS IS FOR THE TWO OF YOU...**

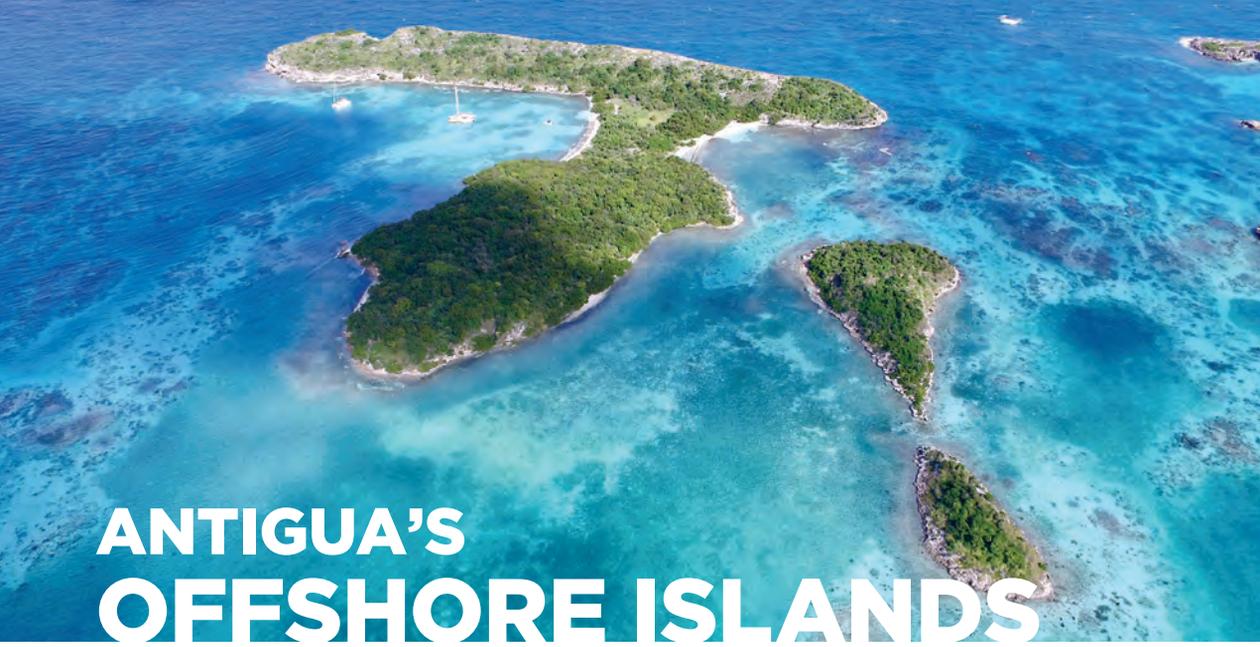
**Shirley Heights Lookout**  
*Restaurant, Bar & Gift Shop*



(268) 776-2853  
 info@shirleyheightslookout.com  
 www.shirleyheightslookout.com  
*Antiguan owned & operated*

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# ANTIGUA'S OFFSHORE ISLANDS

**Antigua is blessed with many offshore islands, often referred to as 'the last refuge' for local and globally significant wildlife. Of course, they can only be reached by boat, but as the seas are generally calm and the distances short they are accessible by small vessels, as well as by larger yachts - provided you can navigate between the coral reefs!**

Most of the day-trip cruise boats tie up close to the main islands. These are located in Antigua's North Sound, an idyllic marine park off Antigua's north-east coast and renowned for its sandy beaches, crystal clear waters and relaxed Robinson Crusoe-like atmosphere.

Great Bird island is particularly popular, although during the week one can often have the entire island to oneself. You may be lucky enough to catch a glimpse of the harmless and endangered small Antigua Racer snake to be found nowhere else in the world. Nearby Guiana Island also has a wide sandy beach. Green Island further along the coast is particularly attractive. Another smaller island which is accessible is Prickly Pear off the Hodges Bay area on the north coast. Day trips are available by Miguel's Holiday Adventure - see [www.pricklypearisland.com](http://www.pricklypearisland.com)

But most of the tiny islands which dot the sea are really just islets, home only to the seabirds which wheel and call overhead. These islets are not just rocks in the ocean, but are often covered in attractive green foliage.

Another particularly interesting island is Rabbit Island, home to breeding colonies of the Caribbean Brown Pelicans which are the only diving pelicans in the world. They raise their young in twiggy nests, clearly visible for anyone who is passing. Some have the good fortune to see the tiny babies with large beaks open, growing to become awkward juveniles, eventually flying off until the next season. Do not disturb them and view from a distance.

At Hell's Gate Island there is an incredible coral/limestone bridge, formed by the elements over millennia. It is really a *heavenly gate*, but is perhaps named for the wild Atlantic sea visible through the archway. It is not recommended to stroll across the bridge because it is very fragile - we neither want to destroy this or ourselves!

Some 25-miles away is Antigua's 'third' possession, the remote and interesting island of Redonda where phosphate was once mined and guano collected for fertiliser. Nowadays it's uninhabited and access is very limited. Only the most intrepid can go there and scramble up the sides to the flatter top where there are ruins of those earlier activities. Redonda was once home to rare goats, but now only the Frigate Birds wheel about overhead.

One larger island close to the north shore is Long Island, the exclusive home of the rich and famous who appreciate the privacy Antigua accords such visitors. The exclusive Jumby Bay Island resort is here and even more luxurious after extensive refurbishments.

Our unique offshore islands are usually pristine as everyone recognises the vital importance of leaving no trace of themselves behind. Visitors and Antiguan alike appreciate these wonderful offshore islands which retain the unique charm that has prevailed for so long and which will continue for future generations.

*We wish to thank the Antigua Environmental Awareness Group for their contribution to this article.*



## ANTIGUA

# Nightlife

[CLICK HERE FOR THE LATEST UPDATES ON COVID-19](#)

**Antiguans know how to party and the fun continues long after you leave our famous beaches. Many of our hotels offer live entertainment after dinner, while our island restaurants, bars, nightclubs and casinos often stay open until the small hours. This is particularly true in the winter months between December and April when our visitors are celebrating their escape from the freezing weather back home. The temperatures certainly heat up when the sun goes down!**

### DICKENSON BAY

Dickenson Bay is the number one hotspot on Antigua's north coast, particularly so on Friday nights. Putters and Salt Plage are casual, island-style bars popular with both visitors and locals alike. Nearby, Ana's on the Beach is a chic beachfront venue offering anything from mellow mood music as the sun sets to the latest tunes for dancing on the sands.

### ST JOHN'S

King's Casino still ranks as the number one nightspot in our capital. The Yard in St. Mary's Street is also very popular on 'Thirsty Thursdays'. C&C Wine Bar in Redcliffe Quay will welcome you with a glass of South African wine. Jokers Tavern on Popeshead Street has well priced drinks and slot machines with rolling jackpots. Prefer to take in a movie? The impressive Caribbean Cinemas complex just outside town show the latest movies. For a party scene with a distinctly Caribbean flavour head for BeachLimerz overlooking Fort James Beach. There is live entertainment with a variety of well-known entertainers and the famous Harmonites Steelband on Sunday afternoons.

### JOLLY HARBOUR AREA

Jolly Harbour is where it's all happening on the west coast of Antigua. It is now a major yachting centre with a development of attractive condominiums ideally suited for boat owners. The residents and visitors share a great nightlife in a most picturesque environment often illuminated with lights from all the yachts.

The Sugar Club, at Sugar Ridge Hotel, overlooking the whole beautiful scene is a great place for a bite and live entertainment. Enjoy a rum cocktail at the popular Crow's Nest in Jolly Harbour. Sheer Rocks at Cocobay Resort - close to Jolly Harbour - is a gracious, stylish venue for sunset cocktails at the tropical bar with a beautiful view overlooking the sea.

### ENGLISH AND FALMOUTH HARBOURS

Jam-packed with boats in the winter, the restaurants and bars are always overflowing with sailors making the most of their shore leave. Legendary Abracadabra just outside Nelson's Dockyard is a restaurant that transforms into a popular nightclub. Nearby, Life on the Corner is a popular bar to chill and dance to the rhythms of DJ's and live bands.

Cloggy's and South Point offer a more sophisticated ambience combined with views of the yachts at anchor in Falmouth Harbour. Sculduggery Café is much loved for its chocolate martinis! This famous yachting centre of Antigua throbs with life round every corner and is a magnet for the entire yacht community, visitors and Antiguan residents of all ages.

Proceed onward up the beautiful, historic area of the National Park to the famous bar and restaurant of Shirley Heights. It is constructed in the ruins of an old fort with spectacular views over English and Falmouth Harbours. On Sunday afternoons Shirley Heights is the venue of the most exciting party on the island. There is steelband music as the sun sets and the party ends with live reggae, soca and calypso. Experience for yourselves!

### CASINO

Jokers Tavern in St. John's has slot machines, rolling jackpots and a sports bar with big screen TVs. If you enjoy a flutter, Antigua's Vegas-style King's Casino in St. John's offers 16 different table games including roulette, blackjack and poker, with over 250 slot machines. There is live music on Friday and Saturday nights, karaoke on Sundays, and bingo on Thursday nights. Plus there is a sports bar, live sports betting, and horse racing simulcasting. The attractive ambience of Kings Casino makes this a focal point for all those wishing to enjoy a special evening out.

KING'S CASINO, HERITAGE QUAY



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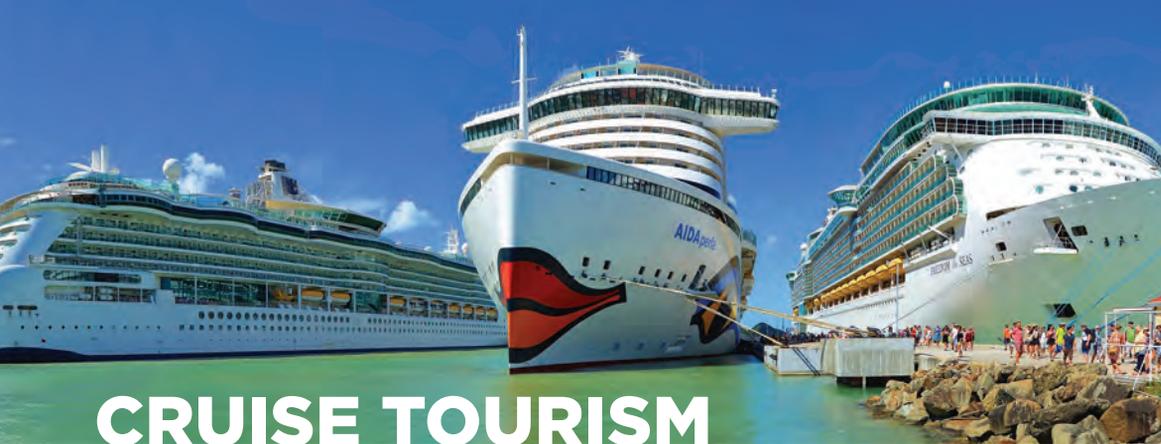
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# CRUISE TOURISM

**C**ruise Tourism continues to thrive in Antigua and Barbuda. With state-of-the-art ships offering all the latest facilities, activities and experiences, it is little wonder cruise tourism continues to be one of the most dynamic and innovative sections of the Caribbean leisure industry. Passenger numbers increase year upon year, people attracted not only by the excellent value for money, but also by the fact cruising constantly exceeds expectations.

Antigua has long welcomed the biggest and best ships in the world – after all, we are ideally located right in the heart of the Caribbean Sea! The Antigua and Barbuda Government certainly knows how important cruise tourism is to our economy. It continues to develop our cruise facilities, not just to attract the most prestigious vessels to our shores, but also to handle the increase in passenger numbers. The continued dredging of St. John’s harbour by The Meridian Construction Company is just one of the ways the government ensures the world’s largest cruise ships can be accommodated here.

Royal Caribbean Cruise Lines are also committed to developing our cruise facilities, most notably with the new 5th Pier at the Oasis cruise berth pier in partnership with Global Ports Holding. The extension enables us to welcome their Freedom and Quantum

class vessels including ‘Independence of the Seas’, ‘Freedom of the Seas’, as well as ‘The Quantum of the Seas’, currently the largest cruise ship docking in Antigua. Some of the other ‘big names’ who drop anchor in our capital include TUI’s brand new ‘Mein Schiff 2’ and the family-friendly ‘Disney Magic’ and ‘Disney Fantasy’.

It is fitting then that smaller and more exclusive vessels are now being encouraged to focus their attention on Barbuda. Plans are underway for a small-scale cruise pier on our unique Robinson Crusoe sister island, and companies already dropping anchor here include Windstar Cruises, Club Med and Ponant Cruises.

Antigua’s local tour operators are more than keeping pace with the increase in visitor numbers. Complementing our 365 beautiful beaches are an ever-growing number of adventurous activities, unique excursions and historic tours designed to suit every taste and age group. We very much hope a cruise ship visit of just one day will lead to much longer stays in our twin-island nation.

*Nathan Dundas, long time President of the ABCTA, spearheads the continued drive for Antigua and Barbuda to welcome cruise ship visitors, and for our country to benefit from this dynamic, developing industry.*

## Advertise IN THE 2021 EDITION

**THE ANTIQUAN** is the definitive tourist guide to Antigua and Barbuda. This pocket-sized handbook enjoys the distinction of being the first comprehensive guide to the twin-island nation, and since 1990 has been an important marketing tool for the Ministry of Tourism.

Now available on-line, on-island and from Antigua and Barbuda tourist offices around the world, it not only encourages new visitors to the islands’ shores, but keeps them well informed whilst they are here.

### CONTACT US

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Gilly Gobinet

# Artistic ANTIGUA

The purity of light and colour in Antigua combines with its intrinsic tranquillity to inspire a whole host of Caribbean artists. There are some excellent galleries and studios on the island representing a wide range of art, crafts and media ...

## ART GALLERIES & STUDIOS

### ADMIRALS INN & GUNPOWDER ART GALLERIES

**Nelson's Dockyard Tel: (268) 460-1027**

Admirals Inn has two art galleries. One in the lobby where Kate Spencer has a changing exhibition of her original oil paintings of Caribbean life. The other at Gunpowder Suites in the 18th century building, with an exhibition of Mike Soloman from Vancouver. Special shows featuring local artists.

### THINGS LOCAL GALLERY

**Nelson's Dockyard**

**Tel: (268) 776-9657/770-5780**

Owner Carl Henry is Antigua's foremost wood carver. Using Antiguan mahogany and wood from trees naturally felled, his boats, fish and warri boards are much sought-after.

### RHYTHM OF BLUE ART GALLERY

**Dockyard Drive, English Harbour**

**Tel: (268) 770-7888 Email: arawakart@yahoo.com**

Inspired by the Caribbean Sea, Nancy Nicholson uses local clay to produce her distinctive blue pottery. The Gallery displays Nancy's pottery and her sculptures, paintings and hand-crafted silver jewellery. Original works by other ocean-inspired Caribbean artists are also on display. Open November to May and by appointment at the Pottery Studio from June to October.

### TAINO'S ART GALLERY

**Jolly Harbour Tel: (268) 773-3544**

Luis Jarvis at Taino's has been long-established at Jolly Harbour, and you will find his work stacked inside and out of the Gallery together with collections from many other Antiguan artists. Sometimes he has a work in progress, with vibrant Caribbean colour. Look at his unique shell light fixtures – an unusual souvenir from Antigua.

### ZEMI ARTS & CRAFTS

**Redcliffe Quay, St. John's Tel: (268) 562-7662**

**www.wadadli-watercolours.com**

A unique display of indigenous and local art a world away from mass-produced souvenirs. The contemporary art and design collection includes originals, limited editions and reproductions by Stephen Murphy, as well as other local artists.

## Online Directory Featuring The Best Antiguan Arts & Crafts

[www.antiguanartists.com](http://www.antiguanartists.com)

This useful website is an online directory of professional artists (painters, potters, photographers etc.) living and working in Antigua, listing websites, email addresses, telephone numbers, an image of each artist's work and a brief description of media, styles and inspiration. Visitors to their work places are welcome following a telephone appointment; a map indicates their respective locations.



## ART GALLERY

**Fitches Creek (near the airport)**

**Tel: (268) 464-6084**

**Email: gillygobinet@me.com**

**www.gillygobinet.com**

Gilly Gobinet's beautiful original paintings are in acrylic and watercolour of Caribbean flora and fauna, marine art, nudes and pet portraits. She has also written and illustrated a series of very attractive small format 'Cool Caribbean' books - her 'Cool Caribbean Cookery Book' won her the 2008 'Best Illustrated Cook Book in the World' award for Antigua.

Open Mon-Fri 9am - 1pm or by appointment - commissions welcome. See the Art Gallery of Gilly Gobinet art on TripAdvisor.

## NICHOLAS HADEED

**Tel: (268) 464-9836**

**Email: hnh@candw.ag**

Nicholas Hadeed is an Antiguan abstract artist specialising in acrylics. His work is not only strongly influenced by the Impressionists, but also by the heat, light and vibrant colours of the Caribbean. Nick came to painting late in life, his degree in Civil Engineering having led him to a successful career in the construction industry. Today though all his energies go into his paintings, his passion creating distinctive art characterised by bright hues and either intense movement or serene stillness.

## BUCKLEYS STUDIO

**Buckleys Village Tel: (268) 764-8803**

**Email: janfarara@hotmail.com www.janfarara.com**

From abstracts to impressionist seascapes, Jan Farara paints large acrylics on canvas and carries out many commissions. Paintings, prints and cards are on sale at the studio. Open everyday. Call to make an appointment.

## KATIE MCCONNACHIE

**Cobbs Cross Tel: (268) 460-1417/764-0340**

**Email: wildlifefineart@gmail.com**

**www.katiesfineart.com**

Katie's favorite medium is prismacolor pencils, which afford her drawings an incredible amount of detail. She also works a great deal in acrylic paints. Her subject matter spans from pet portraits of birds, cats, dogs etc. to native island and underwater wildlife. She is also an illustrator of children's books and a Muralist.

## FIG TREE STUDIO ART GALLERY

**Uniquely located in the heart of the rainforest**

**Tel: (268) 460-1234/723-2304**

**Email: sallieharker@me.com**

**www.sallieharker.com**

Sallie has developed an innovative technique using gold leaf and oil paint on wooden shingles for designs of birds and sea life in a distinctive style and patterns. Sallie exhibits her work in her picturesque Fig Tree Gallery which also carries art from other Caribbean artists. The Gallery features contemporary art including limited edition prints, ceramics and Caribbean craft.





Edison Liburd

### EDISON LIBURD

High Street, St. John's

Tel: (268) 562-3198/723-6513

Email: edisonartsgallery@gmail.com

Edison Liburd is an Antiguan artist whose love of nature, music and people is reflected in his expressive mannerism style. Edison's uninhibited fluidity and sense of freedom perfectly captures the vibrant energy and varied moods of Caribbean life. Each piece is originally hand done and available in a variety of shapes and sizes.

### YELLOWBOAT STUDIO

Turtle Bay Tel: (268) 764-8035

Email: merantoj@candw.ag

www.yellowboat.com

Jennifer Meranto's hand-tinted photos of Antigua and the Caribbean are increasingly popular, as are her one-off shots capturing the essence of island life. Jennifer also sells art made from reclaimed materials found on Antigua's shoreline, the proceeds from her 'Vintage Beach Collection' going towards cleaning up the island's beaches. Visitors welcome at her studio by appointment.



Anson Henry

# Artistic ANTIGUA

### ANSON JAY HENRY

Tel: (268) 782-2145 Email: ansonjhenry@gmail.com  
www.ansonjhenry.com

Anson Jay Henry is one of Antigua and Barbuda's leading photo realistic pencil artists, specialising in various forms of hyperrealism. His work is displayed in many local business offices and private residences. There is a nostalgic feel to his pieces and his inspiration is constantly evolving from random thoughts and moments.

### JANE SEAGULL

Tel: (268) 734-8945 www.janeseagull.com

Jane has an eclectic and, at times quirky, approach to art. Whilst acrylic, oil and watercolour is the standard palette, her papier maché creations are 'off the wall' fun!

## POTTERY STUDIOS

### CEDARS POTTERY

Buckley's Road

Tel: (268) 460-5293 Email: pottery@candw.ag  
www.cedarspottery.com

Imogen Margrie and Michael Hunt produce original pieces in urban ware and porcelain clay. Michael's sculptures in stone and wood are much sought-after.

### ELVIE'S POTTERY

Seaview Farm Tel: (268) 463-1888

Hyacinth Hillhouse continues in the tradition begun by her grandmother and mother of making coalpots and other items from local clay – a pleasure to behold.

### SARAH FULLER'S POTTERY STUDIO

Dutchman's Bay Tel: (268) 562-1264/726-1550

Email: sarahfuller51@gmail.com

www.sarahfullerpottery.com

Sarah Fuller's Studio showcases the best of Caribbean ceramics. A fusion of art and nature, spectacular unique mobile hangings combine driftwood treasures with Sarah's pottery talents. Local clays of Antigua are transformed into unique originals, with glazes inspired by the blue and turquoise hues of the Caribbean Sea. Visitors welcome. Open Mon–Fri 9am to 3pm. Saturdays by appointment.



Sarah Fuller



# ANTIGUA DATABASE

## GEOGRAPHY

Strategically located in the heart of the Caribbean, Antigua is 108 square-miles, Barbuda (27 miles north) is 62 square-miles plus the tiny uninhabited rock of Redonda (20 miles to the north-west). There are about 80,000 people in Antigua, 1,500 in Barbuda and only seagulls on Redonda. From Antigua you can see Guadeloupe, Montserrat, Nevis and St. Kitts.

## CLIMATE

Temperatures range from an average low of 73°F (23°C) in the winter to about 85° (30°C) in the summer. The trade winds blow fairly constantly except in September. The average rainfall is only about 45 inches so there is constant care not to waste water. The rainy season is September, October and November but there are usually only short showers.

## CLOTHING

Antigua retains a semblance of formality and swimsuits are limited to beaches. There is a nude beach beyond Hawksbill but this is not generally frequented by the residents of Antigua! Casual clothes are the unwritten rule for dining and trips to town.

## LANGUAGE

Although English is the only language ever adopted in the island, you may wonder what Antiguaners are saying when they chat in their lilting accents. Everybody sooner or later acquires a few idiomatic phrases such as "No big ting" or "Antigua me come from".

## ELECTRICITY

Antigua has a definite current quirk. Most hotels operate on 110 volts, 60 cycles (the same as in the US and Canada). However, some have 220 volts and some homes even have a bit of both. Check before plugging in appliances.

## CALCULATING COST

Since there is such diversity of hotels it is best to check with the Antigua Hotels & Tourist Association, Newgate Street, St. John's, Tel: (268) 462-0374/3703/4928 if you wish to budget exactly. There is 10% service charge (which saves the bother of tipping for everything) and a 13% ABS Tax. Rates are cheaper throughout Antigua outside the 'season' from December to April. Many hotels offer special packages for golfers, tennis players, gamblers, honeymooners - check with your travel agent.

## CURRENCY

The unit of currency is the Eastern Caribbean dollar (EC\$), issued by the Eastern Caribbean Central Bank (ECCB) and pegged to the US\$ at an official rate of EC\$2.70 to US\$1.00. The ECCB quotes daily rates for the Canadian \$, the Euro and £ Sterling and other international currencies.

## POST OFFICE

The Main Post Office is centrally located at the foot of Long Street in St. John's and is open Monday to Thursday from 8.15am to 3pm. On Fridays it is open 8:15am to 2pm. Tel. (268) 562-1929

Post Offices are located at the Woods Centre, Dockyard, All Saints village and in Codrington, Barbuda. Fedex - the agent in Antigua is Francis Trading located on High Street, St. John's Tel: (268) 462-3339.

## EMBASSIES/CONSULAR OFFICES

Antigua entertains representatives from the following foreign governments:

British High Commission In Barbados	1 (246) 430-7800
Hon. Consular Office of Britain c/o Grant Thornton	(268) 462-3000
U.S. Hon. Consular Office	(268) 463-6531
Hon. Consulate of Norway c/o Frances Trading	(268) 462-0858
Hon. Consulate of the Netherlands c/o Gomez Insurance	(268) 481-1850
Venezuelan Embassy	(268) 462-1574
Embassy of the People's Republic of China	(268) 462-1125
Hon. Consulate of Denmark	(268) 720-3484
Consulate of Austria	(268) 463-8698

## GROCERY SHOPPING

Antigua now has a range of excellent spacious air-conditioned well-stocked supermarkets including a wide variety of imported goods. These are located in the north of the island close to St. John's. The long-established Epicurean has grown into a super-supermarket just off Friars Hill Road. There is also an Epicurean at Jolly Harbour. A splendid supermarket, 1st Choice is located on the Anchorage Road close to Dickenson Bay and Cost Pro at the Woods Mall. The Gourmet Basket on the Sir George H. Walter Highway is stocked with international products and fresh local produce.

## EMERGENCIES

We hope you have a safe and enjoyable vacation in Antigua and Barbuda. However, it is comforting to know that if you run into problems help is not far away. Most hotels are serviced by a 24 hour 'Duty Doctor' and in an emergency the reception desk staff will contact their doctor. Mount St. John's Hospital is situated just off Queen Elizabeth Highway Tel. (268) 484-2700; there is also the Hanna Thomas Hospital in Barbuda Tel: (268) 460-0076. The Police Headquarters is on American Road Tel. (268) 462-0125. There is also a station on Newgate Street in St John's.

The emergency helpline is 911

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## Direct sailings to:

- **Antigua** (St John's) ● **Barbados** (Bridgetown) ● **Dominica** (Roseau)
- **Dominican Republic** (Manzanillo) ● **Grenada** (St. George's)
- **St. Kitts** (Basseterre) ● **St. Lucia** (Castries / Vieux Fort)
- **St. Vincent** (Kingstown) ● **Puerto Rico** (San Juan)



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